

Low-Energy Commercial and Multi-Unit Residential Buildings

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Outline

- Why low-energy / net-zero buildings
- How do we use energy
- Conservation & Efficiency
- Building Enclosures
- Mechanical Systems

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What is Green/Sustainable?

- Definitions
 - "Green"
 - Sustainable
 - Net Zero Energy
 - Net Zero Carbon

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Sustainable buildings

- "Can keep doing what we are doing indefinitely"
 - A sustainable society, process, or product is one that can be sustained or continue to be produced over the long term, without adversely affecting the natural conditions (e.g, soil, ecosystem, water quality, climate, etc) necessary to support those same activities in the future.
 - Even the greenest buildings today are not sustainable
- Low-Energy, Net-Zero, Zero-Carbon are all just on the path in the right direction

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So, Is it Green?

- Depends on answers to:
 - Does it use less non renewable energy to operate?
 - Will it last longer? (less life-cycle resources)
 - Does it use fewer non-renewable resources to build?
 - Does it pollute less?
- Compared to what?:
 - Zero (sustainable)
 - Better than average (move forward, "green")
 - · What is average?
- LEED counts points, not resources/pollution

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Buildings, Energy, Environment No.

Green Buildings require Change

- Must make them the new normal
- Need to use different thinking and process
- · Different materials and systems secondary
- "To achieve results never before accomplished, we must employ methods never before attempted."
- Sir Francis Bacon
- "Great spirits have always been met with violent opposition from mediocre minds."
- Albert Einstein

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ngs.Energy, Environment

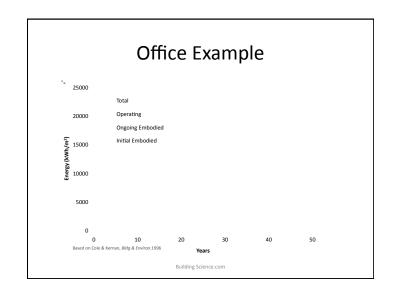
Damage Components

- Resource Extraction
 - Cutting trees, mining, drilling oil, etc.
- Processing
 - Refining, melting, etc. Pollutants and energy
- Transportation
 - Mass and Mode (ship/truck) and Mileage
- Construction
 - Energy, worker transport
- · Operational Energy

The Majority of Impact

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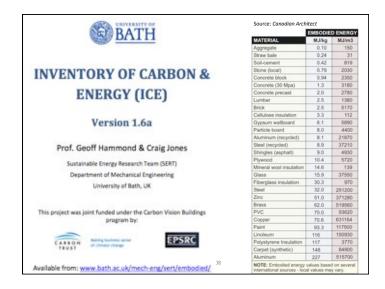
Buildings, Energy, Environment No.



Embodied Energy

- The energy used to mine, process, and manufacture a material & install in building
 - Units usually Btu/lb or MJ/kg
- On-going repair and maintenance required for life of building
- Published values vary widely
 - Some research results available
- As we get to Net Zero, materials matter more

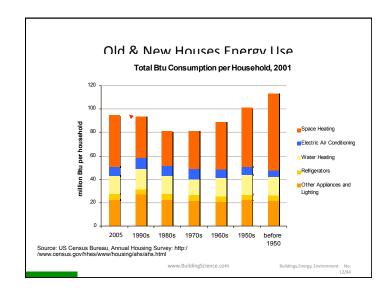
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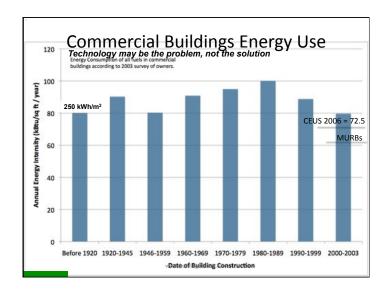


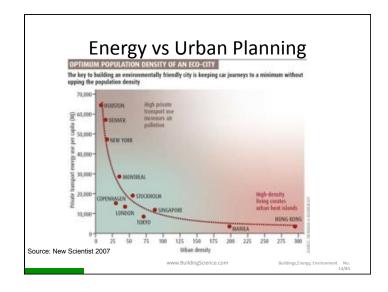
Embodied Environmental Damage

- Pollution (air, water, etc)
- dangerous waste (end of life),
- · habitat destruction,
- resource depletion
- Not well researched (Athena Institute)

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What is this energy thing?

How to confuse people with facts and numbers

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Measuring Energy Use

- Energy use per area
 - kBtu/sf/yr
 - $kWh_e/m^2/yr$
 - $-100 \text{ kWh}_{e}/\text{m}^{2}/\text{yr} = 33 \text{ kBtu/sf/yr}$
- Energy use per person
 - Person = bedrooms+1
 - But.. Design vs actual occupancy?
 - Large houses

See BSD-152 Energy Metrics

Energy Cheat Sheet

- Ability to do work
 - Measured in Btu (IP) or J (SI) or kWh (SI)
 - MMBtu = 1 million Btu = 293 kWh
 - One Btu = heat one pound H₂0 by 1°F
 - One kWh = 100 Watt lightbulb for ten hours
- Energy delivered at gas usually in therms/cf
 - Therm = 100 000 Btu = 29.3 kWh ≈ 100 cubic feet
- Energy delivered as electricity usually in kWh
 - One kWh = 3400 Btu

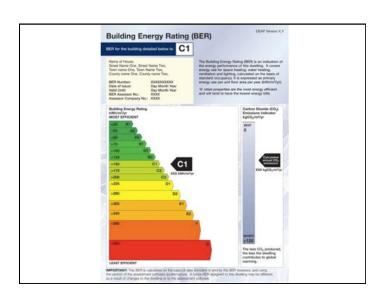
Efficiency

- Not a very precise or useful term
- Efficiency = desired effect / effort in
 - Heating energy out / energy in (gas, electric, sun)
 - Cooling energy out / energy in (electric, open window)
 - A small house needs less heating energy but a large house might use a "more efficient" furnace
- Efficiency = 1 happy person / Energy used?
- Capital efficiency? Resource efficiency?

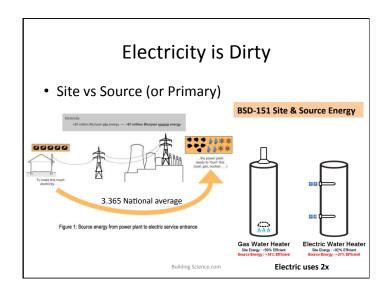
Low Energy Targets

- Ed Mazria Architecture 2030
 - Website www.architecture2030.org
- PassivHaus
 - Primary 120 kWh/m²/yr (37 kBtu/sf/yr)
- Net Zero
 - Zero (Site, Facility, or Source)
- Avoid non-quantitative goals
 - \$ saved, 30%? 75% ASHRAE, Title 24 etc
- Remember: Occupancy and Climate matters
 - Cold climates, 24/7 facilities use more

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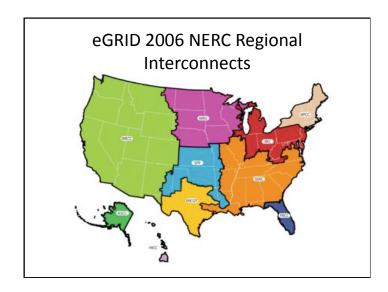
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Source-to-Site Conversion

- January 2009, NREL figures for Building America
- Of course, varies with source of electricity supply
 - Most coal plants are 35% efficient, new NG plants 60%+
 - 5% transmission loss

Energy Source	Source Energy Factor				
Electricity	3.365				
Natural Gas	1.092				
Anthracite Coal	1.029				
Bituminous Coal	1.048				
Subbitumious Coal	1.066				
Lignite Coal	1.102				
Residual Fuel Oil	1.191				
Distillate Fuel Oil	1.158				
Gasoline	1.187				
LPG	1.151				
Kerosene	1.205				



Electrical GHG Emissions

April 2007, EPA eGRID files

		Output emission rate					
NERC region acromym	NERC region name	CO ₂	SO ₂	NO _x	Ozone season NO _x (lb/MWh)	Hg (ib/GWh)	
ASCC	Alaska Systems Coordinating Council	1,106	1.203	3.679	3.980	0.0014	
ERCOT	Electric Reliability Council of Texas	1,421	3.174	0.981	0.950	0.0291	
FRCC	Florida Reliability Coordinating Council	1,328	3.620	2.269	2.240	0.0091	
HICC	Hawaiian Islands Coordinating Council	1,655	4.190	3.757	3.829	0.0117	
MRO	Midwest Reliability Organization	1,820	6.107	3.734	3.578	0.0415	
NPCC	Northeast Power Coordinating Council	908	2.924	1.019	0.915	0.0099	
RFC	Reliability First Corporation	1,434	9.252	2.481	1.667	0.0419	
SERC	SERC Reliability Corporation	1,387	6.369	2.114	1.537	0.0264	
spp	Southwest Power Pool	1,830	4.636	3.017	2.850	0.0350	
WECC	Western Electricity Coordinating Council	1,107	1.170	1.622	1.560	0.0112	
u.s.		1,363	5.436	2.103	1.704	0.0269	

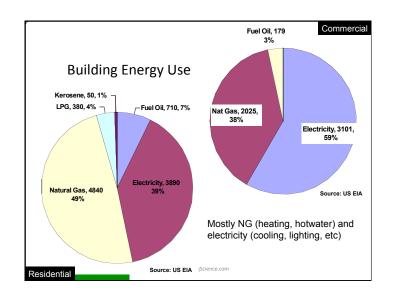
National 1.36 lb CO₂/kWh (0.91 to 1.83)

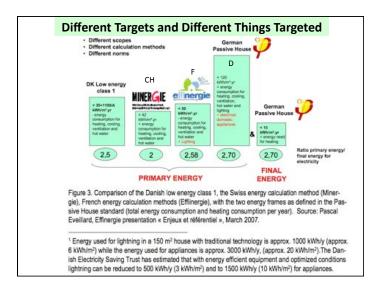
WECCC 1.11 lb CO₂ / kWh

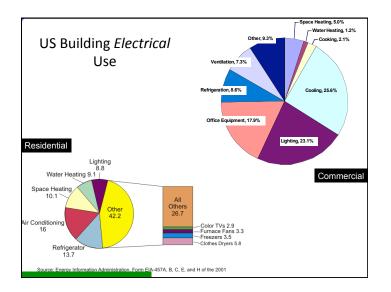
Fossil Fuel GHG Emissions

- Assuming combustion @ 100% efficiency
- Nat gas
 - $-117 \text{ pds CO}_2 / \text{MMBtu} = 0.40 / \text{kWh}$
 - -92% eff. = 0.435 lb/kWh
 - Around 3 times less GHG emission vs electric
- Propane
 - $-139 \text{ pds CO}_2/\text{MMBtu} = 0.475 / \text{kWh}$
- Heating oil No. 2
 - $-161 \text{ pds CO}_2/\text{MMBtu} = 0.54 / \text{kWh}$

Source: DOE EIA Emissions Coefficients

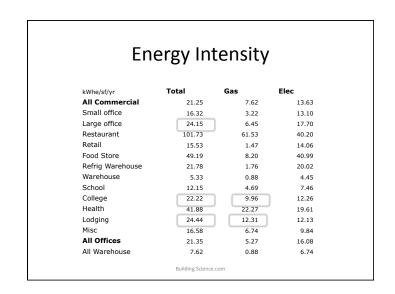


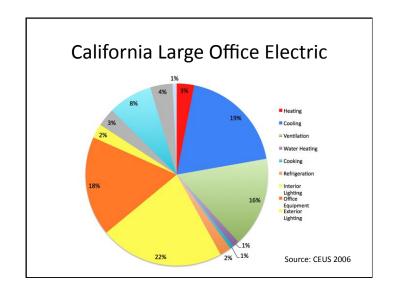


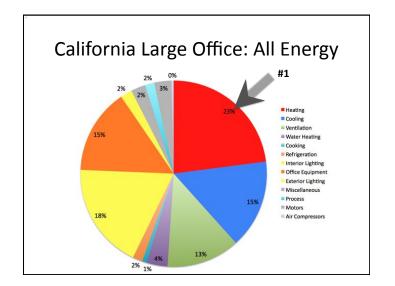


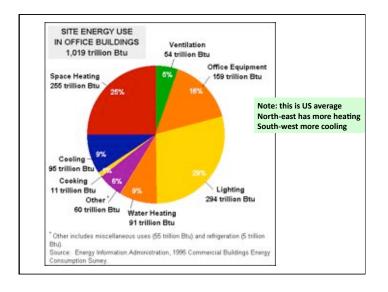
California commercial (CEUS-06)

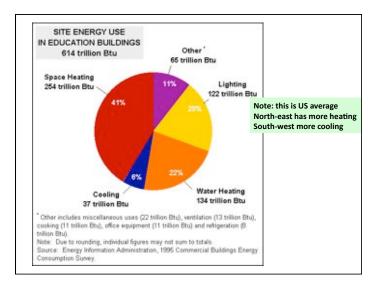
		Annu	al Energy Inter	Total Annual Usage		
Building Type	Floor Stock (kft²)	Electricity (kWh/ft²)	Natural Gas (therms/ft ²)	Natural Gas (kBtu/ft ²)	Electricity (GWh)	Natural Gas (Mtherms)
All Commercial	4,920,114	13.63	0.26	25.99	67077	1278.60
Small Office (<30k ft²)	361,584	13.10	0.11	10.54	4738	38.10
Large Office (>=30k ft²)	660,429	17.70	0.22	21.93	11691	144.80
Restaurant	148,892	40.20	2.10	209.98	5986	312.60
Retail	702,053	14.06	0.05	4.62	9871	32.50
Food Store	144,209	40.99	0.28	27.60	5911	39.80
Refrigerated Warehouse	95,540	20.02	0.06	5.60	1913	5.30
Unrefrigerated Warehouse	554,166	4.45	0.03	3.07	2467	17.00
School	445,106	7.46	0.16	15.97	3322	71.10
College	205,942	12.26	0.34	34.24	2524	70.50
Health	232,606	19.61	0.76	75.53	4561	175.70
Lodging	270,044	12.13	0.42	42.40	3275	114.50
Miscellaneous	1,099,544	9.84	0.23	23.34	10817	256.60
All Offices	1,022,012	16.08	0.18	17.90	16430	182.90
All Warehouses	649,706	6.74	0.03	3.44	4380	22.40





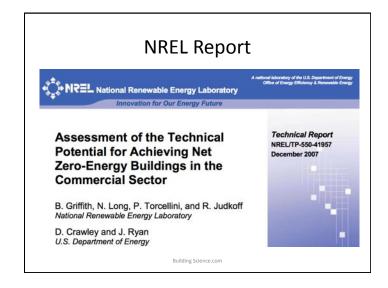


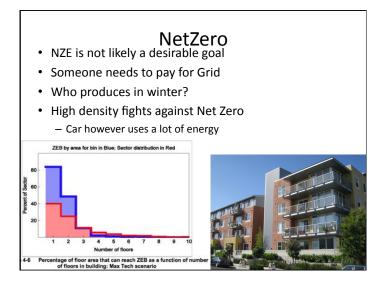


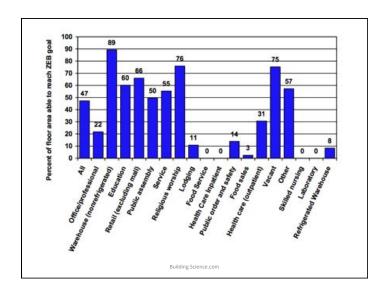


California Net Zero Buildings

- Goals
 - All new residential construction NZE by 2020
 - All new commercial construction NZE by 2030
- Definitions
 - NZE site?
 - NZE source? (3:1 elec to gas)
 - NZE on building only? Parking lot?
 - How to control renters energy use?







Net Zero

- Many buildings can be built as NZE
 - NREL estimates about 50% of commercial floor area can be built to NZE
- Large offices, health care, most restaurants, can't get there
- Someone needs to use energy to pay for grid
- Therefore, true low-energy buildings are fine too

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Low Energy Buildings

- Holistic Approach
 - Reduce loads
 - Improve efficiency of meeting demand
 - Never sacrifice safety, health, durability
- Use numerical targets and track performance
- Net Zero may not always be the goal

How?

To reduce operational energy use

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Process and Philosophy

- · Decide to value low energy consumption
- Set measurable targets, predict usage, measure performance
- · Stamp out waste everywhere
- · Use energy efficiently when you need to use it
- Do not sacrifice safety, comfort, health and durability

www.hultdrightwoot.com.

holdings (heigh discourse)

Top Ten List

Commercial and institutional mid-size buildings

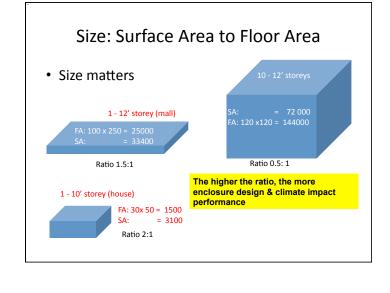
- Limit window-to-wall ratio (WWR) to the range of 30-40%, 50% with very high-performance windows
- Increase window performance (lowest U-value affordable in cold climates, including frame effects, low SHGC in sunny/warm)
- Increase wall/roof insulation (esp. by controlling thermal bridging) and airtighten
- Reduce lighting & equipment/plug power densities
- Separate ventilation air supply from heating and cooling.
- · Use occupancy and daylighting controls for lights and equipment
- Don't over ventilate, use heat recovery & demand controlled ventilation
- Improve boiler and chiller efficiency & recover waste heat (eg IT rooms!)
- Use variable speed controls for all large pumps and fans and implement low temperature hydronic heating and cooling where practical.
- Use a simple and compact building form, oriented to the sun, with a depth that allows daylight harvesting.

Building Energy Determinants Restrictions about min size, must use Client technology, etc Massing, window area, enclosure details, Architecture selection of HVAC, System design, controls, equipment Mech Eng selection Equipment Temperature, humidity ranges, operation of Demand Occupant appliances, turning off lights, etc Generation technology, pricing structure, **Energy Source** Utility? efficiency of operations Butting Science your

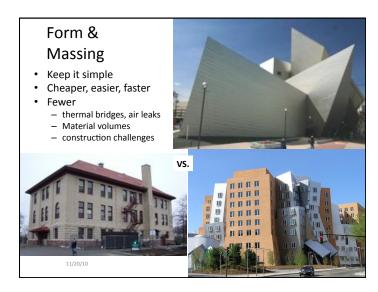
Strategies

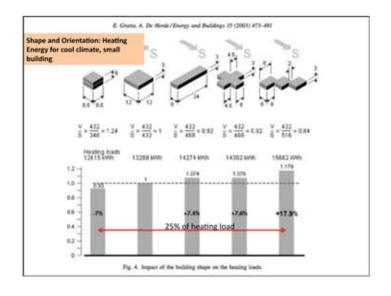
- Siting & Orientation (small impact)
 - Orient with sun, wind, rain, earth shelter?
- Shape and Form (small to moderate impact)
 - Small, Compact, simple
- Exceptional building enclosure (mod to large impact)
 - Insulated, airtight, solar control, daylight
- Efficient Equipment (mod impact)
 - Not there or off is best, controls help
- Renewable Energy Generation (impact varies)

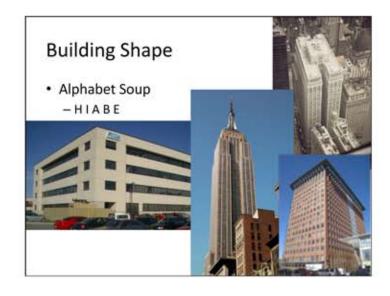
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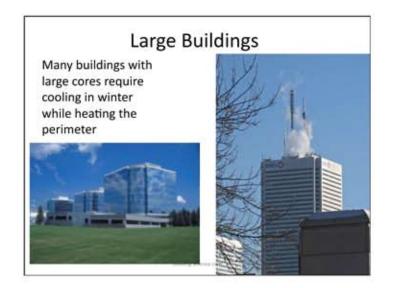


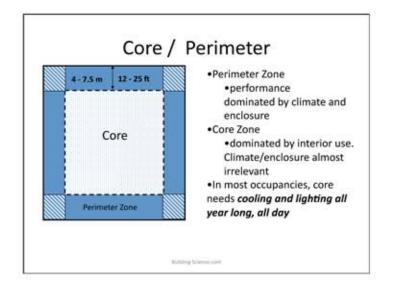












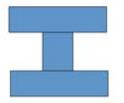
Define "perimeter"

- · Maximum distance about 25 ft/ 7.5 m
 - Classrooms often 25-30 ft, open plan office
- Minimum often set by walls/partitions of exterior offices
 - Cellular offices often 15 ft/ 4.5m deep

Suiting bisnes 2009

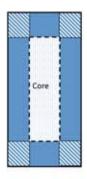
Expanded Plans

 Better daylight, easier ventilation but more enclosure heat loss and gain and air leaks





Skin Dominated Building



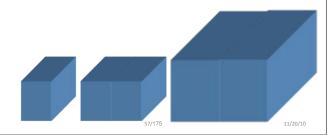
- . Perimeter Zone over most of floor area
- Excellent daylighting and cross ventilation opportunities
- · Termed "Skin Dominated"
- *Demands good building enclosure

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Grouping buildings

- Grouping units reduces heat loss/gain through shared walls
- Reduces resource use per unit





Daylighting

Adding enjoyment while saving electricity

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Daylighting

- Natural light can offset artificial lights
- Natural light almost always preferred
- BUT,
 - Must use daylight controls and sensors to capture energy savings
 - Need to control glare and solar heating caused by too much glass on sunny days

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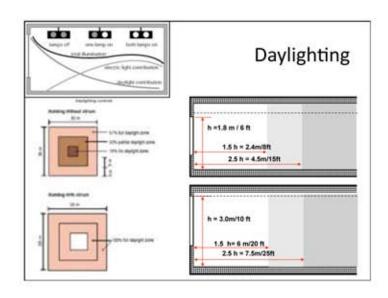




Daylight Penetration

- · Many simple design tools available
 - Work well for standard shapes
- · Effective Aperture
 - Visual transmittance x Glass area
 - Recommended: (window ht/ ceiling ht) * VT > 0.20
- · Daylight zone depends on window head height
 - Eg penetration 1.5 2.5 window head height
- Software such as Ecotect Radiance DaySim quantify complex shapes

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Daylighting

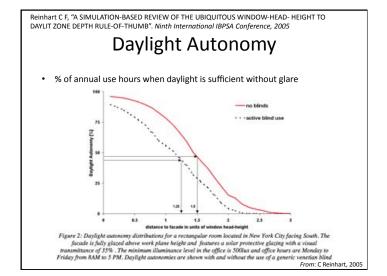
- Direct solar penetration is NOT desirable
 - Creates glare and discomfort.
 - MAY be useful for free solar heating if desired
 - High on south in winter, W/E in summer
- Design for diffuse light
 - Almost the same on all four orientations
 - Bright sky is about 10 000 lux on horizontal

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Lighting Goals

- 300 lux on desktop (500 for special apps)
 - Often this means a Daylight Factor of 2%
- Lighting power density has dropped tremendously (3X) in last 30 yrs
- Now possible to do 0.8 W/ft² (10 W/m²)
 - Future LED offer even lower lighting
 - Smarter task and general lighting
- · Energy Benefit of daylighting is decreasing

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Daylight Design Next to head height and window area, window transmittance (T_{vis} or VT) Daylight Design From: C Reinhart, 2005

Daylight Design

• Head height, not ceiling height. Low glass is essentially useless for daylighting.

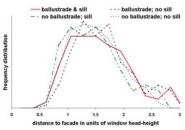


Figure 6: Frequency distributions of predicted daylit zone depths with blinds for varying facade From: C Reinhart, 2005













Enclosure Intro Summary

- Enclosure often defines the Heat/Cool load
 - Architecture defines massing, orientation, enclosure
- Enclosure more critical for skin-dominated
 - Heat flow, Solar control, air tightness
- Lighting, ventilation critical for deep plan
- Control windows to get quality daylight, combine with controls to save energy



High Performance Enclosures

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Top Ten List

Commercial and institutional mid-size buildings, Canadian climates

- Limit window-to-wall ratio (WWR) to the range of 20-40%, 50% with ultraperformance windows
- Increase window performance (lowest U-value affordable in cold climates, including frame effects)
- Increase wall/roof insulation (esp. by controlling thermal bridging) and airtighten
- Separate ventilation air supply from heating and cooling.
- · Use occupancy and daylighting controls for lights and equipment
- Reduce equipment/plug & lighting power densities
- Don't over ventilate, use heat recovery & demand controlled ventilation
- Improve boiler and chiller efficiency & recover waste heat (eg IT rooms!)
- Use variable speed controls for all large pumps and fans and implement low temperature hydronic heating and cooling where appropriate.
- Use a simple and compact building form, oriented to the sun, with a depth that allows daylight harvesting.

Enclosures in Context

- Enclosures reduce space heating/cooling
 and help with lighting, ventilation
- We still need energy for other things
 Lights, appliances, computers, elevators, etc
- Still need to provide some HVAC!
- Hence, good mechanicals and renewables will also be needed for net zero
- Great enclosures reduce demand & hrs of operation

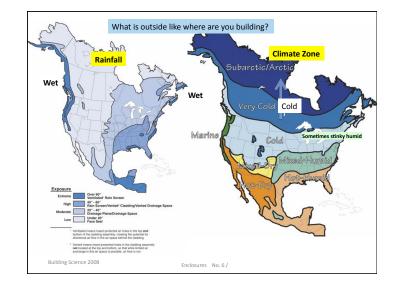
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Buildings: Why do we Build?

- To keep the wind, sun, rain, snow, heat, cold, dust, bugs, animals, and nasty people outside.
- But we let in some things
 - Nice people, pets, sunshine, daylight, clean air, clean water, supplies
- And let some things out
 - Views, polluted water and air

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The Enclosure: An Environmental Separator

- The part of the building that physically separates the interior and exterior environments.
- Includes all of the parts that make up the wall, window, roof, floor, caulked joint etc.
- Sometimes, interior partitions also are environmental separators (pools, rinks, etc.)

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Enclosures No. 7 /

Climate Load Modification

- Building & Site (overhangs, trees...)
 - Creates microclimate
- Building Enclosure (walls, windows, roof...)
 - Separates climates
 - Passive modification
- Building Environmental Systems (HVAC...)
 - Use energy to change climate
 - Active modification

Enclosure Intro Summary

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Basic Functions of the Enclosure

- 1. Support
 - Resist and transfer physical forces from inside and out
- · 2. Control
 - Control mass and energy flows
- 3. Finish
 - Interior and exterior surfaces for people

• Distribution - a building function

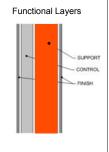
Functional Layers

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Basic Enclosure Functions

- Support
 - Resist & transfer physical forces from inside and out
 - · Lateral (wind, earthquake)
 - · Gravity (snow, dead, use)
 - · Rheological (shrink, swell)
 - Impact, wear, abrasion
- Control
 - Control mass and energy flows
- Finish

 Interior and exterior surfaces for people Building Science Enclosures No. 11 /



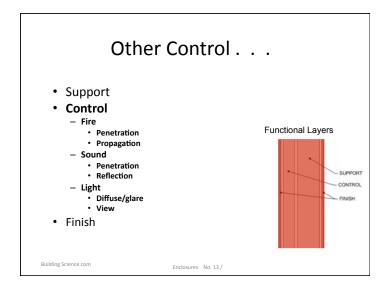
Basic Enclosure Functions Support - Resist & transfer physical forces from inside and out Control - Control mass and energy flows **Functional Layers** • Rain (and soil moisture) - Drainage plane, capillary break, etc. • Air

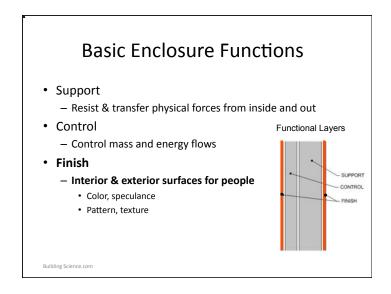
> Continuous air barrier Heat - Continuous layer of insulation

- Balance of wetting/drying
- Finish
 - Interior and exterior surfaces for people

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Enclosures No. 12 /

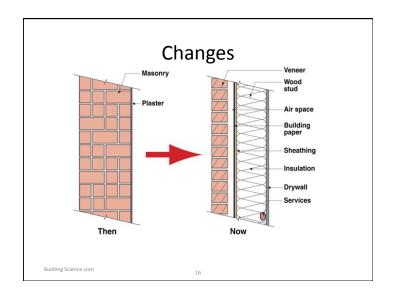


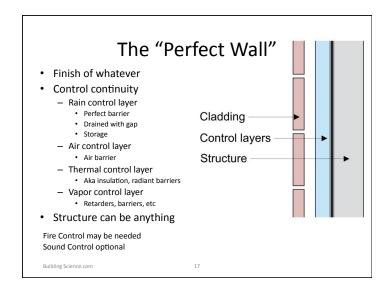


History of Control Functions

- Older Buildings
 - One layer does everything
- Newer Building
 - Separate layers,
 - ... separate functions



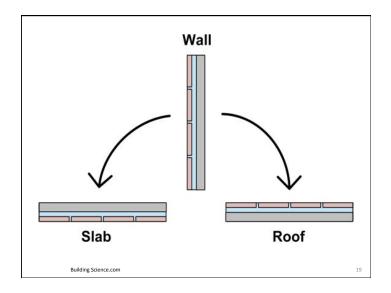


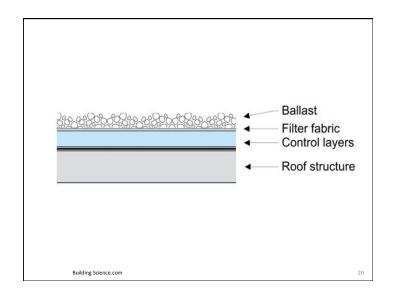


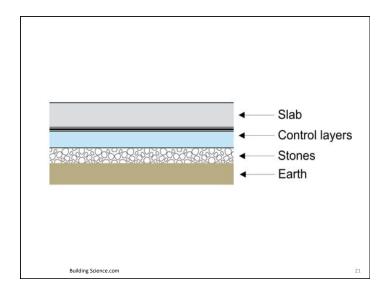
What is a high performance enclosure?

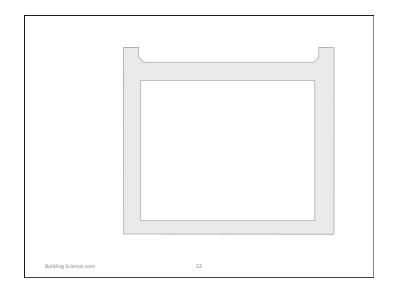
- One which provides high levels of control
- Poor continuity limits performance
- Poor continuity causes most problems too:
 - E.g. air leakage condensation
 - Rain leakage
 - Surface condensation
 - Cold windows
- This course: continuity + high levels

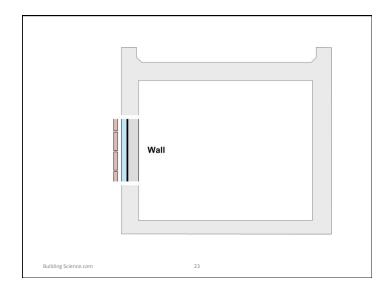
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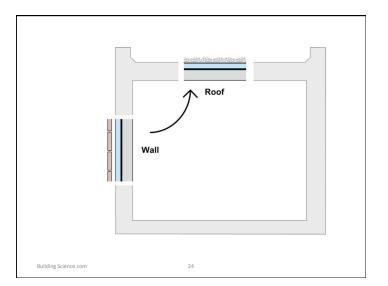


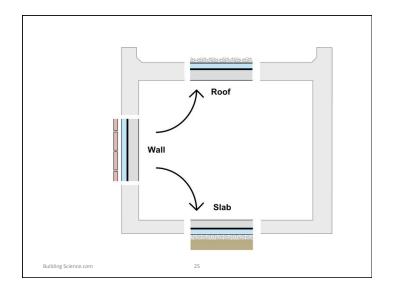


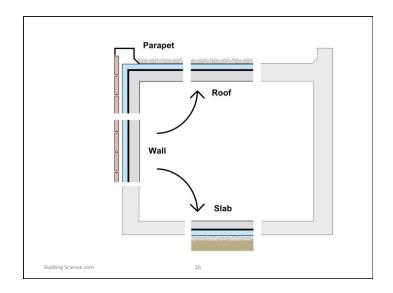


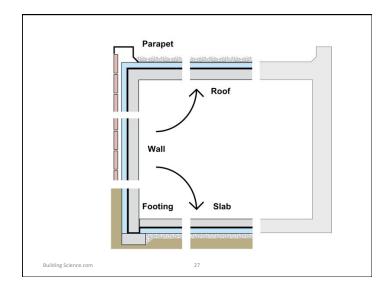


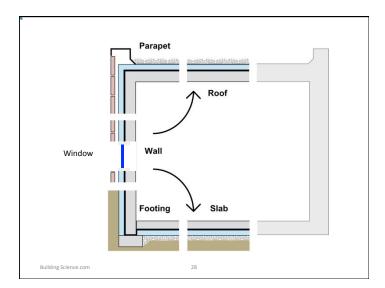


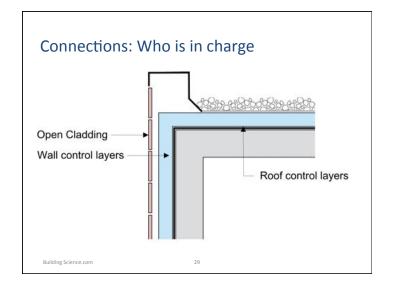


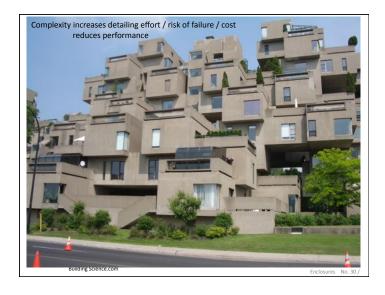


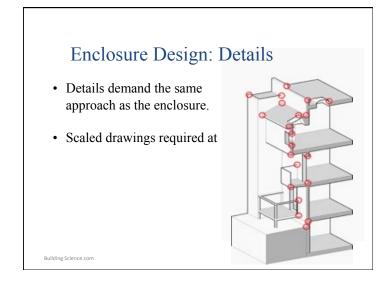


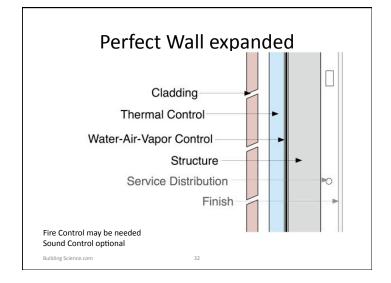


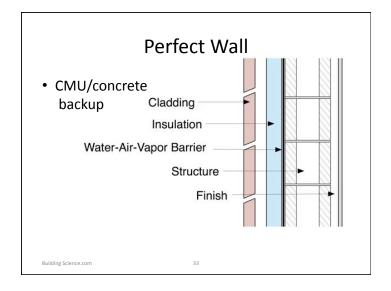


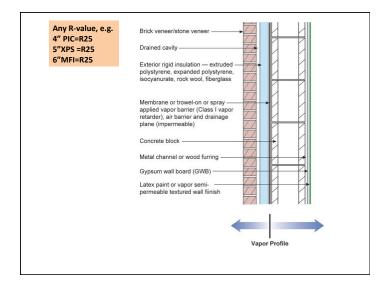


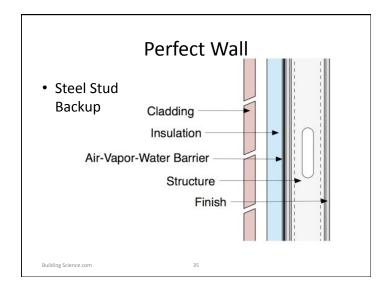


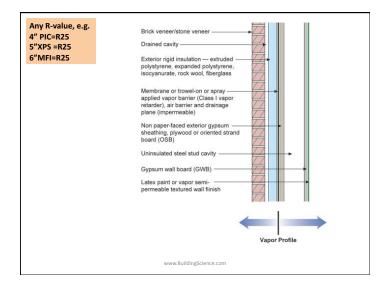


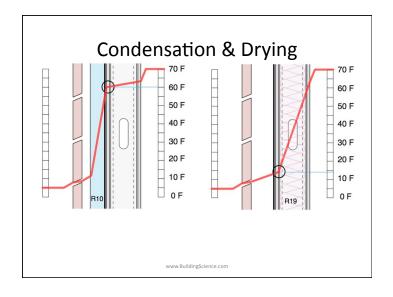


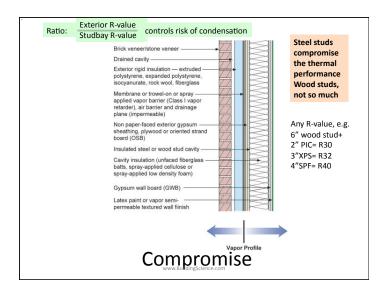


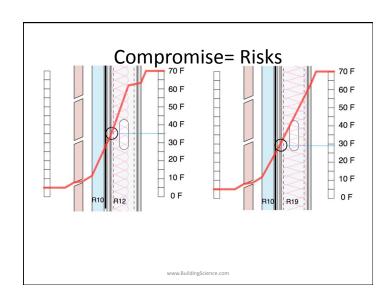


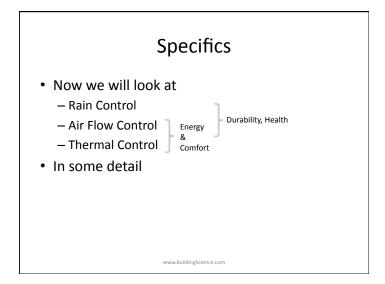










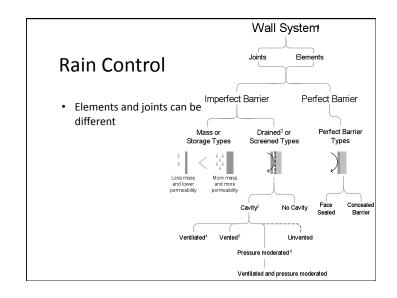


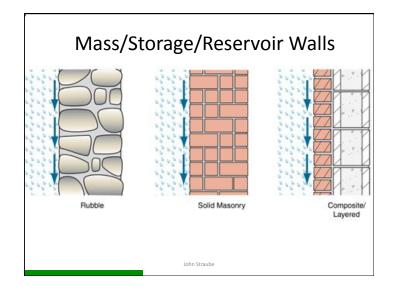


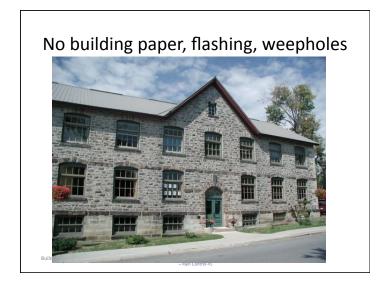
Rain Control

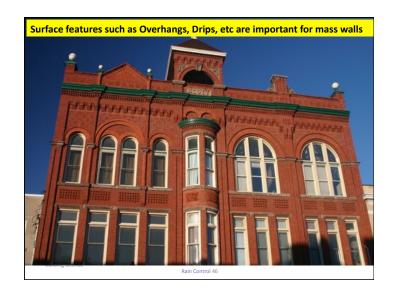
- Next to structure, the most important, fundamental requirement
- Source of many serious building problems
- Major impact on durability
- · Low-energy buildings & rain
 - Different enclosure assemblies
 - Reduced drying ability

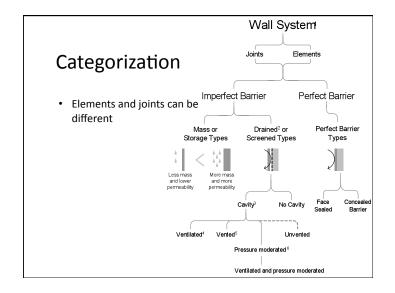
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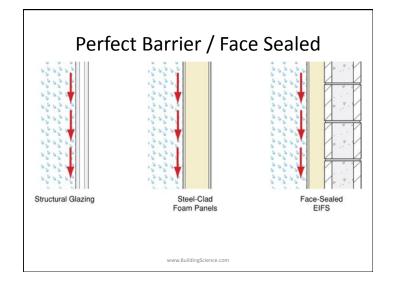




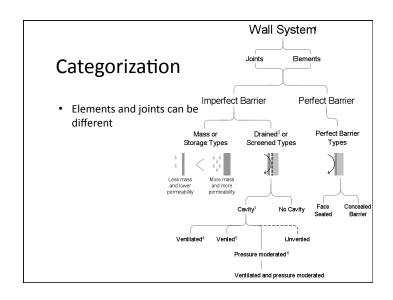


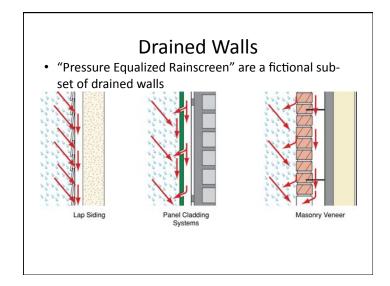


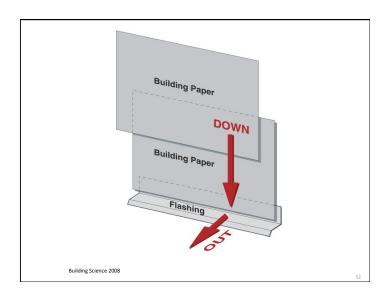


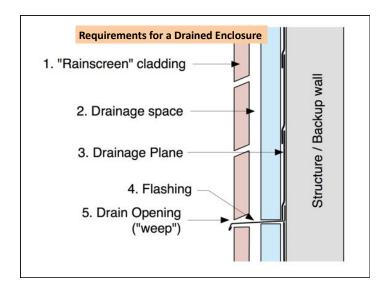














Air-Water-Vapor

- Often thin layers
- Can be
 - 1. Water control (vapor permeable, not airtight), or
 - 2. Air & water control (vapor permeable), or
 - 3. Air, water & vapor (vapor impermeable).
- Examples
 - Building paper, untaped housewrap, sealed and supported housewrap, fluid applied, peel and stick

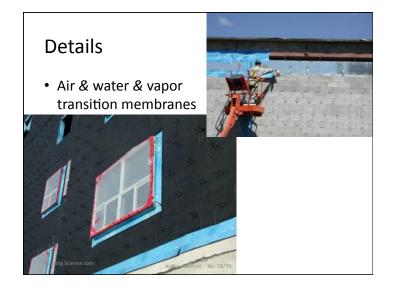
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Air-Water Control Layers

Sloped and complex surfaces demand very high performance













Continuity is key!

- Must ensure no rain leaks
- Airflow control should be as continuous as practical
- Thermal control
 - We live with penetrations
 - Minimize steel and concrete to small local
- Vapor control
 - Not that important to ensure continuity

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Air Barrier Systems

- Need an excellent air barrier in all buildings
 - Comfort & health
 - Moisture / condensation
 - Energy
 - Sound, fire, etc.
- Cant make it too tight.
- Multiple air barriers improve redundancy

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Air moves more vapor than diffusion!

Diffusion is rarely a big deal
Air leakage almost always is!
Calculations for a single stud bay, 8 ft tall, 16" wide

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Vapor diffusion only
 Class III vapor control

Air leakage only
 Class I vapor control

T = 70°F / 21°C

1 in² opening 10 Pa pressur

- Air leakage
- Hard to save energy with the door open
- Buildings getting tighter, but . . .
 - Many still leak way too much
 - We can't identify the leakers
 - Need to test! Commission!
- Ventilation: Many try to improve air quality by increasing quantity

67/175

- Target good air when and where needed

11/20/10

- Air Barriers and Energy
- Requirements

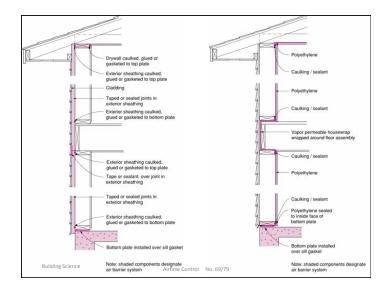
· Vapor diffusion only

T = 0°F / -18°C

- Continuous (most important)
- Strong
- Stiff,
- Durable,
- Air Impermeable (least important)
- Easily 1/3 of total heat loss is due to air leakage in well-insulated building

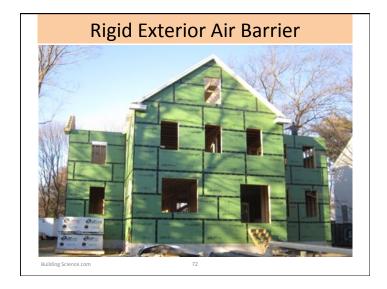
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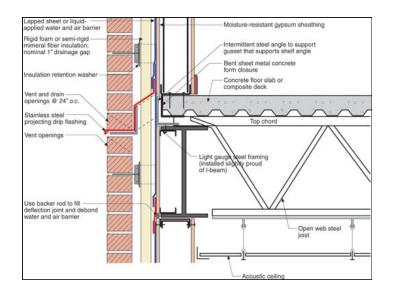
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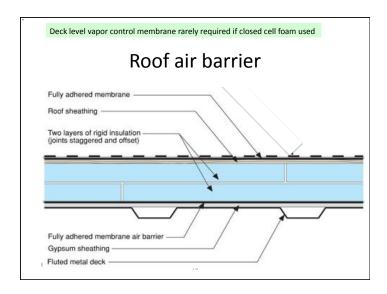


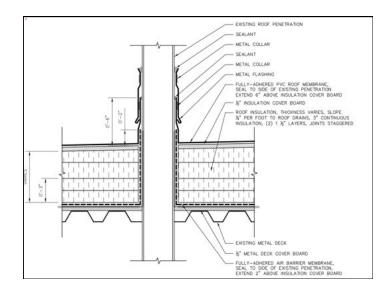


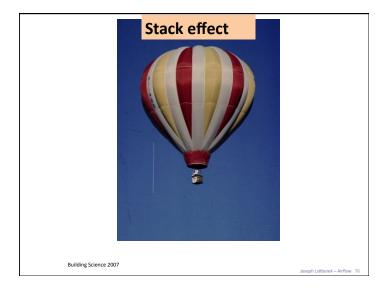


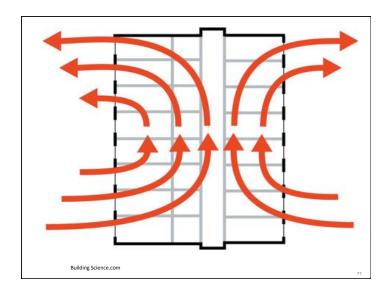


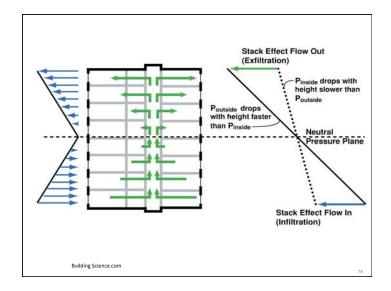


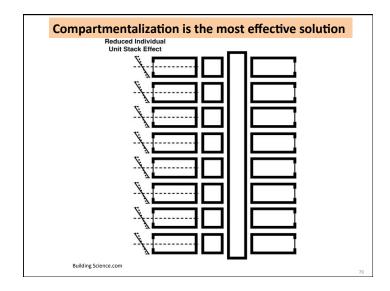


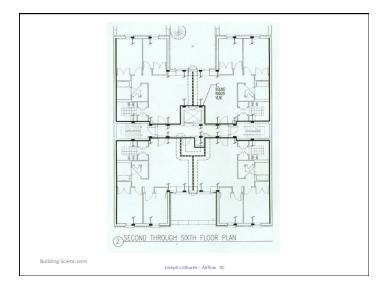




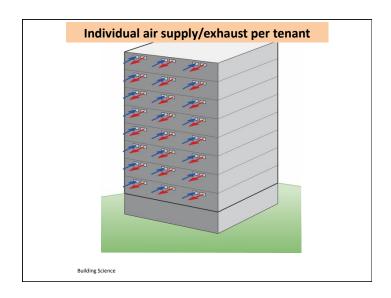
















Thermal Control

- Insulation
 - Slows heat flow in and out
- Windows
 - Slow heat flow in and out
 - Control solar gain : allow or reject?
- "cool" roofs
 - Reduce solar gain
- Radiant barriers

Conduction Radiation

Thermal Insulation

Insulation	R-value/inch	k (W/mK)
Empty airspace 0.75"-1.5" (20-40 mm)	R2.0 - 2.75	0.36 -0.50 W/m ² K
Empty airspace 3.5"-5.5" (90-140 mm)	R2.75	0.50 W/m ² K
Batt (mineral fiber)	3.5-3.8	0.034 - 0.042
Extruded polystyrene (XPS)	5.0	0.029
Polyisocyanurate (PIC)	6.0-6.5	0.022 - 0.024
Expanded polystyrene (EPS)	3.6-4.2	0.034 - 0.040
Semi-rigid mineral fiber (MFI)	3.6-4.2	0.034 - 0.040
Spray fiberglass	3.7-4.0	0.034 - 0.038
Closed-cell spray foam (2 pcf) ccSPF	5.8-6.6	0.022 - 0.025
Open-cell spray foam (0.5 pcf) ocSPF	3.6	0.040
Aerogel	8-12	0.012-0.018
Vacuum Insulated Panels (VIP)	20-35	0.004-0.008

How much Insulation

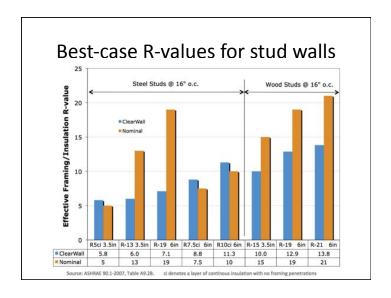
- Heat Flow = $\frac{\text{Area * (T}_{\text{inside}} \text{T}_{\text{outside}})}{\text{R-value}}$
- Double R-value, halve heat flow. Always.
- Optimum depends on
 - · Cost of energy over life of building
 - Cost of adding more insulation
 - Savings in mechanical equipment, controls

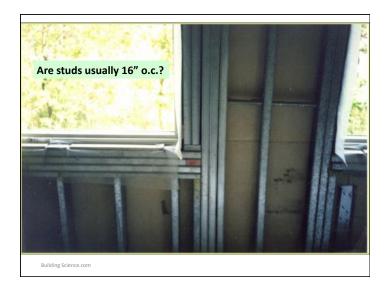
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Thermal Continuity

- Some short circuiting is normally tolerated.
- High-performance walls tolerate few
- Major offenders / weak spots
 - Penetrating slabs (<R1)</p>
 - Steel studs (<R1)
 - Windows (R2-R3)
- Area and low R matter to overall significance

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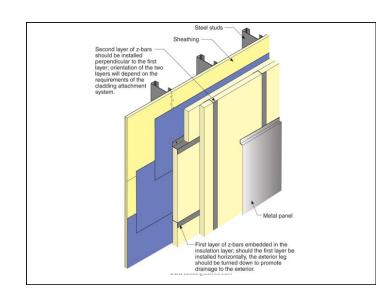


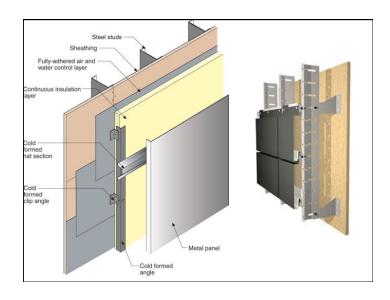


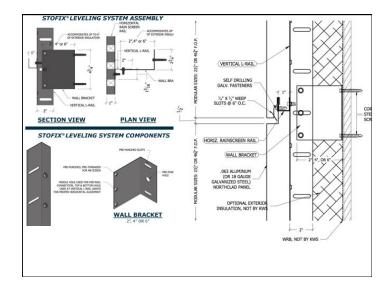
Thermal Bridge Examples

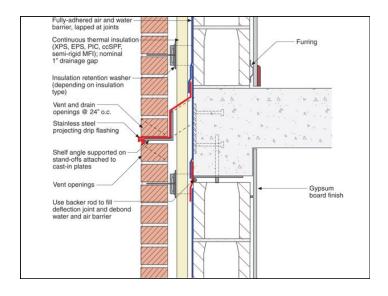
- Balconies, etc
- Exposed slab edges











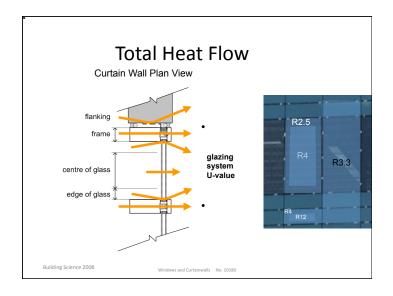




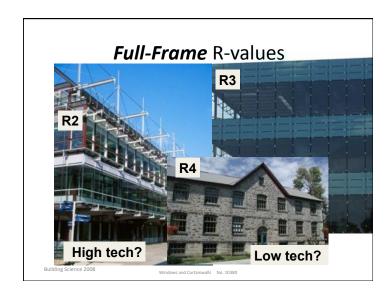
Windows

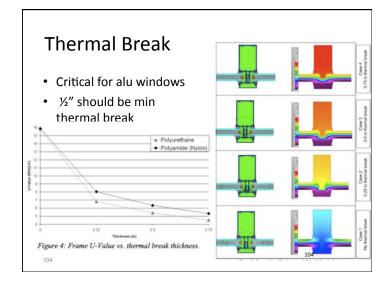
- Our most expensive thermal bridges
- Aluminum is 4-5 times as conductive as aluminum
- Difficult to buy commercial aluminum windows / curtainwall over R3.
- Allow solar heat in
 - Useful in cold weather
 - Requires cooling in summer

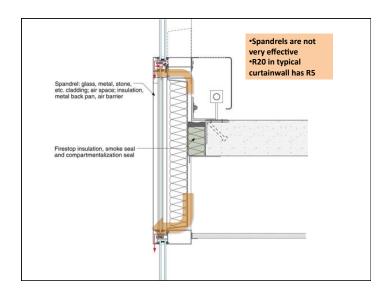
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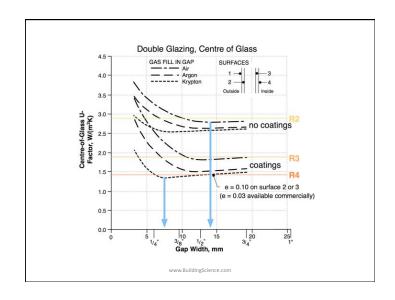


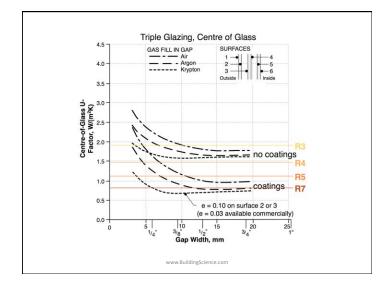


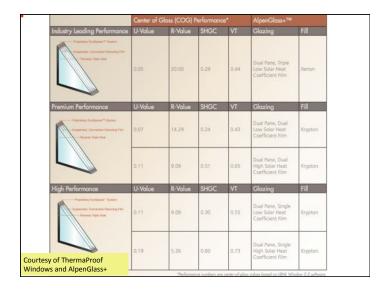














Solar Gain

- Measured by SHGC
- Solar gain useful during cold sunny weather
- But least heating is needed during daytime for commercial buildings
- Overheating discomfort is a real risk
- Must size glass Area x SHGC carefully
 - High values = air conditioning and discomfort

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Interior or Exterior Shade

- Operable Solar Control of windows may be necessary for ultra-low energy buildings
- Exterior Shades always beat low SHGC glazing
 - But the cost capital and maintenance
- Interior shades don't work well with good windows

