

e growing beyond green



convention

Advanced Concepts for High Performance Buildings: Maximizing Sustainability, Minimizing Energy

WE12 Wednesday, May 2, 2007, 8:00 AM - Noon

Advanced Concepts for High Performance Buildings: Maximizing Sustainability, Minimizing Energy

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Acknowledgements/Credits

AIA Center for Building Science and Performance (CBSP)AIA Committee on the Environment (COTE)Building Enclosure Technology and Environment Council of the National Institute of Building Sciences Advanced Concepts for High Performance Buildings: Maximizing Sustainability, Minimizing Energy

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Learning Objectives As published on www.aiaconvention.com Web site

- 1. Identify building science concepts and design strategies for high performance buildings, using case studies and details for illustration
- 2. Evaluate building systems to minimize energy and maximize sustainability
- 3. Explain how building performance and enclosures can help AIA achieve its policies on sustainability

Building Science for High Performance Green Buildings

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Content

"Advanced Concepts for High Performance Buildings" (pdf attached)



bsc **Presentation Outline** Background: Buildings, Energy, www.BuildingScience.com > What is Green? High Performance? Strategies & Techniques > Technology and Details Case Studies

Environment

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Jazzan Adapted from Maslow's five-level hierarchy of human needs

bsc Building Functions **Historical Perspective**

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- > "Durability, Convenience, and Beauty" Vitruvius, 70 BC
 - > "Firmness, Commodity, and Delight" Sir Wotton, 1684
 - Provide the desired environment for human use and occupancy"

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- > Building Enclosure (walls, windows, roof...)
 - Separates environments using materials
 - Passive modification
- Building Environmental Systems (HVAC...) □ Use energy to change climate Active modification

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ControlD, regulate and/or moderate all the loadings due to the separation of the interior and exterior environments:

□ Flow of mass (air, moisture, etc.)

□ Energy (heat, sound, light etc.)

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Poor performance

- > Building deterioration, deficiency and inefficiency
 - Threatens that which we consider valuable Economically, culturally
 - Increases resource use and waste production Ultimately destroys our underpinnings
- > Market for high performance (healthy, low operating cost, durable, "green") buildings is growing and few can deliver













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bsc The new "buzz" words

- Net Zero Energy
- Carbon-neutral
- LEED

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- "xx% below ASHRAE 90.1"
- How about good buildings? How about reducing energy use? How about REAL NUMBERS?

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Is it Green? Learning to count

- Depends on answers to:
 - Does it use less <u>non renewable</u> energy to operate?
 - Will it last longer? (less life-cycle resources)
 - □ Does it use fewer <u>non renewable</u> resources to build?
 - Does it pollute less?
 - Does it displace fewer habitats?
- Compared to what?:
 - Zero (sustainable)
 - □ Average (move forward, "green")

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- Durability and Efficiency are the focus
 Largely involves the massing, form, enclosure
- Health, comfort, and affordability result from above when done right
- > Architects must still concern themselves with planning space and process









> Proper choices early on result in no or little in increased cost











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Size

- > Large floor area to enclosure area means
 - Less interaction with climate
 - □ Interior gains much more important
 - Daylighting, energy of lights, equipment, matter!
- Smaller buildings and homes are enclosure dominated
 - □ Climate and enclosure critical



bsc Small, Compact Form Fewer resources science.com Less heat loss and gain



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bsc Form & Massing ▹ Keep it simple > Cheaper, easier, faster > Fewer □ thermal bridges, air leaks Material volumes □ construction challenges

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Grouping buildings

- Grouping units reduces heat loss/gain through shared walls
- > Reduces resource use per unit













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Strategies- Airtightness

- > Airtightness critical for all climates
 - □ Humidity loads from air critical health comfort and durability issue in hot-humid
 - Control condensation and energy waste critical in cold climates
 - Natural ventilation useful in dry (night) and moderate climates (e.g., marine)







Strategies-Insulation

- Resists heat loss/gain = energy savings
 - □ Large temperature differences: cold and hot climates, roofs (hot)
 - Less important in warm-humid and mixed climates
- Warms surfaces = durability
 - Avoids condensation in hot and cold weather
 - \Box = durability and health strategy
 - □ Keep structure warm and dry and stable

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- > Interior Humidity = moisture
- > Cold weather require lower RH
 - □ to stop surface condensation (mold)
 - □ To avoid interstitial condensation (durability)
- > Humid weather require lower RH
 - □ To control condensation on cold surfaces (mold)
 - Often requires separate dehumidification in humid climates (sometimes cold ones)
 East of Mississippi River has humid summer
 - East of Mississippi River has humid summers

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- Rain Control = manage moisture
 Critical to Durability
 - Common mold/health problem
- High wind and rain zones requires care
 Exposure very important, not just rainfall zone!
 High-rise exposed more than low-rise

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- Collect when you want
 - Usually cold climate
 - □ Mixed/dry climate during cold weather
 - Easy to over-do

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- Avoid when you don't
 - This is more important for insulated, airtight buildings that are internal gain dominated

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Building With Afrium

Daylighting



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- > Large rectangular buildings have a reduced surface to volume ratio
 - Equals lower heat loss and gain
- > Complex building shapes increase surface area
 - □ Heat loss and gain increase
 - Increased materials and cost
 - □ Require better insulation and solar control

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Good Practice

Structure •

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- □ connect all parts together to foundation
- Continuous Rain Control
 - Drainage plane, gap and flashing is needed
- Continuous Insulation
 - □ Exterior insulation layer to slow heat flow, blunt cold spots (R>5-10)
- Air barrier
 - Continuous air barrier to control air flow
 - Vapor retarder less important, may have holes

bsc More challenging ...

> Compromise □ Wood □ High R-value steel R40+

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bsc Heat flow through materials > Low density materials insulate better! www.BuildingScience.com > Past - relied on high density (but thick) structural materials to control heat, air, and moisture flow Wood R 1.000 /inch Clay Straw R 0.700 /inch Old brick R 0.180 / inch Concrete R 0.070 /inch Steel R 0.004 / inch

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Insulation

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- We often use lots of insulation
 but not everywhere
- > We need to plug the holes!
- Heat gained/lost because of
 Thermal bridging through
 - structural components
 - □ Too many/ too bad Windows
 - Uncontrolled Air leakage
 - Poor Installation of air permeable insulation













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bsc **Internal Stack Effect** • Gaps in batt insulation on both www.BuildingScience.com **Cold Weather** sides Hot air closed circuit = light • energy cost **Result:** Air cold surfaces Flow Cold air = heavy Cool Hot Exterior Interior ©2007 Building Science Consulting 115/175 5/2/2007





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Solving Thermal Bridging

> Insulate the thermal bridge

Exterior insulation solves most thermal bridges
 Inside insulation: difficult to cover structural penetrations

Common Band-Aid Fix
 Lower interior RH to stop condensation

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Air leakage & Ventilation

- > Hard to save energy with the door open
- > Buildings getting tighter, but . . .
 - Many still leak way too much
 - □ We can't identify the leakers
 - □ Need to test! Commission!
- Ventilation: Many try to improve air quality by increasing quantity
 - Target good air when and where needed

bsc How difficult is this?

Exterior insulation





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Air Barriers and Energy

- Require a strong, stiff, durable, and above all continuous barrier to airflow over the whole building
- Easily 1/3 of total heat loss is due to air leakage in well insulated building

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Vapor barriers = drying retarders

- > Vapor diffusion is a slow process
- > Uniform action = small holes don't matter
- > Use as needed, not more
 - Beware air conditioned buildings
 - Don't place peel & stick outside insulation!

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Warm climates









Vindows	ጲ	Curtainwalls	
VIIIUUW5	α	Curtainwaiis)

- > Our most expensive thermal bridges!
- > U-value 0.33 = R3
 - Typical better quality vision curtainwall/window
- U-value 0.50 = R2
 - Typical commercial vision curtainwall

Performance Issues and Metrics

- Heat Flow (R,U)
- Solar Heat Gain Coefficient (SHGC)
- > Visual Transmittance (VT)
- > Condensation resistance (CRI)
- > Air Leakage

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- Water penetration
- Impact and Blast

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Overall Window U-Value

- The overall thermal performance of the window depends on
 - □ Materials (Glazing, Coatings, Fills, Frame)
 - □ Geometry (Window, Frame)

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- □ Type of Window (Operable = more air leakage)
- □ Installation (Position, Interface with walls)
- Generic overall U-values are provided in many text & handbooks (e.g. ASHRAE)
- > U-value over 0.5 is bad!!- aim for U less than 0.33
- Most manufacturers publish overall U-values for their products (rated by the NFRC)





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Solar Heat Gain

- > Solar gain through glazing dominates cooling capacity installed
- Solar Heat Gain Coefficient
 - □ Ratio of solar heat available: penetrates
 - □ Clear double glass SHGC about 0.70
 - □ Spec < 0.50 if small window area
 - □ Spec <0.30 for larger window area
 - Exterior shades work, interior shades dont

bsc Solar Control > Visual Transmittance (VT) www.BuildingScience.com

- □ Ratio of daylight that hits a window that enters the room
- Spectrally selective
 - □ Control solar heat gain (SHGC<<0.50)
 - \Box Allow plenty of daylight (VT > 0.50)

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Double Facades

- > "Controlling solar heat gain by placing building in a green house"
- > Reported energy use high
- > Research shows DF are energy pigs
- Great design is lipstick



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- > All about moisture (& UV, and high temperatures and fire)
- > Keep the rain out
- > Control air leakage condensation
- > Beware cold side vapor barriers □ Cold side = inside in summer
- > Keep the structure warm and dry

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Resource Efficiency

- Same safety with fewer materials
 - $\hfill\square$ No new research, just better design
 - \Box Simple shapes = fewer resources
- > Switch to more renewable resources
 - $\hfill\square$ Need to develop standards
 - □ Code acceptance
 - E.g. wood windows in schools

Efficiency, Renewables, Retrofits

- Reducing energy used (efficiency) allows renewables to be economically and environmentally practical
- > Both are needed!

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- > Huge existing stock of buildings, means..
- Energy Efficient Retrofits must be part of any solution!

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bsc Technology Assesment

- > Ask: does it meet the goals?
 - Low-embodied energy with energy savings is not green
 - Recycled content at cost of durability is questionable
 - □ High efficiency not useful if output is wasted



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Gehry's Stata Center













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Strategies/Technology

- > Spray foam air barrier drainage plane uninterrupted insulation
 - Thermally broken balconies
- > Shading and low solar gain windows
- > Double glazed FG, Argon low e super spacer
 - □ WWR < 25%

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- > All hydronic heat/refrigerant cooling
- > Low energy ventilation













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The Future: Goals

- Paradigm shift from "least evil" to "as much good"
- Buildings must eventually
 - □ Produce energy
 - Clean air and water
 - □ Enhance local ecology, provide habitat
 - □ Reuse materials, low-energy recycle

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- > Good Building requires Building Science
- > Green:Focus on operational energy
 - $\hfill\square$ Insulation with no thermal bridges
 - □ Airtight w/controlled supply
 - Better windows, solar control Eventually embodied will matter more
- > Durability matters!
 - □ Drainage plane, airtightness

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Evaluation

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Speakers



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