


Architectural Design for the 2030 Challenge

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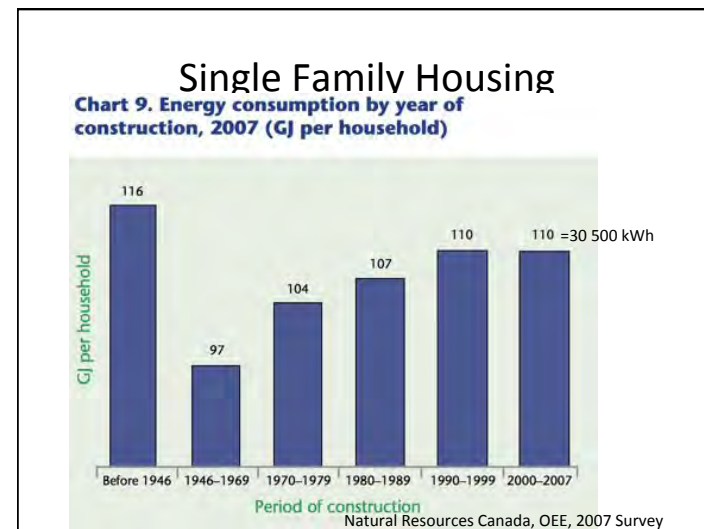
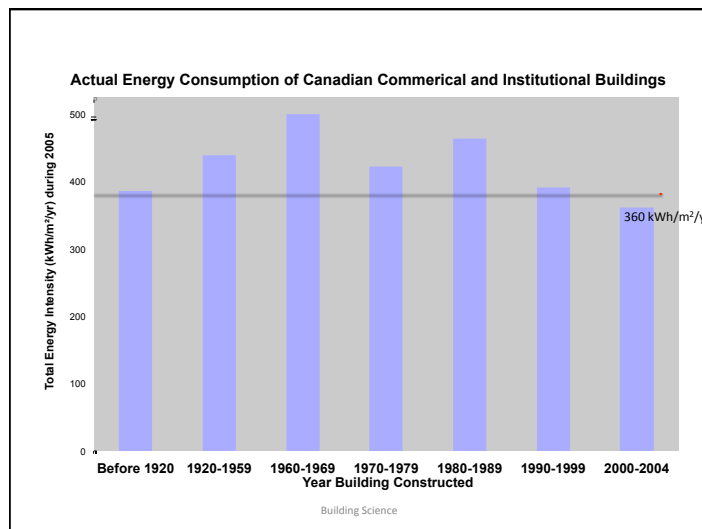




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Architecture 2030

- Focus on energy consumption
 - Real targets, not “% below something”
- Goal is Net Zero Energy
 - 60% until 2015
 - 100% by 2030
- Baseline is approximately the energy use of all buildings of same type and location in 2003 or so

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2030 CHALLENGE Targets: Canadian Commercial Regional Averages
Averages for Site Energy Use and 2030 Challenge Energy Reduction Targets by Commercial Space/Building Type¹

Commercial Space/Building Type	Average Site EUI (GJ/m ² /yr)	2030 Challenge Site EUI Targets (GJ/m ² /yr)				
		50% Target	60% Target	70% Target	80% Target	90% Target
Canada						
Wholesale Trade	1.470	0.735	0.588	0.441	0.294	0.147
Retail Trade	1.707	0.854	0.683	0.512	0.341	0.171
Transportation and Warehousing	1.923	0.961	0.769	0.577	0.385	0.192
Information and Cultural Industries	1.892	0.946	0.757	0.568	0.378	0.189
Offices	1.362	0.691	0.553	0.415	0.276	0.138
Educational Services	1.695	0.848	0.678	0.509	0.339	0.170
Healthcare and Social Assistance	2.212	1.106	0.885	0.664	0.442	0.221
Arts, Entertainment and Recreation	2.156	1.078	0.863	0.647	0.431	0.216
Accommodation and Food Services	4.670	2.335	1.868	1.401	0.934	0.467
Other Services	1.439	0.719	0.576	0.432	0.288	0.144
Ontario						
Wholesale Trade	1.853	0.926	0.741	0.556	0.371	0.185
Retail Trade	1.622	0.811	0.649	0.487	0.324	0.162
Transportation and Warehousing	1.988	0.999	0.799	0.619	0.419	0.210
Information and Cultural Industries	1.734	0.867	0.693	0.520	0.347	0.173
Offices	1.421	0.710	0.568	0.426	0.284	0.142
Educational Services	1.768	0.884	0.707	0.530	0.354	0.177
Healthcare and Social Assistance	2.036	1.019	0.815	0.611	0.408	0.204
Arts, Entertainment and Recreation	2.677	1.338	1.071	0.803	0.535	0.268
Accommodation and Food Services	2.597	1.299	1.039	0.779	0.519	0.260
Other Services	1.568	0.784	0.627	0.470	0.314	0.157
Ontario						
Single Detached	0.830	0.415	0.332	0.249	0.166	0.083
Single Attached	0.830	0.415	0.332	0.249	0.166	0.083
Apartments	0.677	0.339	0.271	0.203	0.135	0.068
Mobile Homes	1.203	0.602	0.481	0.361	0.241	0.120

395 kWh/m²/yr
490 kWh/m²/yr

Design Principles



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Process and Philosophy

- Decide to value low energy consumption
- Set **measurable targets**, predict usage, measure performance
- Stamp out waste everywhere
- Use energy efficiently when you need to use it
- **Do not** sacrifice safety, comfort, health and durability

www.BuildingScience.com Buildings, Energy, Environment No. 7/84

Available Strategies

- **Siting** (small impact)
 - Orient with sun, wind, rain, earth shelter?
- **Shape and Form** (small to moderate impact)
 - Small, Compact, simple
- **Exceptional building enclosure** (mod to large impact)
 - Insulated, airtight, durable, solar control
- **Efficient Equipment** (mod impact)
 - Not there or off is best, controls help
- **Renewable Energy Generation** (impact varies)
 - Only after very significant reductions

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Basic Goals (cold/mixed)

- Keep heat in
 - When it is cold
- Keep heat / sun out
 - When it is warm/hot
- Last a long time
 - Reduce construction/repair resources over time
- Use efficient equipment
 - Efficient lighting
 - Efficient computers, elevators

Insulation

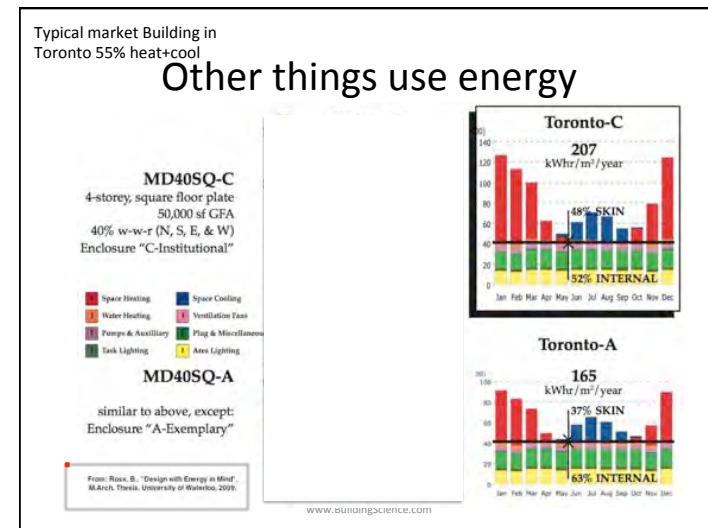
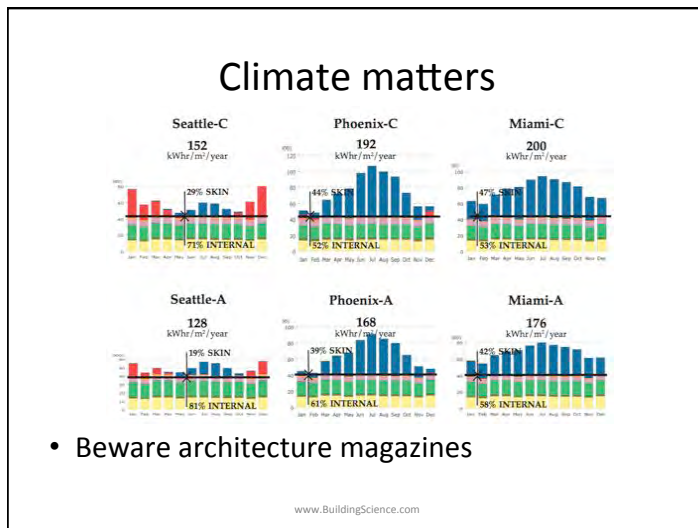
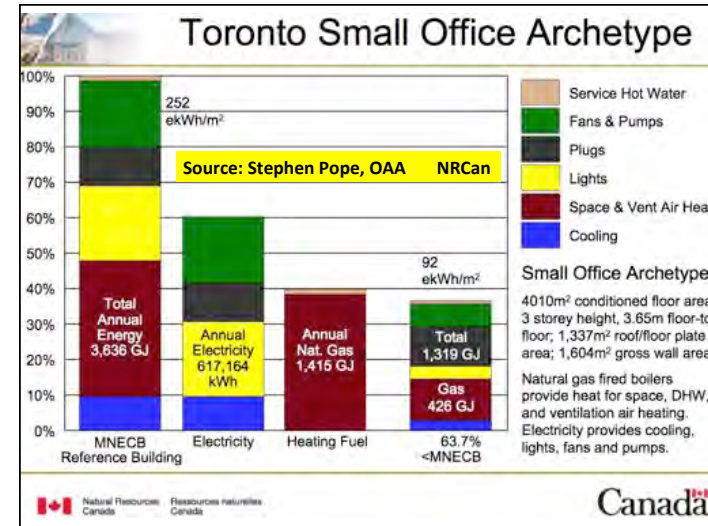
Airtightness

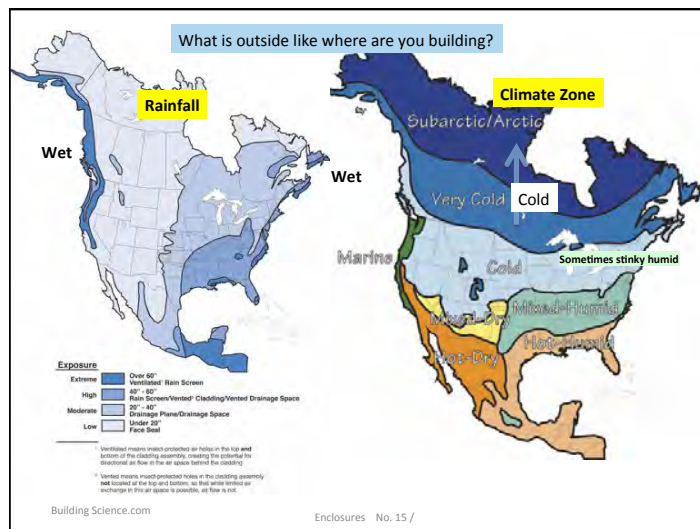
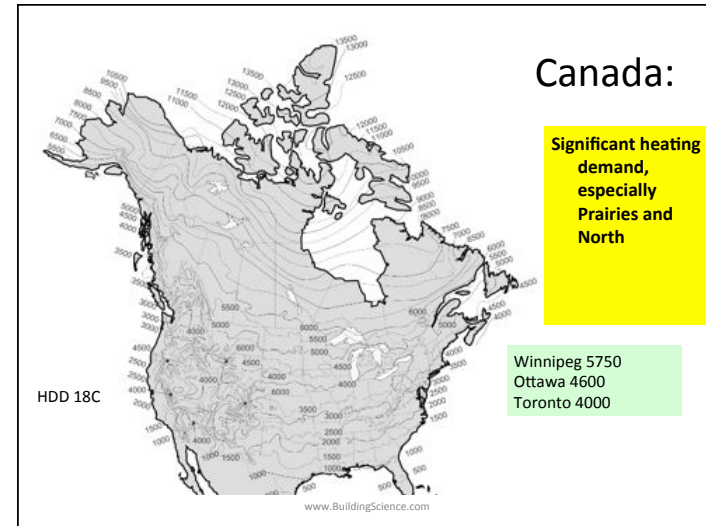
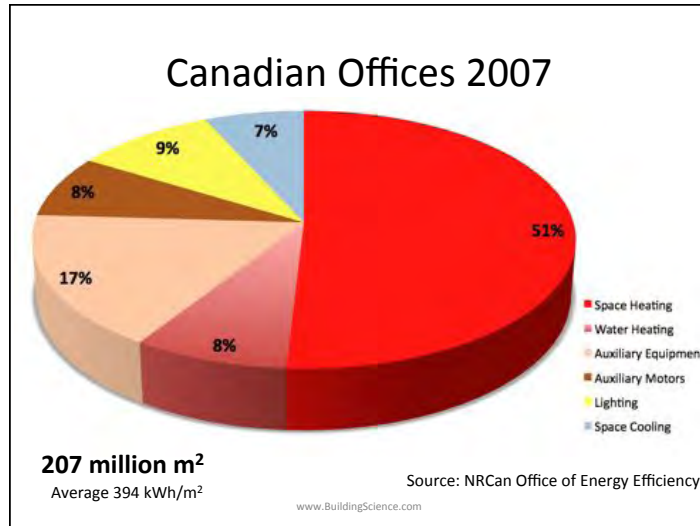
Solar Control

Rain Control

Off is very efficient

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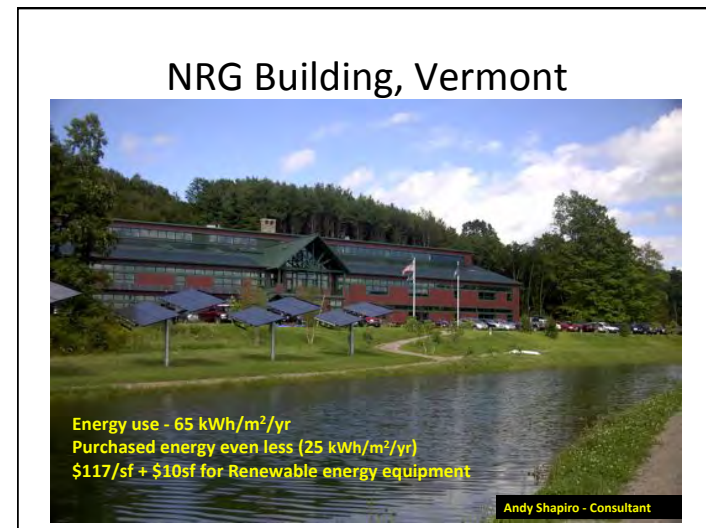
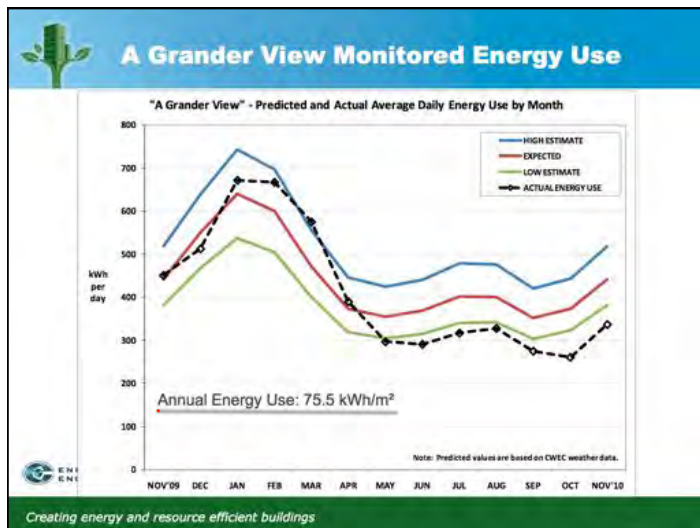
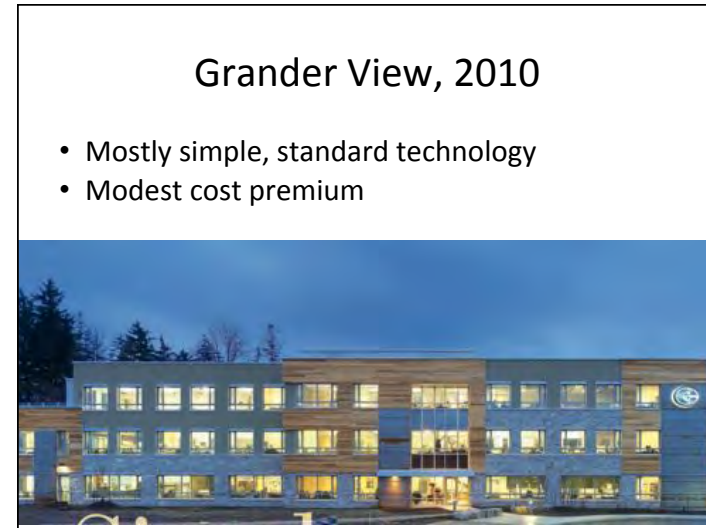




Can we do it?

- Is it possible or practical to drop energy use by 60% in cold-climate Canada?
- Getting office to 200? 100? kWh/m²/yr?

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Waterloo Apartment / Office

- Built for median cost in 2005
- Less than 100 ekWh/m² (Ont avg around 250)
- All standard products



John Straube



Waterloo Region Health & Welfare

- Built 1990. 160 ekWh/m²/yr. Less than half national average



London City Hall

- “Greenest city hall in the world” 2002
- “Virtually non-polluting” 2011



London UK City Hall

- Measured: 376 kWh/m²/yr



Top Ten List

Commercial and institutional mid-size buildings, Canadian climates

- **Limit window-to-wall ratio (WWR)** to the range of 20-40%, 50% with ultra-performance windows
- **Increase window performance** (lowest U-value affordable in cold climates, including frame effects)
- Increase **wall/roof insulation** (esp. by controlling thermal bridging) and **airtighten**
- Separate **ventilation** air supply from heating and cooling.
- Use **occupancy** and **daylighting controls** for lights and equipment
- **Reduce** equipment/plug & lighting **power densities**
- Don't over ventilate, use **heat recovery & demand controlled ventilation**
- Improve boiler and **chiller efficiency** & recover waste heat (eg IT rooms!)
- Use **variable speed controls** for all large pumps and fans and implement **low temperature hydronic** heating and cooling where appropriate.
- Use a simple and compact building form, oriented to the sun, with a depth that allows daylight harvesting.

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HVAC

- Architect helps select
- Critical role, as HVAC offers about half the possible savings
- Fancy, complex, expensive not often the lowest energy choice

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Enclosures

- Enclosures **reduce** space heating/cooling – and help with lighting, ventilation
- We still need **energy** for other things – Lights, appliances, computers, elevators, etc
- Still need to provide some **HVAC!**
- Great enclosures reduce demand & hrs of operation
- Can't "insulate to zero"

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The Enclosure: An Environmental Separator

- The part of the building that physically **separates** the **interior** and **exterior** environments.
- Includes all of the parts that make up the wall, window, roof, floor, caulked joint etc.
- Sometimes, interior partitions also are environmental separators (pools, rinks, etc.)

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Enclosures No. 29 /

Climate Load Modification

- Building & Site (overhangs, trees...)
 - Creates microclimate
- Building Enclosure (walls, windows, roof...)
 - Separates climates
 - Passive modification
- Building Environmental Systems (HVAC...)
 - Use energy to change climate
 - Active modification

Form & Massing

- Keep it simple
- Cheaper, easier, faster
- Fewer
 - thermal bridges, air leaks
 - Material volumes
 - construction challenges



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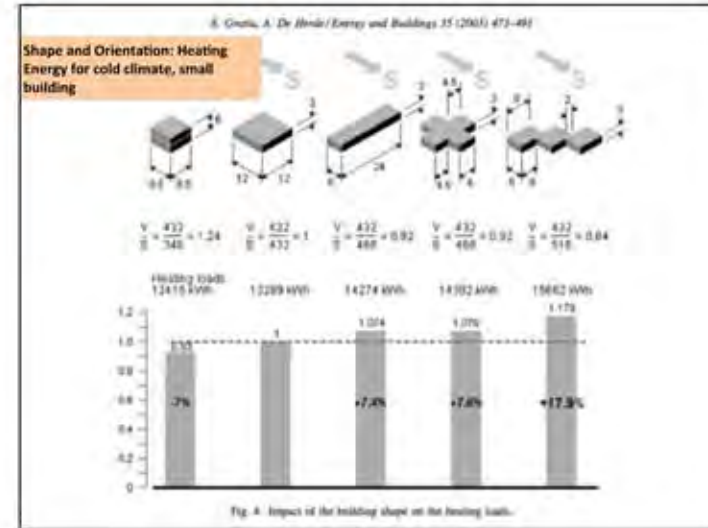
Size: Floor Area to Enclosure Area

The higher the ratio, the more enclosure design & climate impact performance



Small, Compact Form

- Fewer resources
- Less heat loss and gain



Large Buildings

Many buildings with large cores require cooling in winter while heating the perimeter

Core / Perimeter

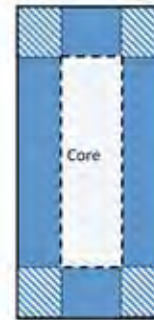
- Perimeter Zone
 - performance dominated by climate and enclosure
- Core Zone
 - dominated by interior use. Climate/enclosure almost irrelevant
- In most occupancies, core needs **cooling and lighting all year long, all day**

Define "perimeter"

- Maximum distance about 25 ft/ 7.5 m
 - Classrooms often 25-30 ft, open plan office
- Minimum often set by walls/partitions of exterior offices
 - Cellular offices often 15 ft/ 4.5m deep

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Skin Dominated Building



18 m / 60 ft

- "Skin-dominated": Perimeter Zone over most of floor area
- Excellent daylighting and cross ventilation opportunities
- Best massing for many commercial buildings
- ***Demands good building enclosure because of increased enclosure area***

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Skin dominated



Building Shape

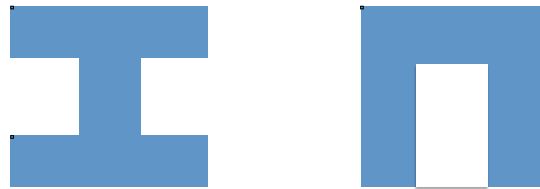
- Alphabet Soup
 - H I A B E

Daylight access, view
Cross Ventilation

Usually skin dominated

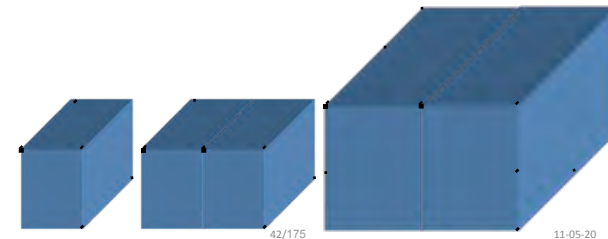
Expanded Plans

- Better daylight, easier ventilation but more enclosure heat loss and gain and air leaks



Grouping buildings

- Grouping units reduces heat loss/gain through shared walls
- Reduces resource use per unit



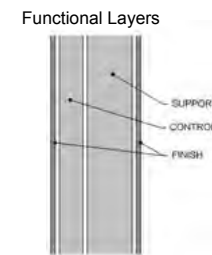
Enclosure Intro Summary

- Enclosure often defines the H/C load
 - Architecture defines massing, orientation, enclosure
- Enclosure **more critical** for skin-dominated
 - Heat flow, Solar control, air tightness
- Lighting, ventilation critical for deep plan

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Basic Functions of the Enclosure

- 1. Support
 - Resist and transfer physical forces from inside and out
- 2. Control
 - Control mass and energy flows
- 3. Finish
 - Interior and exterior surfaces for people
- Distribution – a building function



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Basic Enclosure Functions

- **Support**
 - Resist & transfer physical forces from inside and out
 - Lateral (wind, earthquake)
 - Gravity (snow, dead, use)
 - Rheological (shrink, swell)
 - Impact, wear, abrasion
- **Control**
 - Control mass and energy flows
- **Finish**
 - Interior and exterior surfaces for people

Functional Layers

Building Science Enclosures No. 45 /

Basic Enclosure Functions

- **Support**
 - Resist & transfer physical forces from inside and out
- **Control**
 - **Control mass and energy flows**
 - **Rain** (and soil moisture)
 - Drainage plane, capillary break, etc.
 - **Air**
 - Continuous air barrier
 - **Heat**
 - Continuous layer of insulation
 - **Vapor**
 - Balance of wetting/drying
- **Finish**
 - Interior and exterior surfaces for people

Functional Layers

Building Science.com Enclosures No. 46 /

Other Control . . .

- **Support**
- **Control**
 - **Fire**
 - Penetration
 - Propagation
 - **Sound**
 - Penetration
 - Reflection
 - **Light**
 - Diffuse/glare
 - View
- **Finish**

Functional Layers

Building Science.com Enclosures No. 47 /

Basic Enclosure Functions

- **Support**
 - Resist & transfer physical forces from inside and out
- **Control**
 - Control mass and energy flows
- **Finish**
 - **Interior & exterior surfaces for people**
 - Color, speculance
 - Pattern, texture

Functional Layers

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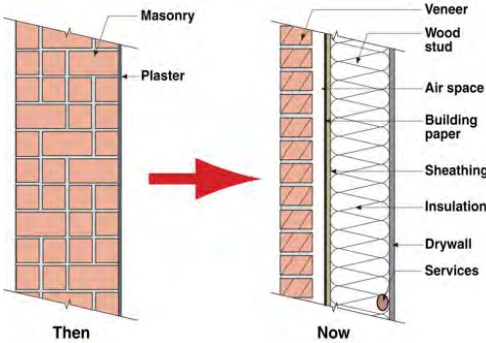
History of Control Functions

- Older Buildings
 - One layer does everything
- Newer Building
 - Separate layers, . . . separate functions



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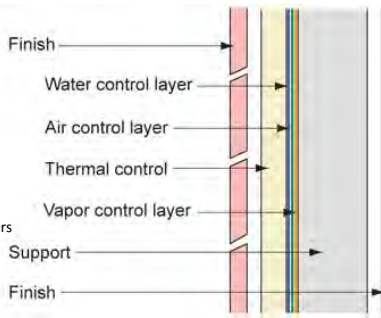
Changes



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The “Perfect Wall”

- Finish of whatever
- Control *continuity*
 - Rain control layer
 - Perfect barrier
 - Drained with gap
 - Storage
 - Air control layer
 - Air barrier
 - Thermal control layer
 - Aka insulation, radiant barriers
 - Vapor control layer
 - Retarders, barriers, etc
- Structure: anything that works



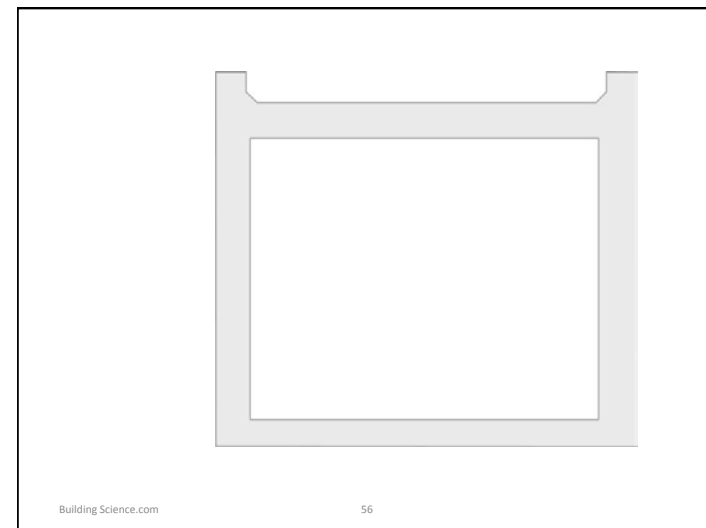
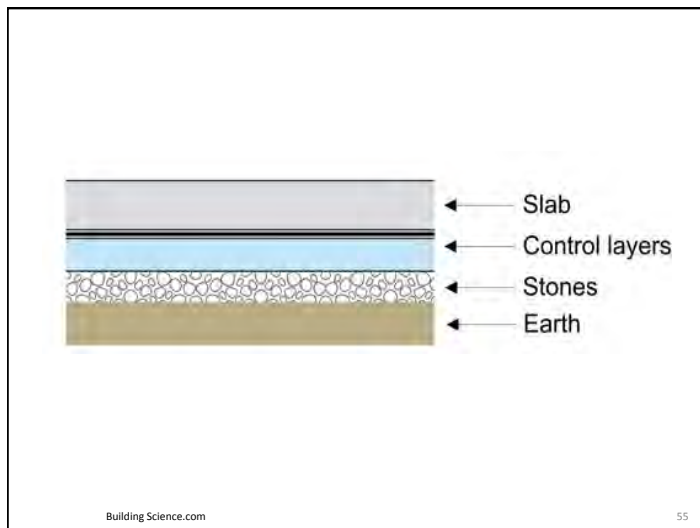
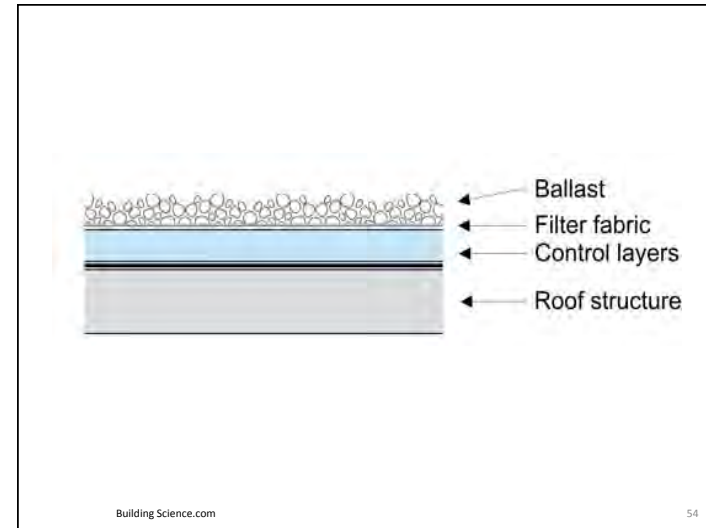
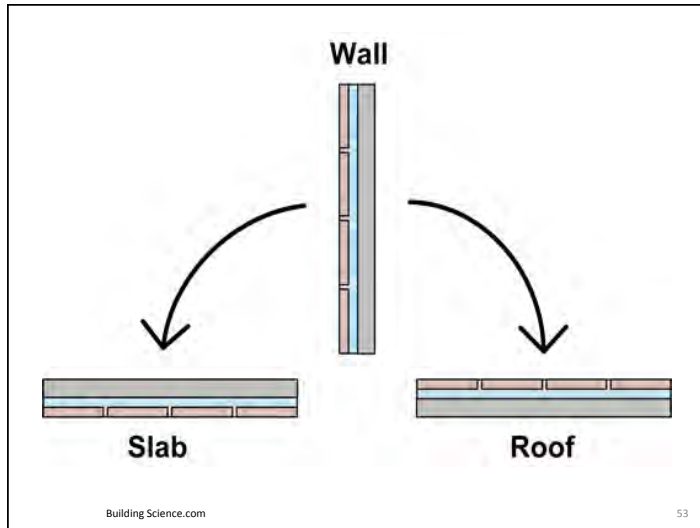
Fire Control may be needed
Sound Control optional

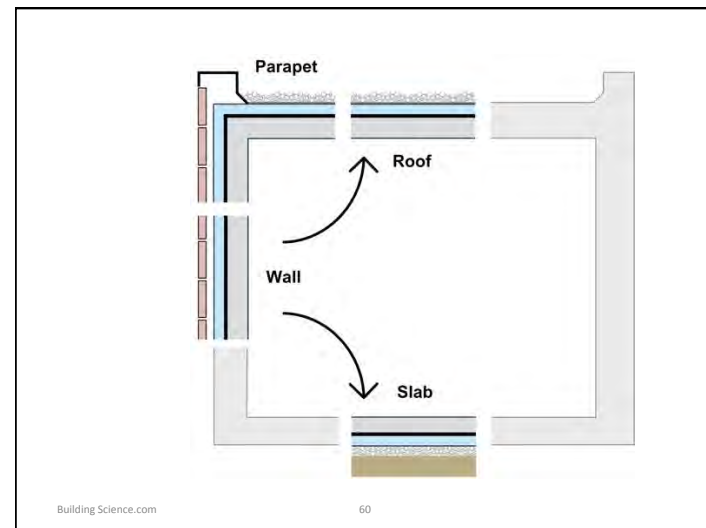
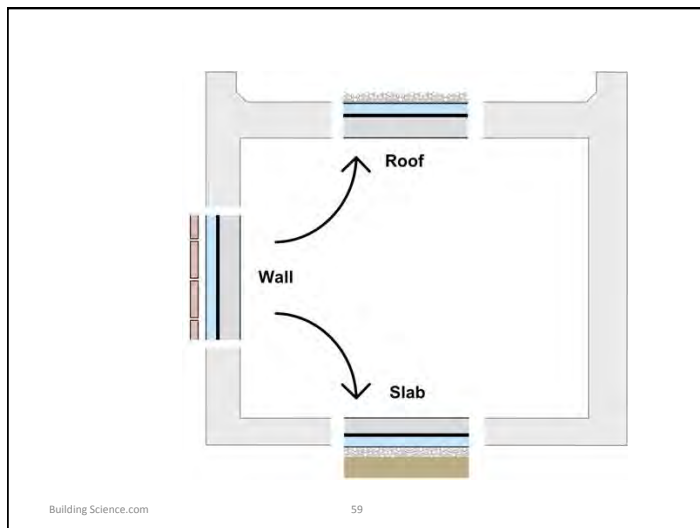
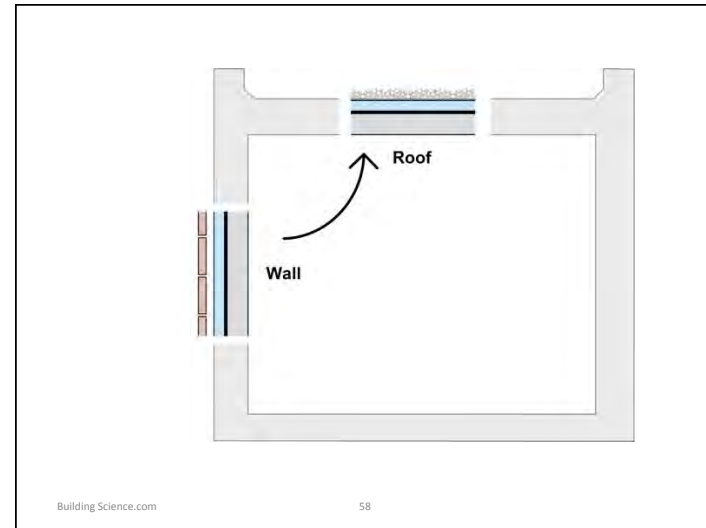
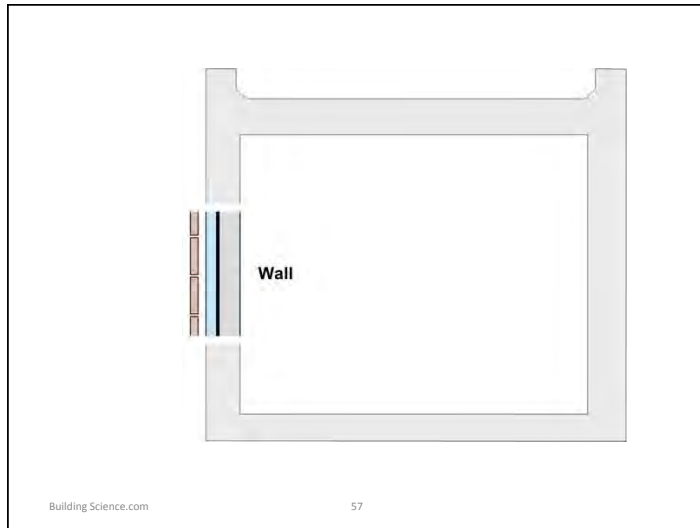
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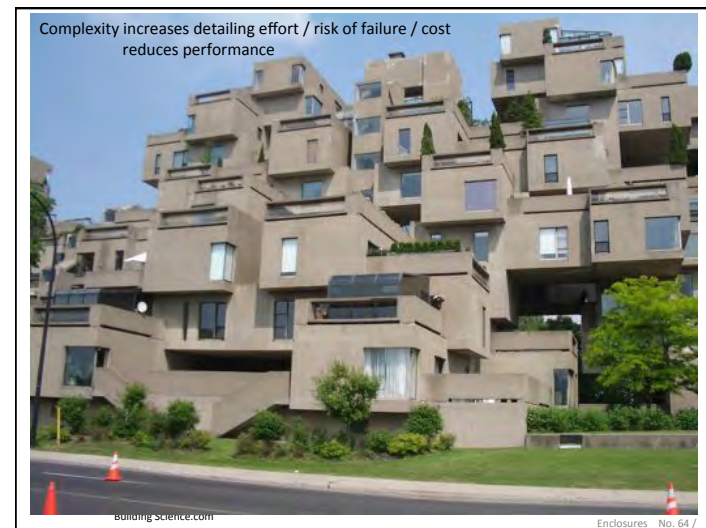
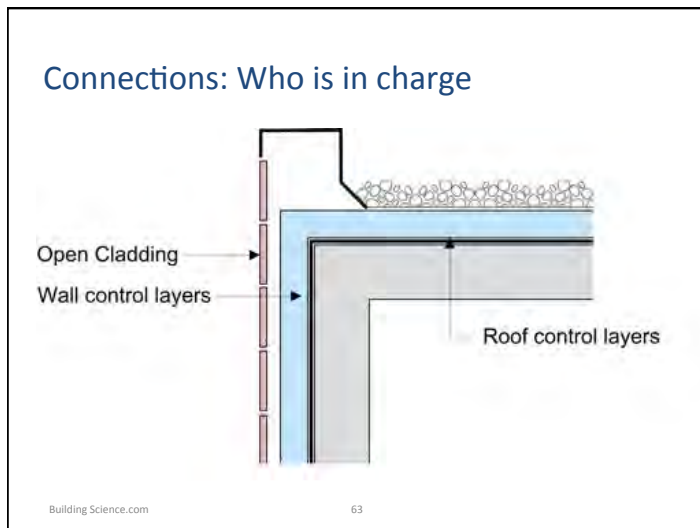
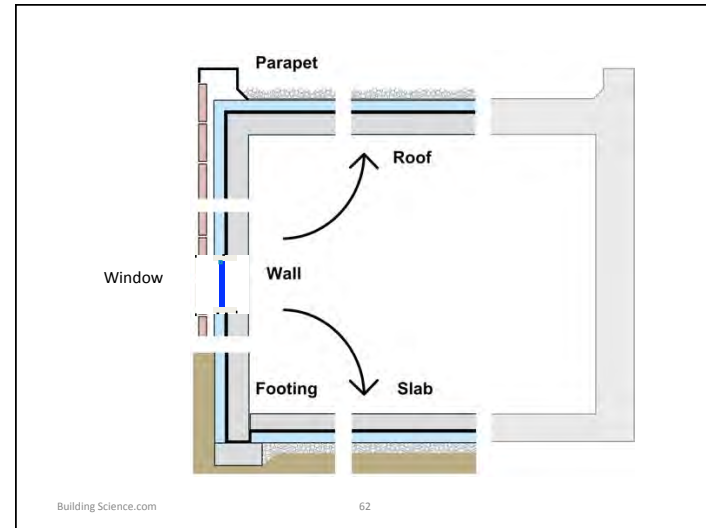
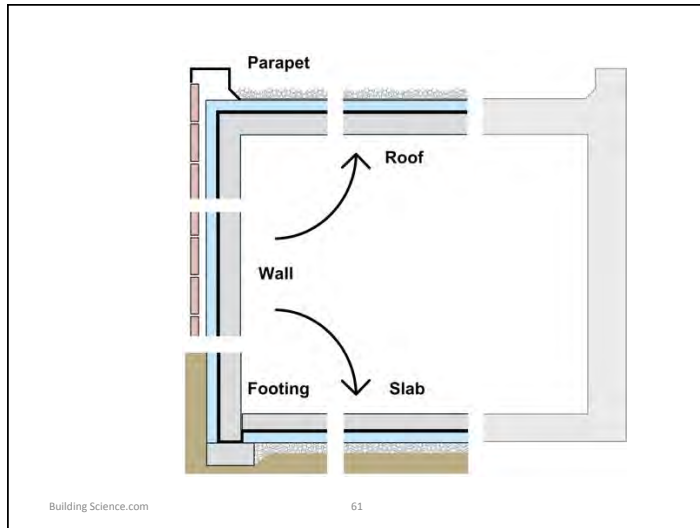
What is a High-performance enclosure?

- One which provides high levels of control
- Poor continuity limits performance
- Poor continuity causes most problems too:
 - E.g. air leakage condensation
 - Rain leakage
 - Surface condensation
 - Cold windows
- This course: continuity + high levels

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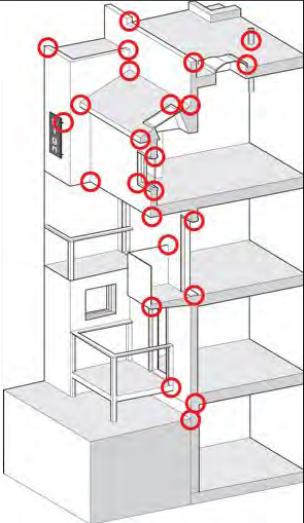






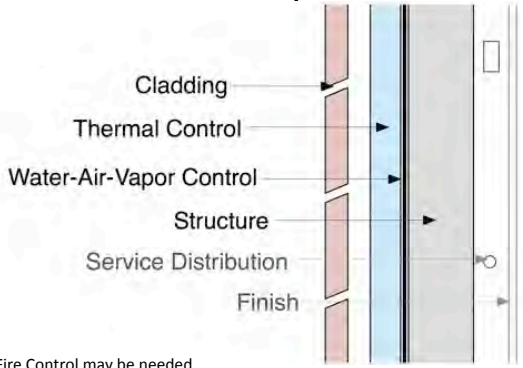
Enclosure Design: Details

- Details demand the same approach as the enclosure.
- Scaled drawings required at



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Perfect Wall expanded

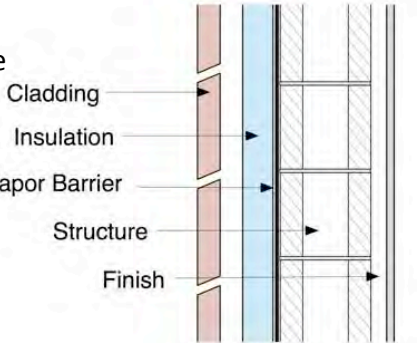


Additional Fire Control may be needed
Sound Control optional

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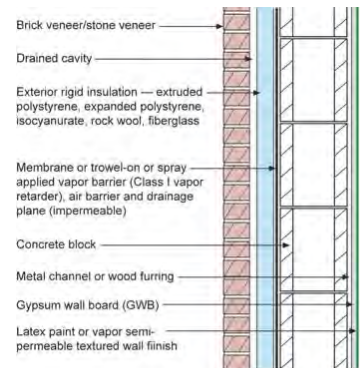
Perfect Wall

- CMU/concrete backup

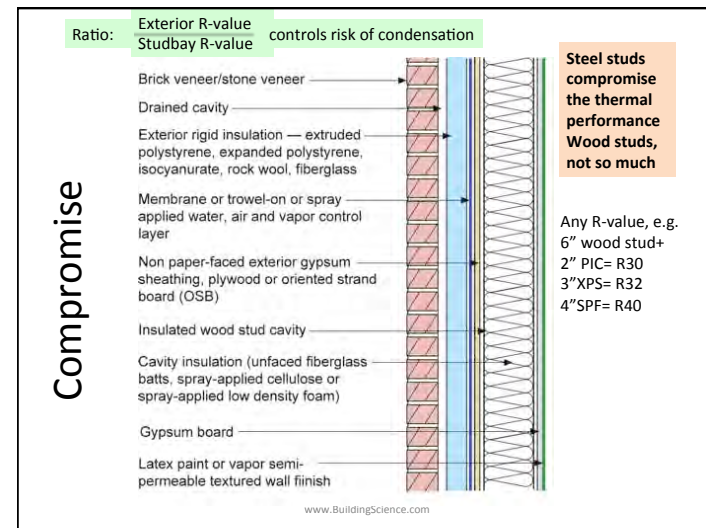
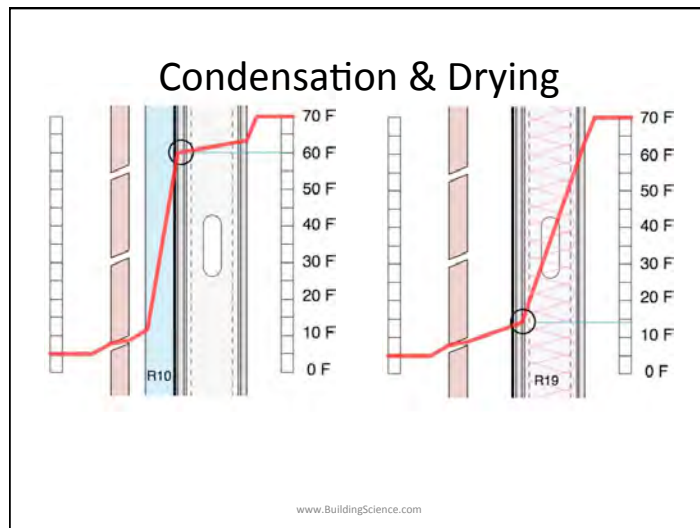
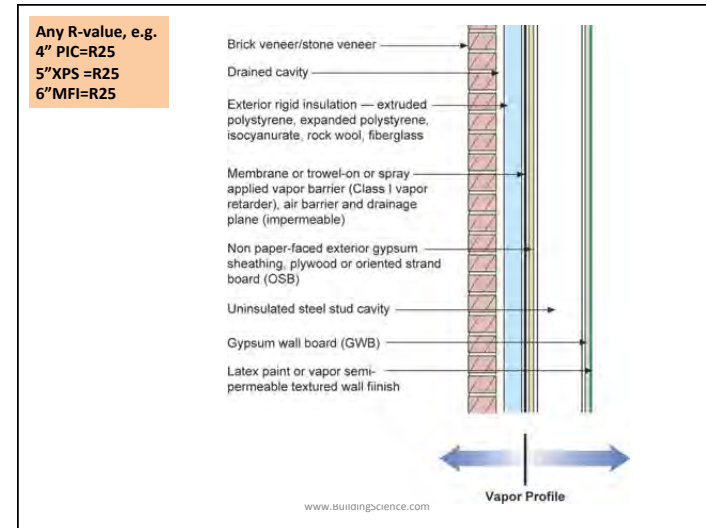
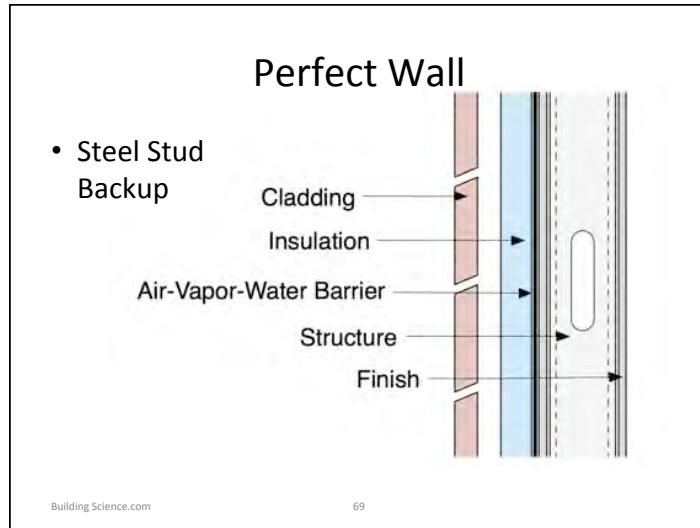


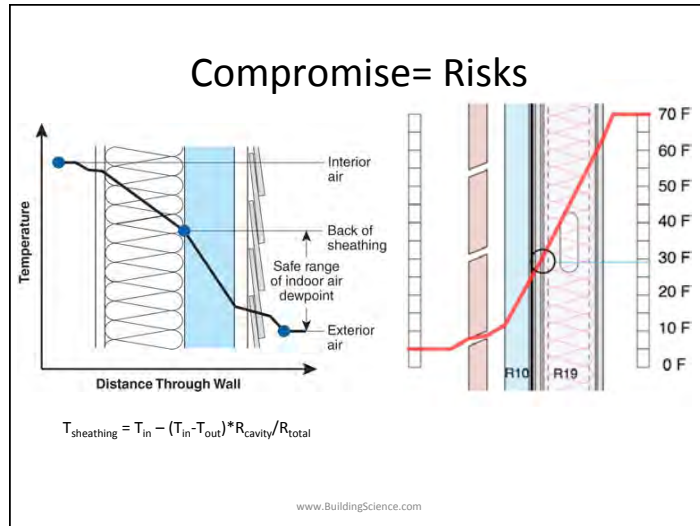
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Any R-value, e.g.
4" PIC=R25
5" XPS =R25
6" MFI=R25



Vapor Profile



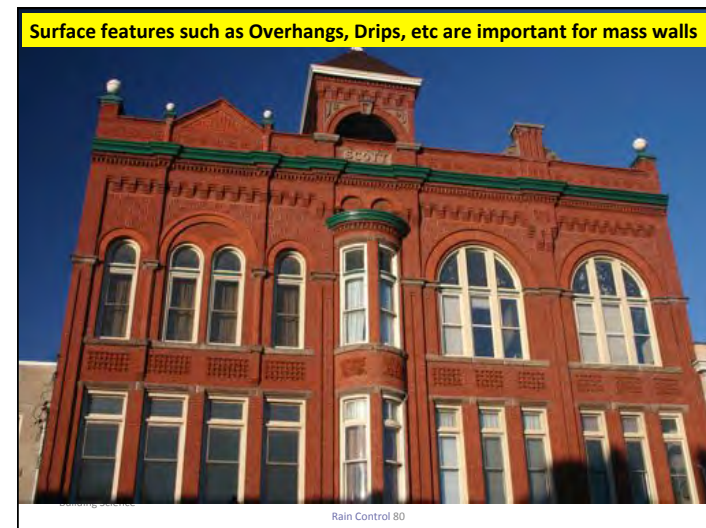
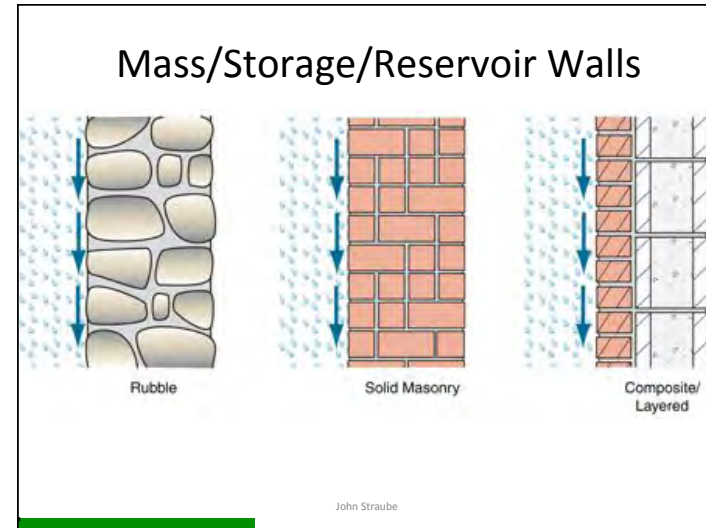
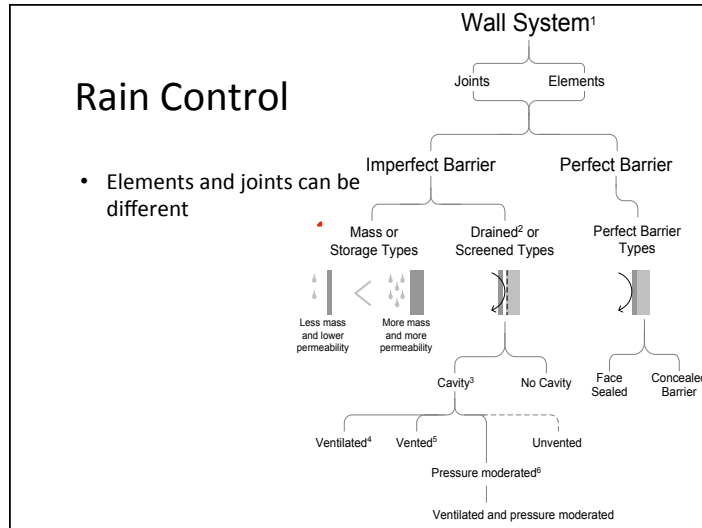


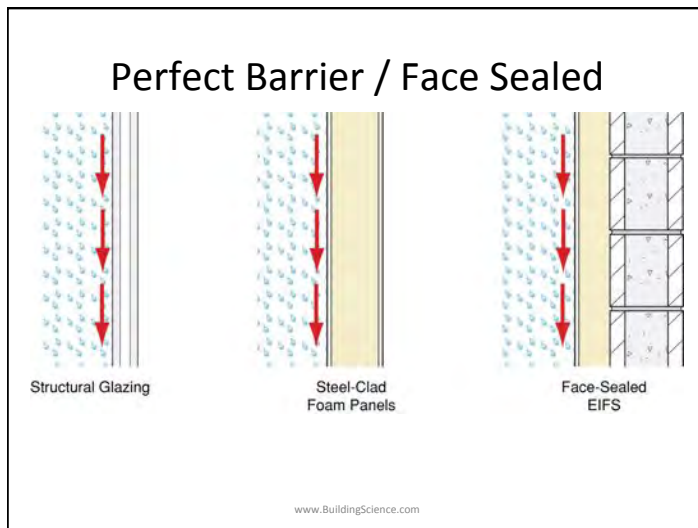
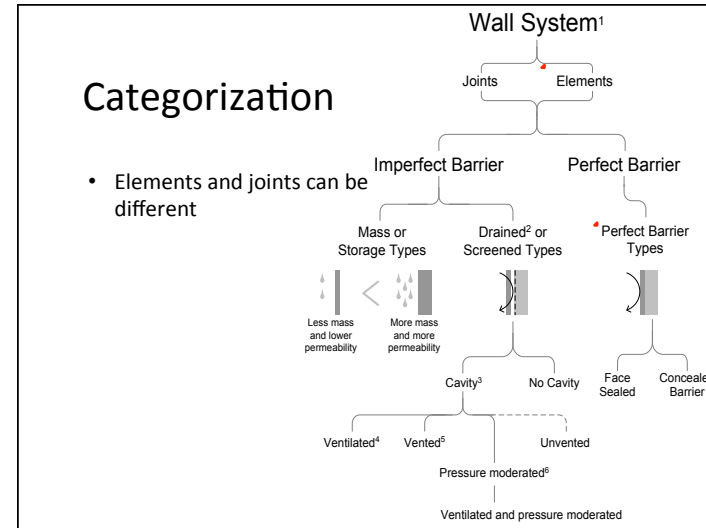
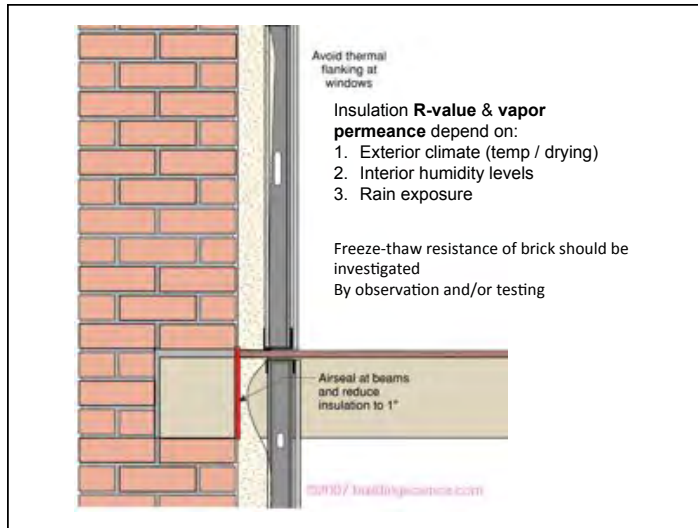
- ### Specifics
- Now we will look at
 - Rain Control
 - Air Flow Control
 - Thermal Control
 - In some detail
- } Energy & Comfort

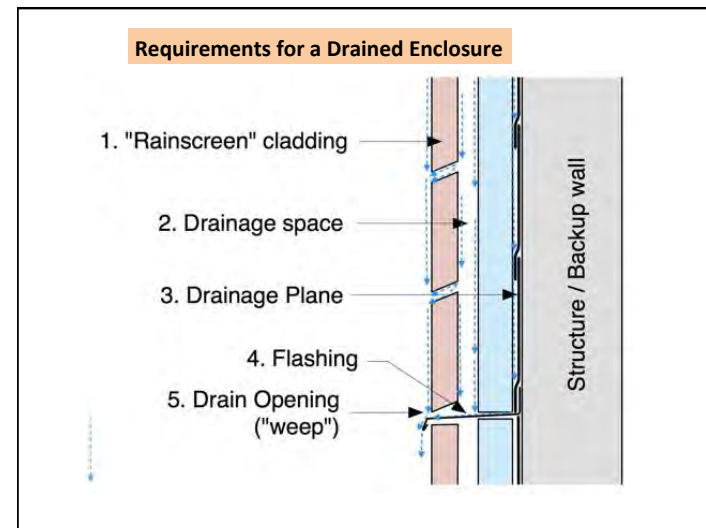
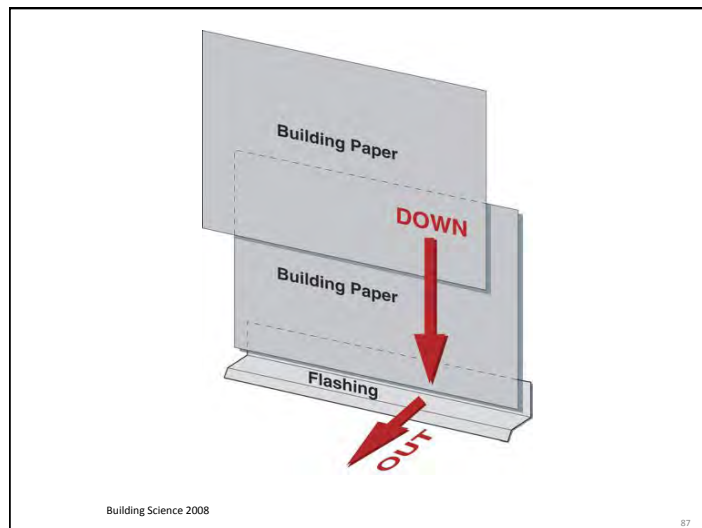
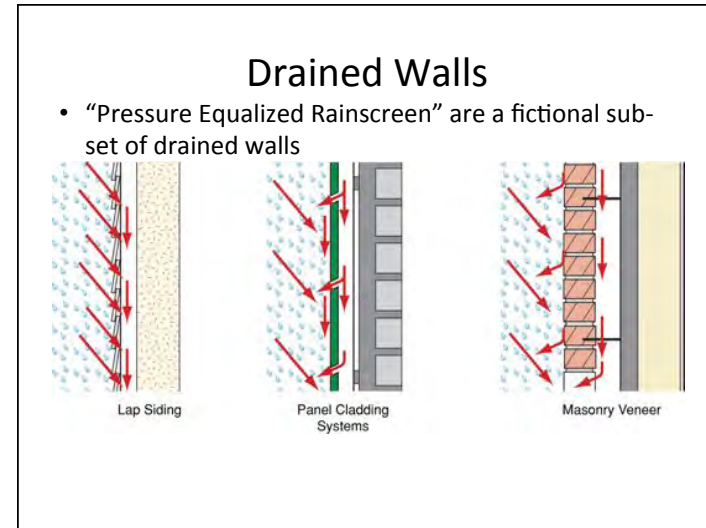
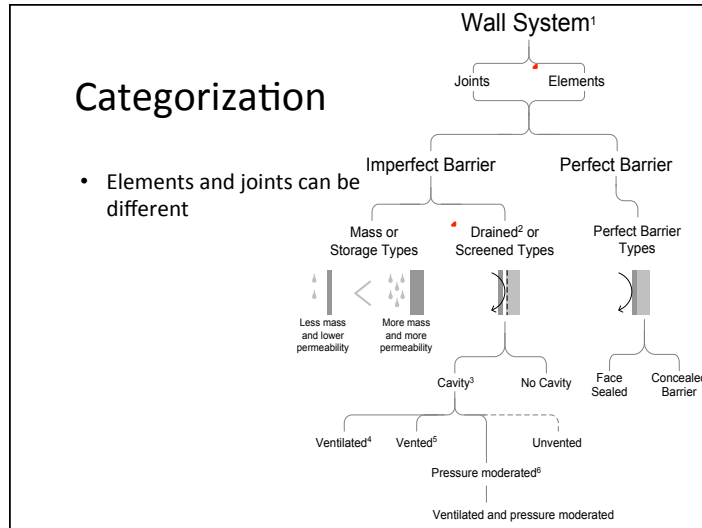
} Durability, Health
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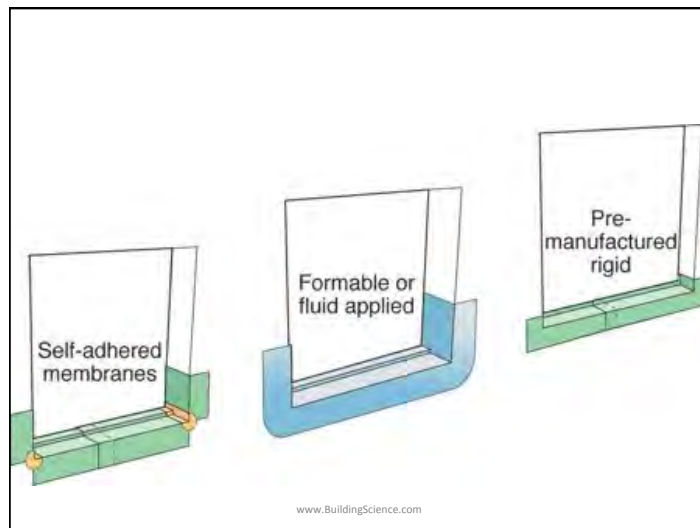
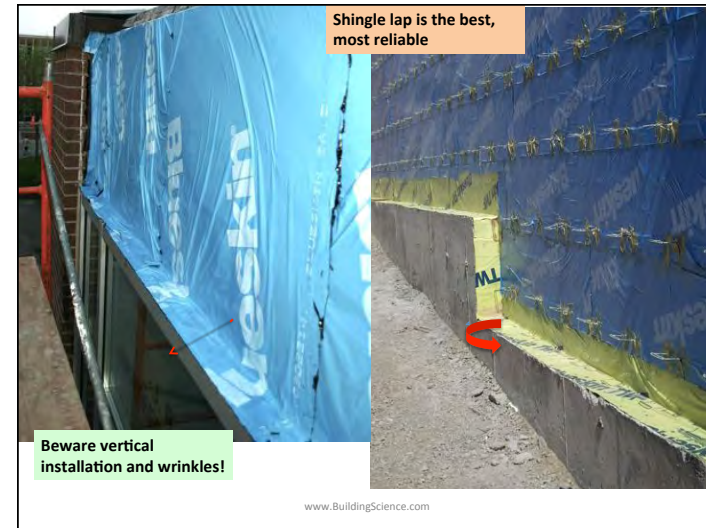
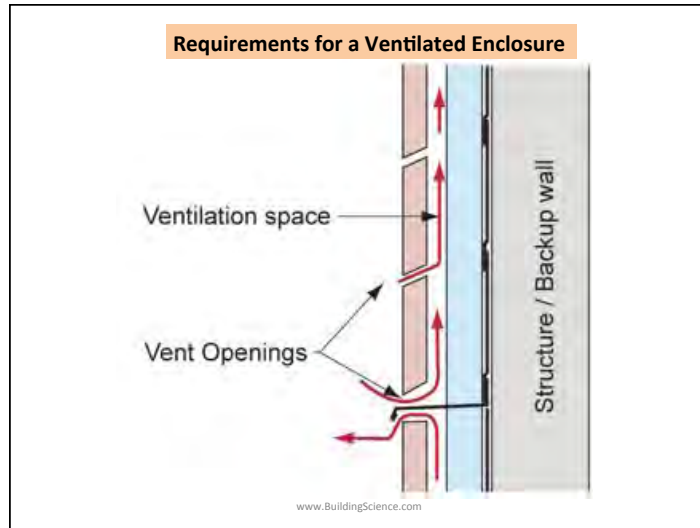


- ### Rain Control
- Next to structure, the most important, fundamental requirement
 - Source of many serious building problems
 - Major impact on durability
 - Low-energy buildings & rain
 - Different enclosure assemblies
 - Reduced drying ability= need for better control!
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Air-Water-Vapor

- Often thin layers
- *Can be*
 1. Water control (vapor permeable, not airtight), **or**
 2. Air & water control (vapor permeable), **or**
 3. Air, water & vapor (vapor impermeable).
- Examples
 - Building paper, untaped housewrap, sealed and supported housewrap, fluid applied, peel and stick

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Air-Water Control Layers

Sloped and complex surfaces demand very high performance. LAPPING very Important



Fluid-applied products avoids laps

Details

- Air & water & vapor transition membranes



Building Science.com Airflow control No. 95/79

Non-adhered, vapor permeable =modest performance


Supported flexible membrane is better



Tyvek COMMERCIAL WRAP

Fully-adhered air-water barrier


Vapor Permeable!



Self-adhered—no staples, nails and tears that allow air and moisture to pass through walls

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Mixed membrane + fluid-applied



Often use membranes for transitions

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Spray/Trowel Applied Air/water

- Semi-permeable



Building Science.com 99

Closed-cell spray polyurethane foam: ccSPF

- Rain control
- Air Control
- Thermal Control
- Vapor Control



Continuity is key!

- Must ensure no rain leaks
- Airflow control should be as continuous as practical
- Thermal control
 - We live with penetrations
 - Minimize steel and concrete to small local
- Vapor control
 - Not that important to ensure continuity

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Air Flow Control

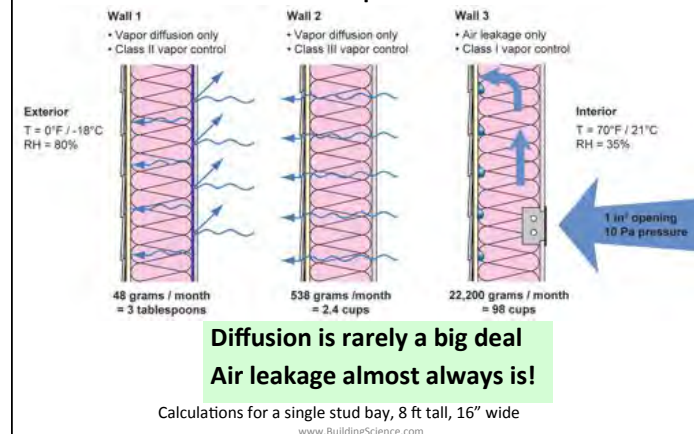
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Air Barrier Systems

- Need an excellent air barrier in all buildings
 - Comfort & health
 - Moisture / condensation
 - Energy
 - Sound, fire, etc.
- Can't make it too tight.
- Multiple air barriers improve redundancy

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Air moves more vapor than diffusion!



Air leakage

- Hard to save energy with the door open
- Buildings getting tighter, but . . .
 - Many still leak way too much
 - We can't identify the leakers
 - Need to test! Commission!
- Ventilation: Many try to improve air quality by increasing quantity
 - Target good air when and where needed

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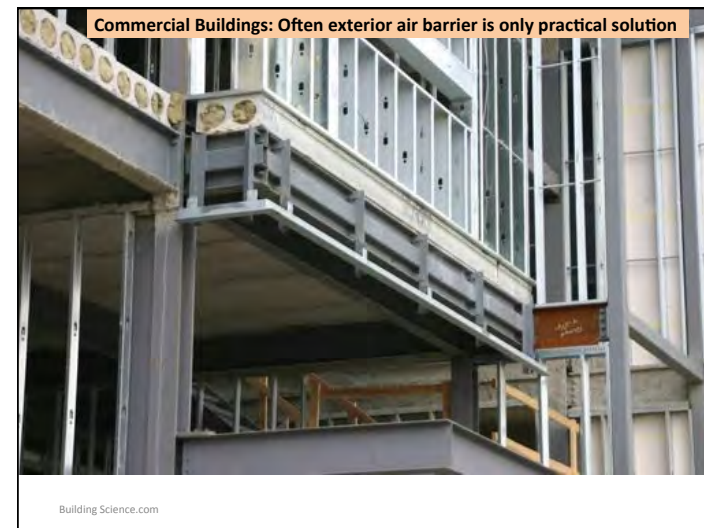
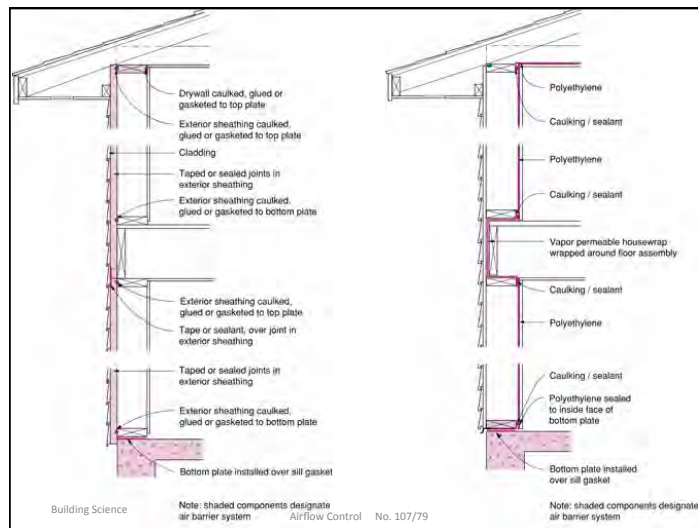
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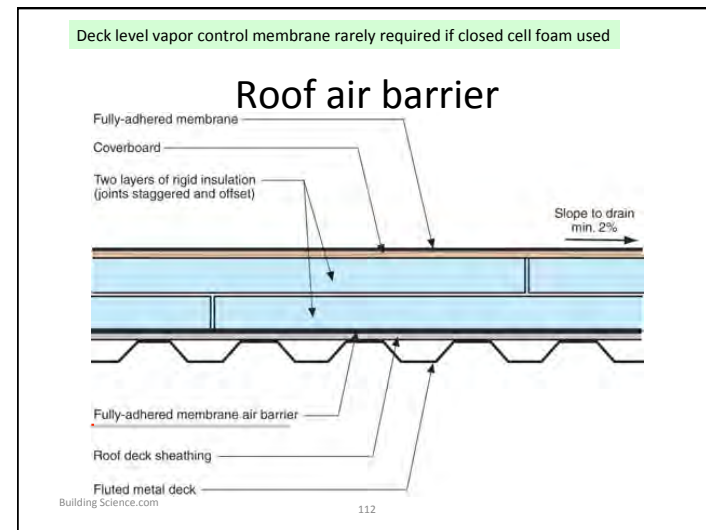
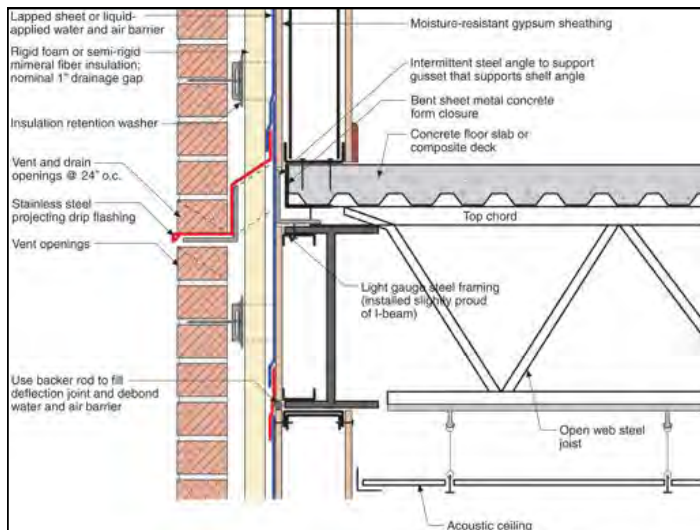
Air Barriers and Energy

- Requirements
 - **Continuous (most important)**
 - **Strong**
 - **Stiff,**
 - **Durable,**
 - **Air Impermeable (least important)**
- Easily 1/3 of total heat loss is due to air leakage in well-insulated building

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Thermal Control

- Insulation
 - Slows heat flow in and out
- Windows
 - Slow heat flow in and out
 - Control solar gain : allow or reject?
- “cool” roofs
 - Reduce solar gain
- Radiant barriers

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Thermal Insulation

Insulation	R-value/inch	k (W/mK)
Empty airspace 0.75"-1.5" (20-40 mm)	R2.0 - 2.75	0.36 - 0.50 W/m ² K
Empty airspace 3.5"-5.5" (90-140 mm)	R2.75	0.50 W/m ² K
Batt (mineral fiber)	3.5-3.8	0.034 - 0.042
Extruded polystyrene (XPS)	5.0	0.029
Polyisocyanurate (PIC)	6.0-6.5	0.022 - 0.024
Expanded polystyrene (EPS)	3.6-4.2	0.034 - 0.040
Semi-rigid mineral fiber (MFI)	3.6-4.2	0.034 - 0.040
Spray fiberglass	3.7-4.0	0.034 - 0.038
Closed-cell spray foam (2 pcf) ccSPF	5.8-6.6	0.022 - 0.025
Open-cell spray foam (0.5 pcf) ocSPF	3.6	0.040
Aerogel	8-12	0.012-0.018
Vacuum Insulated Panels (VIP)	20-35	0.004-0.008

How much Insulation

- Heat Flow = $\frac{\text{Area} * (T_{\text{inside}} - T_{\text{outside}})}{\text{R-value}}$
- Double R-value, halve heat flow. Always.
- Optimum depends on
 - Cost of energy over life of building
 - Cost of adding more insulation
 - Savings in mechanical equipment, controls

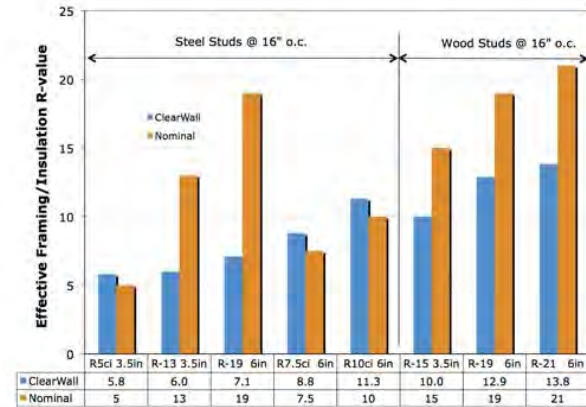
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Thermal Continuity

- Some short circuiting is normally tolerated.
- High-performance walls tolerate few
- Major offenders / weak spots
 - Penetrating slabs (<R1)
 - Steel studs (<R1)
 - Windows (R2-R3)
- Area and low R matter to overall significance

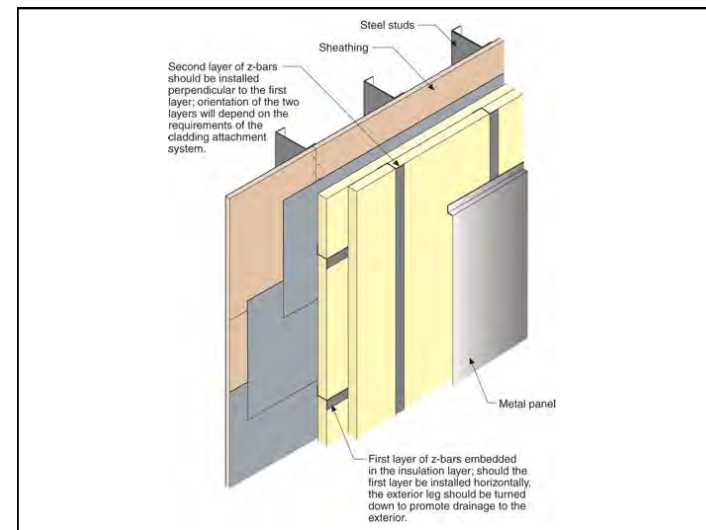
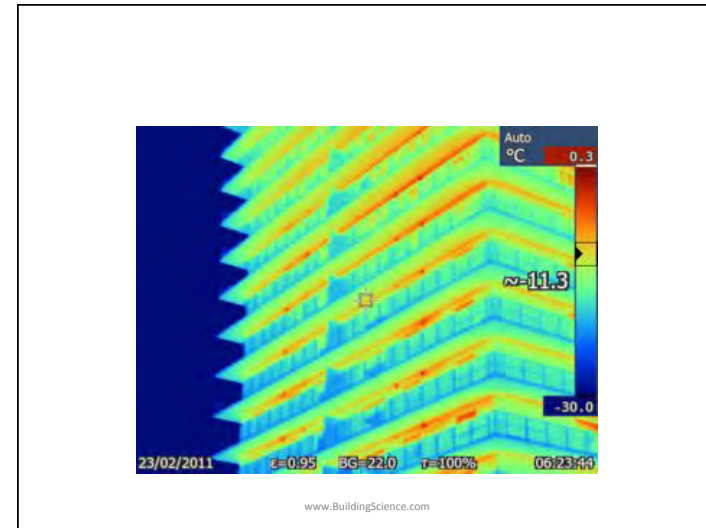
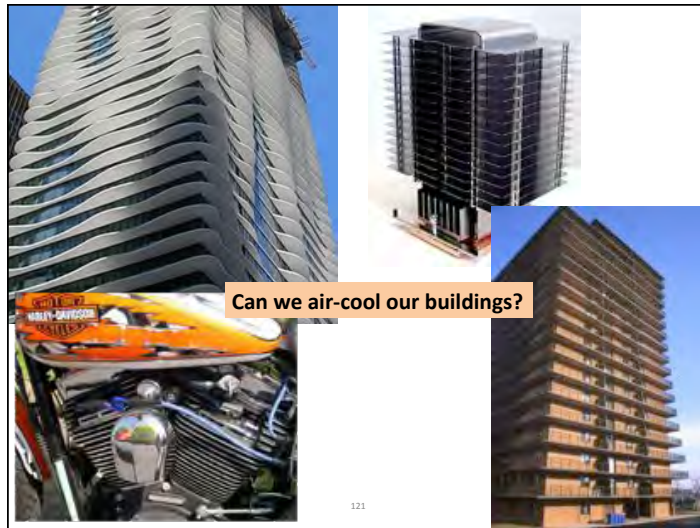
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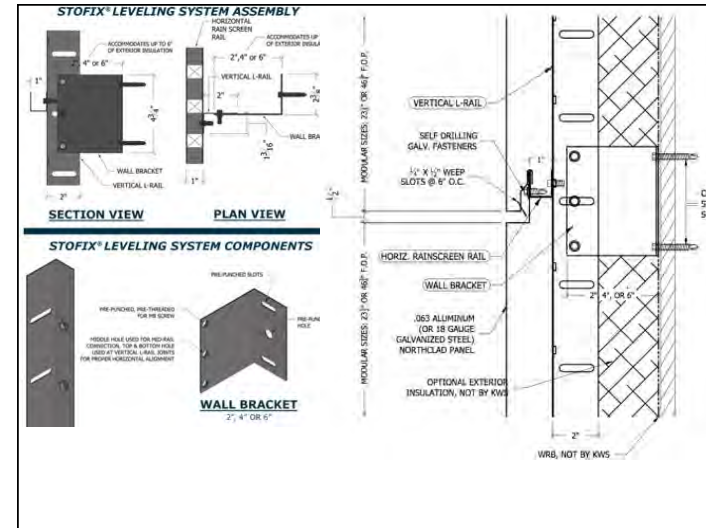
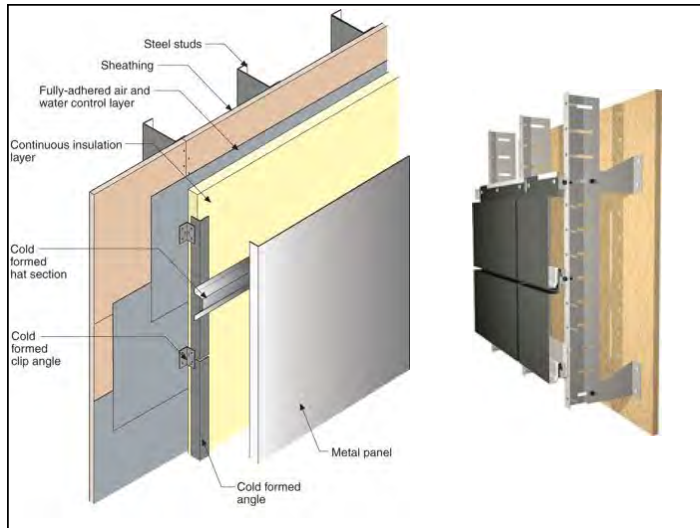
Best-case R-values for stud walls

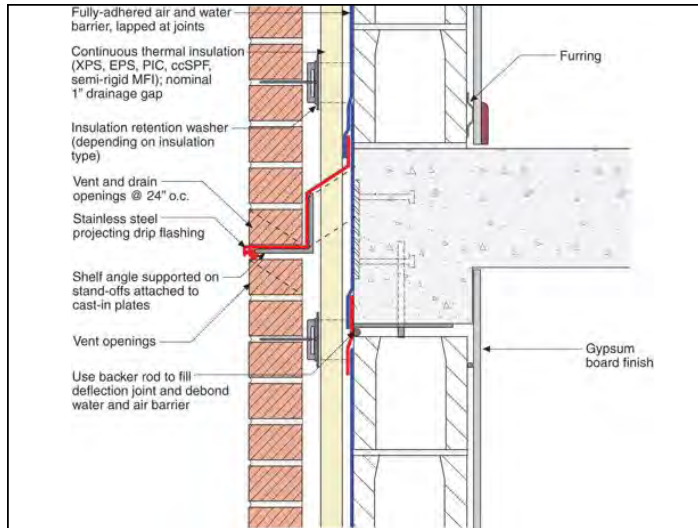


Source: ASHRAE 90.1-2007, Table A9.2E. ci denotes a layer of continuous insulation with no framing penetrations





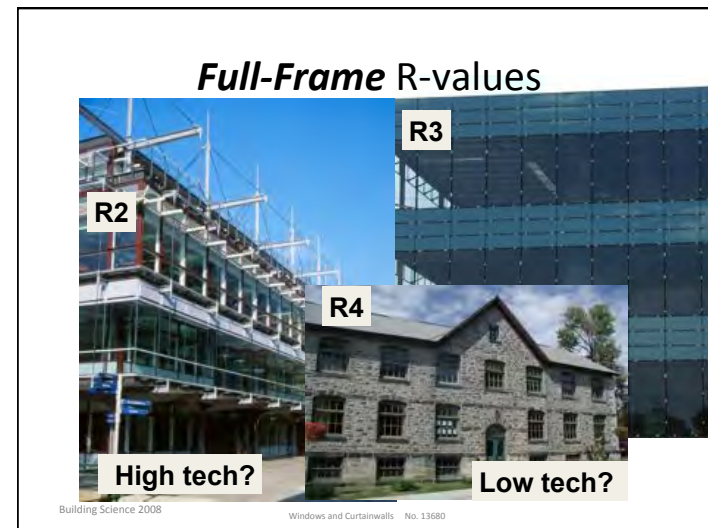
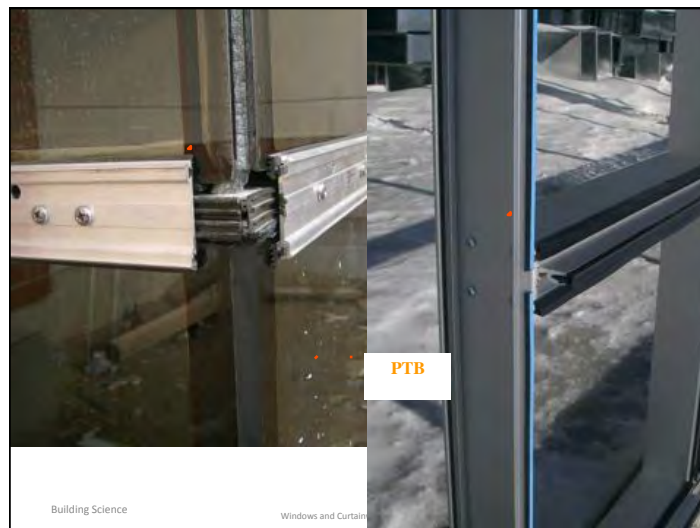
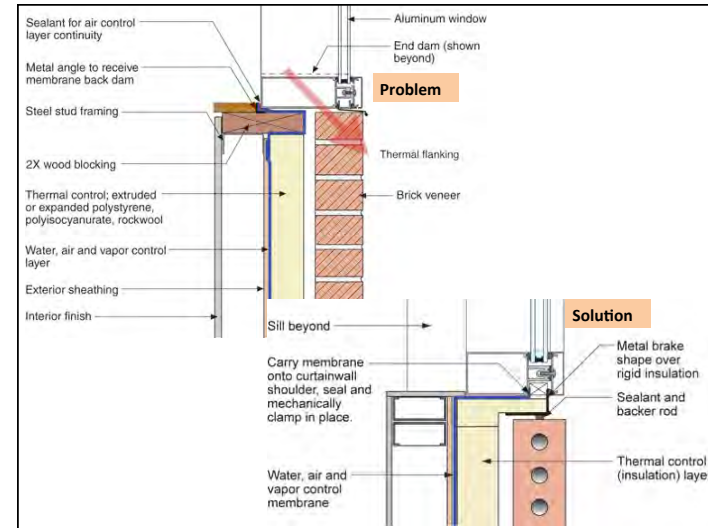
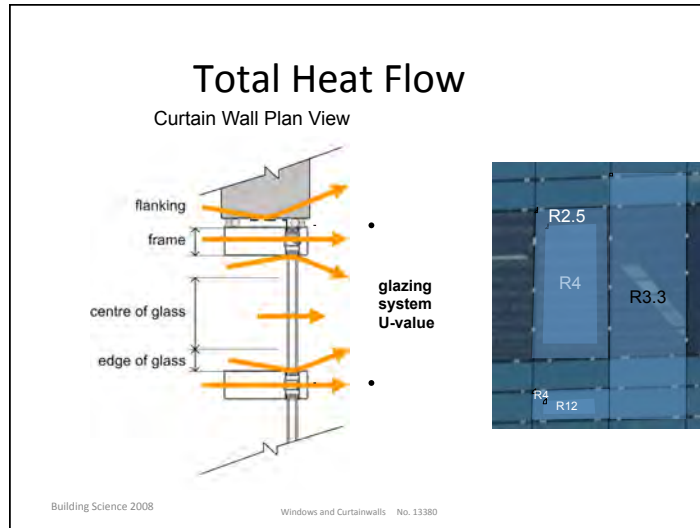


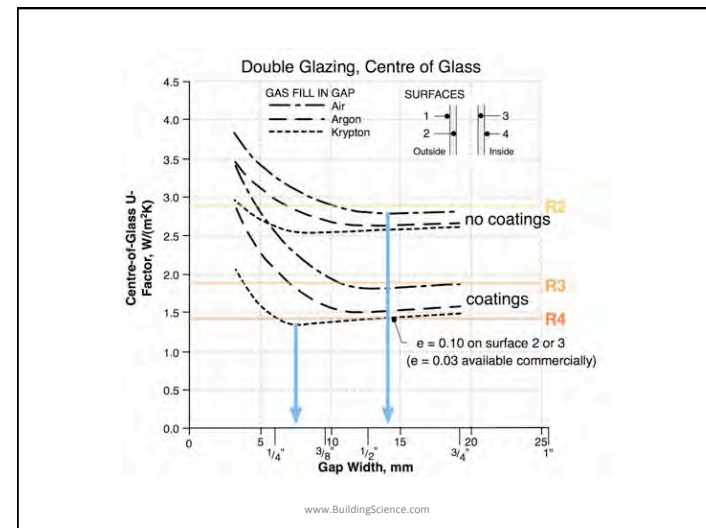
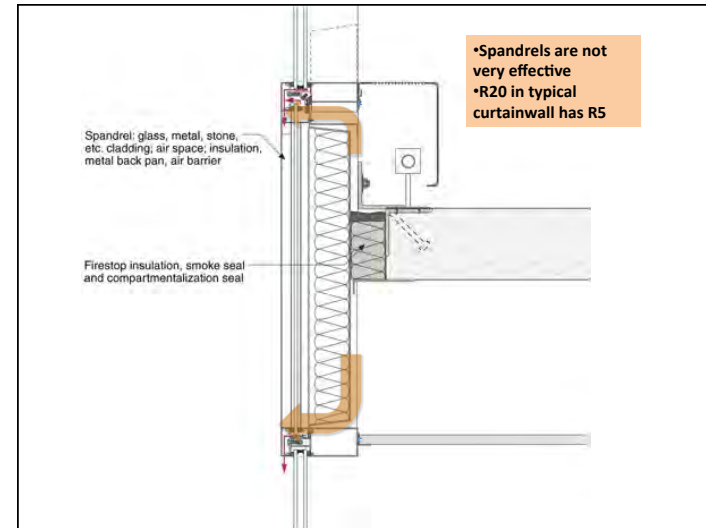
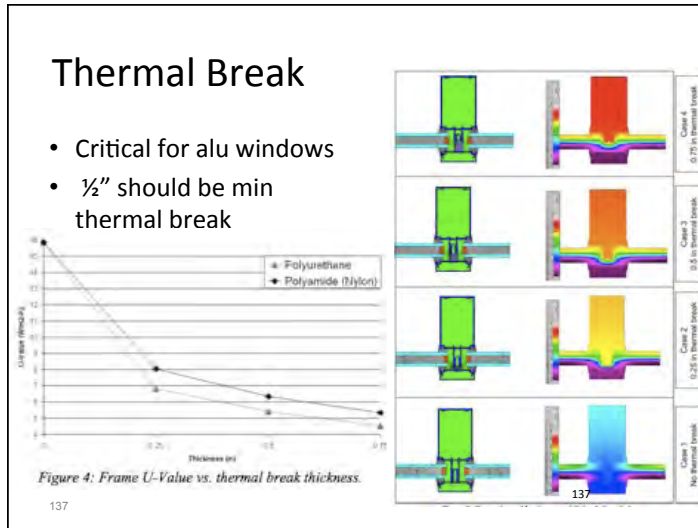


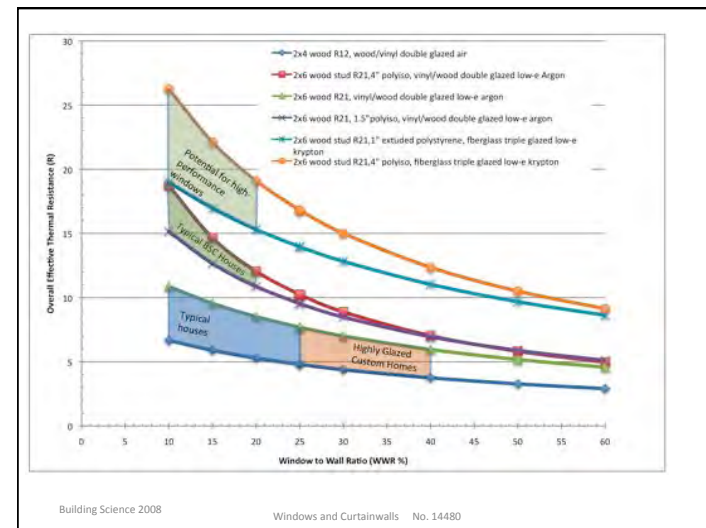
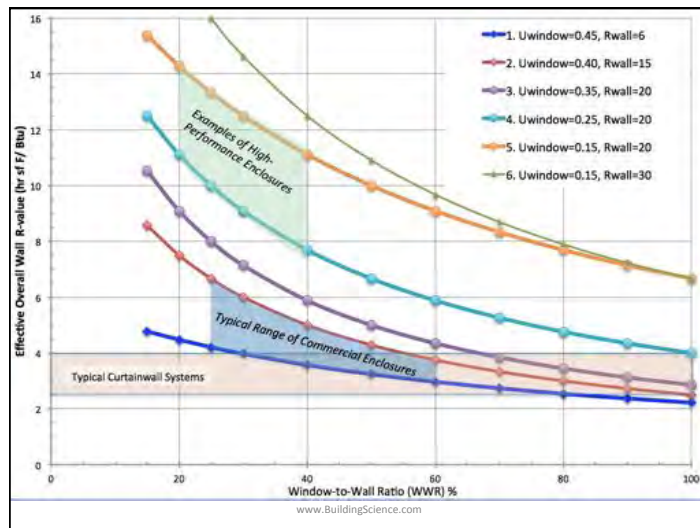
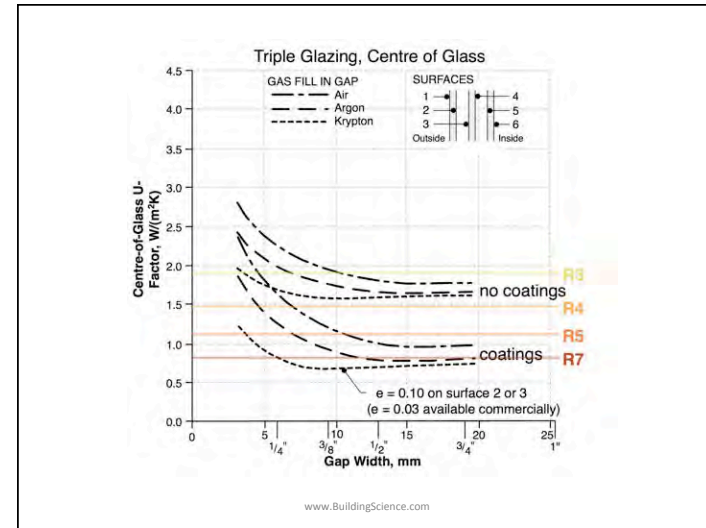
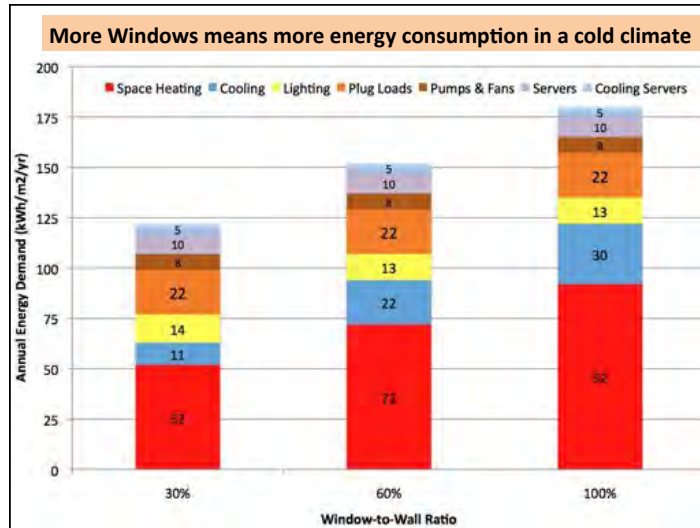
Windows

- Our most expensive thermal bridges
- Aluminum is 4-5 times as conductive as insulation
- Difficult to buy commercial aluminum windows / curtainwall over R3.
- Allow solar heat in
 - Useful in cold weather
 - Requires cooling in summer

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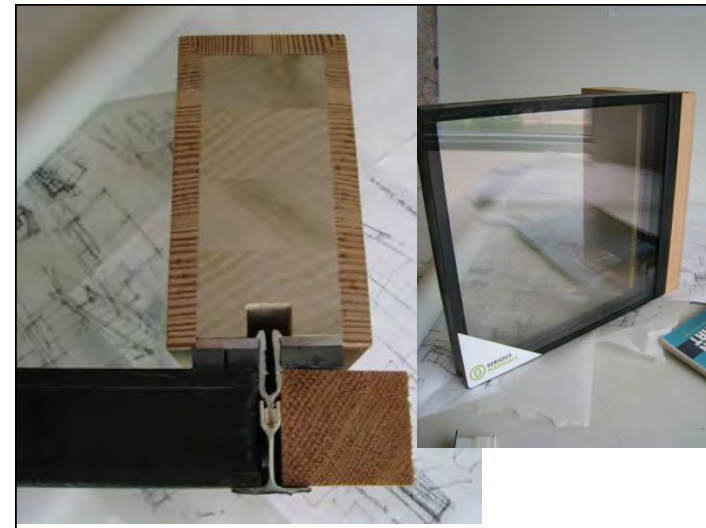




Industry Leading Performance	Center of Glass (COG) Performance*				AlpenGlass™	
	U-Value	R-Value	SHGC	VT	Glazing	Fill
	0.05	20.00	0.29	0.44	Dual Pane, Triple Low Solar Heat Coefficient Film	Xenon
Premium Performance	0.07	14.29	0.24	0.43	Dual Pane, Dual Low Solar Heat Coefficient Film	Krypton
	0.11	9.09	0.51	0.65	Dual Pane, Dual High Solar Heat Coefficient Film	Krypton
High Performance	0.11	9.09	0.30	0.55	Dual Pane, Single Low Solar Heat Coefficient Film	Krypton
	0.19	5.26	0.60	0.73	Dual Pane, Single High Solar Heat Coefficient Film	Krypton

*Performance numbers are general values based on WUFI Window 6.2 software

Courtesy of ThermaProof Windows and AlpenGlass+



Solar Gain

- Measured by SHGC
- Solar gain useful during cold sunny weather
- But least heating is needed during daytime for commercial buildings
- Overheating discomfort is a real risk
- Must size glass Area x SHGC carefully
 - High values = air conditioning and discomfort

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Interior or Exterior Shade

- Operable Solar Control of windows may be necessary for ultra-low energy buildings
- Exterior Shades always beat low SHGC glazing
 - But the cost capital and maintenance
- Interior shades don't work well with good windows

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Enclosure Summary

- Simple compact form, oriented to the sun
- Identify functional control layers
 - Rain, air, heat, vapor
- Provide continuity of control layers
 - Details, thermal bridging
- Select high levels of performance

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Mechanical Basics



HVAC Objectives

- Health
- Safety
- Comfort
 - Temperature, humidity, air speed, noise, light
- Reliability
 - Long term performance, maintainable
- Efficiency
 - Meet the needs imposed by occupants and enclosure with a minimum of additional energy

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Common Problems

- Poor comfort
 - Poor control of temperature and humidity,
 - Noise, drafts from high velocity air
- Health
 - Air based systems act as distribution for outdoor pollutants, mold grown in coils/ducts
 - Chilled water pipes collect condensation leading to mold
 - Insufficient ventilation/mixing common issue
- Energy
 - Systems are often very inefficient
- Maintainability / Controllability
 - Systems are complex, difficult to trouble shoot, maintain etc

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Functions

Five Critical functions are needed

- Ventilation
 - “fresh air”
 - Dilute / flush pollutants
- Heating
- Cooling
- Humidity Control
- Air filtration / pollutant Removal
 - Remove particles from inside and outside air
 - Remove pollutants in special systems

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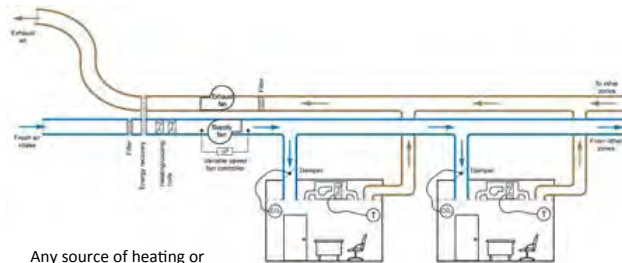
Physical Systems & Components

- Components
 - Heat production (including cooling)
 - Heat rejection / collection
 - Heat/Cold Distribution
 - Ventilation air supply/exhaust
 - Ventilation Air Distribution Air Filtration
 - Humidification/ Dehumidification
- Confusion arises when functions are combined across different components in different systems

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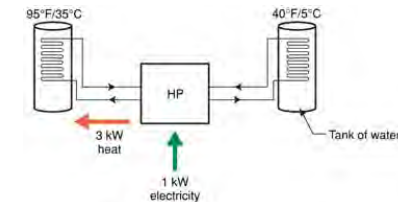
BSI-022 Perfect HVAC



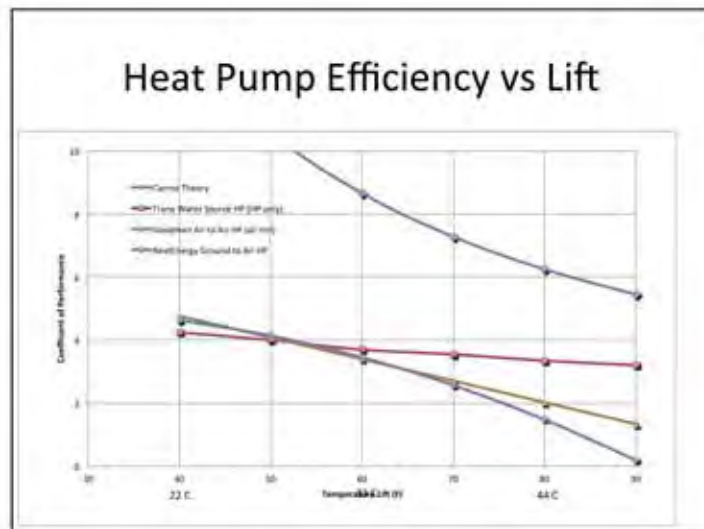
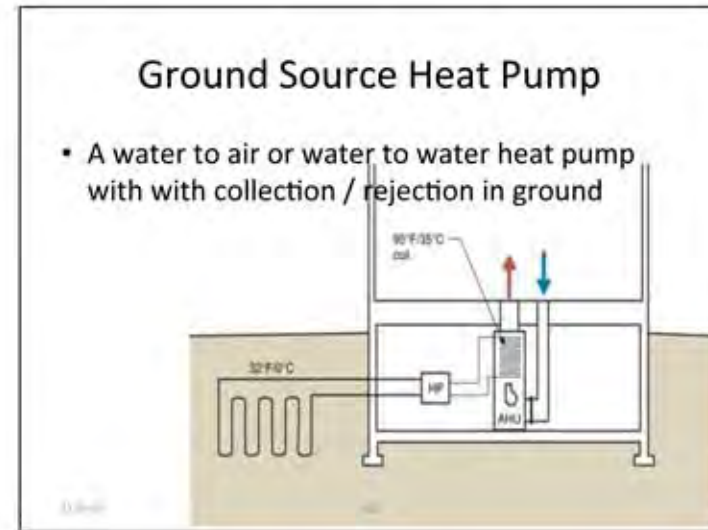
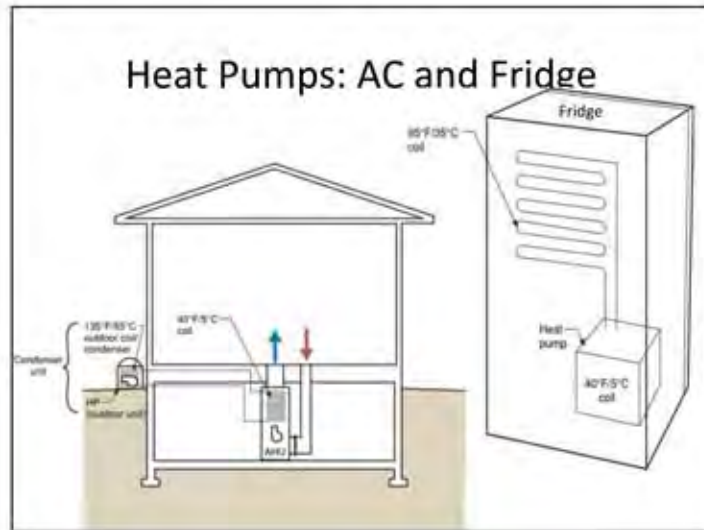
Any source of heating or cooling
Combined ventilation/
humidity control

Heat Pumps

- Use compressors, and refrigerant (“Freon”)
- All use *internal heat exchangers* to transfer hot or cold refrigerant to water or air
- Terminology
 - “Air to air heat pump” = “air-source”
 - “Water-to-water heat pump”
 - “air conditioning”
 - Water to air
 - Ground source
 - “Geothermal”



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Radiant Panels

- Smaller area → higher ΔT
- About 50/50 radiant/convective
- Peak heating 150 W/m^2 (50 Btu/ft²)
- Peak cooling 100 W/m^2 (33 Btu/ft²)

Terminal Unit: Fan coils

- Use fans to blow room air over coils
 - Fan-driven air movement = distribution / mixing within a space
 - Noise, maintenance issues
- Fans require electricity
 - Many existing FC are inefficient and noisy
 - **Very efficient fan motors** now available

Chilled Beams

- Increase the convective component of radiant panels, usually for cooling
- Active CB use mechanically-induced airflow
- Passive CB use natural convection

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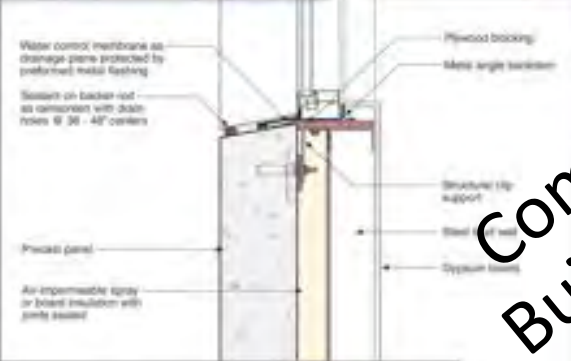
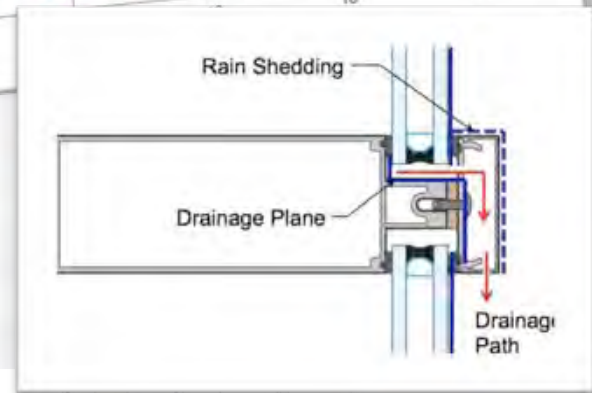
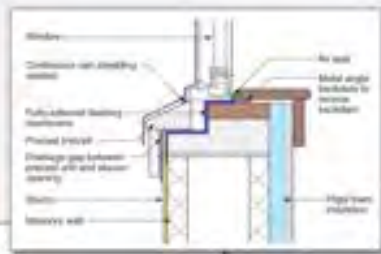
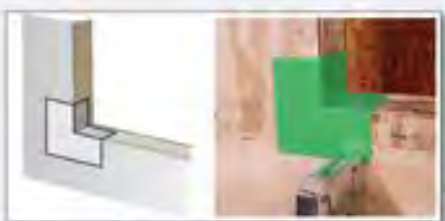
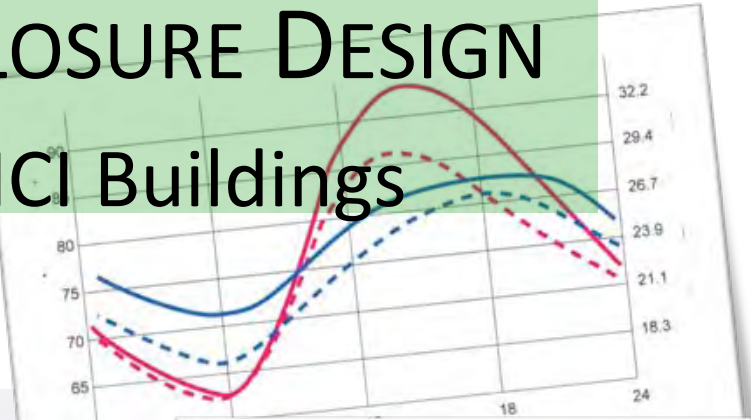


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