University of Waterloo

High Performance Enclosures

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Building Science Corporation

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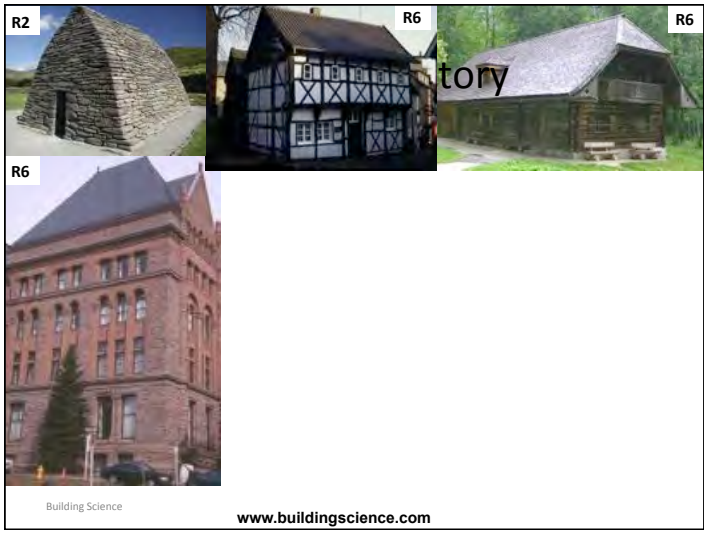
Insulation - History

tory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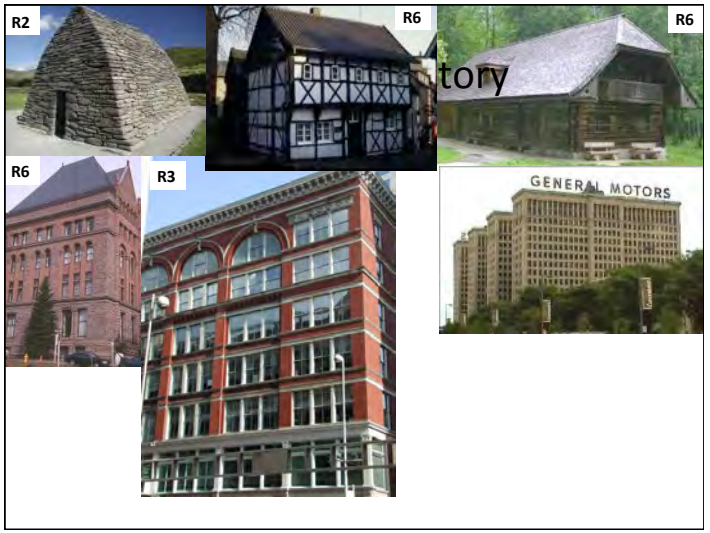
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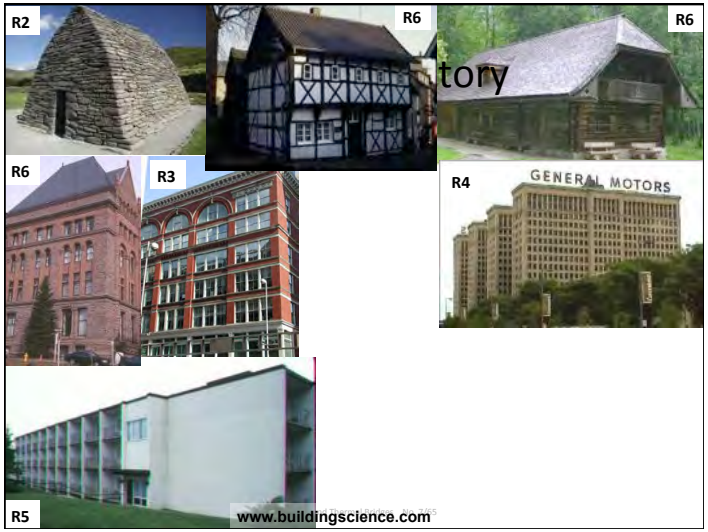
GENERAL MOTORS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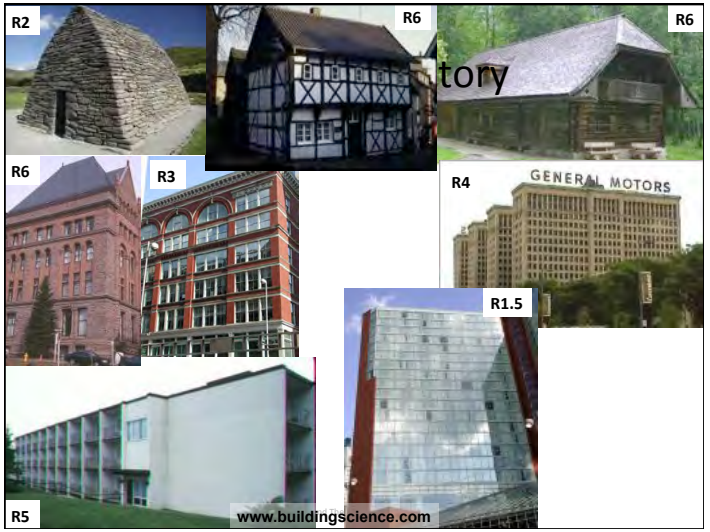
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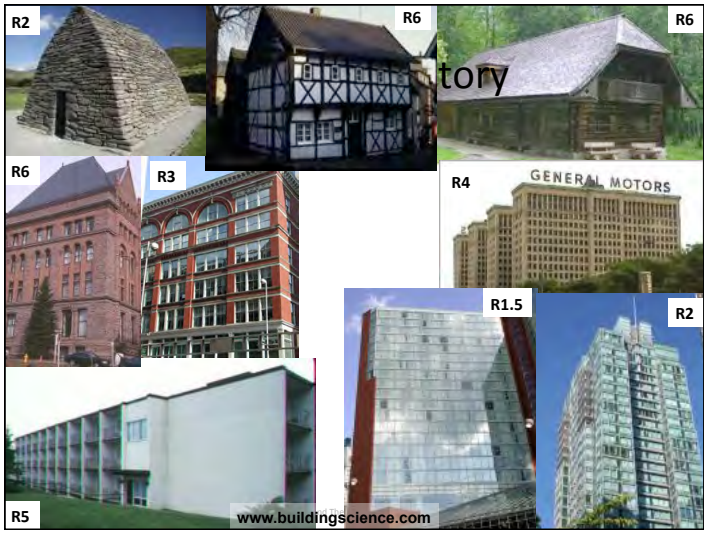

Insulation

- Thermal bridges of concrete and steel dramatically reduce performance
  - 6" steel stud, R20 batt = R5!
  - 6" wood stud, R1 batt = R14
- Windows have R-values of around 2-3. Huge heat loss
- ASHRAE 90.1-2010: U0.084 = R11.9 for CZ3
- Airtightness becomes very important as enclosure insulation is increased

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Airtighten

- Must increase airtightness
  - Improve air quality: where is it coming from?
  - Demand-controlled ventilation
  - Typical buildings leak energy
- Codes and standard are beginning to demand it
- Can only really know tightness by testing
  - Must begin to test large buildings

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Solar Control

- Can make little use of solar heat gain in enclosure-dominated large buildings in marine climates (insulate to keep heat in)
- Significant glass (WWR>30%) requires shade in marine climate buildings, esp. offices
- Glass area selection should be dominated by views and daylight, not solar heat gain

12/175 12-06-18

Durabilty

- Enclosures that control energy flow have reduce drying + increased wetting
- Must improve
  - rain control
  - Condensation control
  - Drying of construction moisture

The Enclosure: An Environmental Separator

- The part of the building that physically ***separates*** the ***interior*** and ***exterior*** environments.
- Includes all of the parts that make up the wall, window, roof, floor, caulked joint etc.
- Sometimes, interior partitions also are environmental separators (pools, rinks, etc.)

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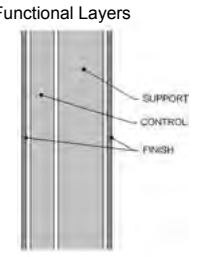
Climate Load Modification

- Building & Site (overhangs, trees…)
  - Creates microclimate
- Building Enclosure (walls, windows, roof…)
  - Separates climates
  - Passive modification
- Building Environmental Systems (HVAC…)
  - Use energy to change climate
  - Active modification

Basic Functions of the Enclosure

- 1. Support
  - Resist and transfer physical forces from inside and out
- 2. Control
  - Control mass and energy flows
- 3. Finish
  - Interior and exterior surfaces for people
- Distribution – a building function



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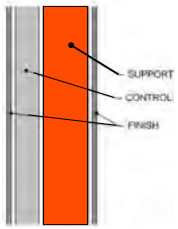
Basic Enclosure Functions

- **Support**
  - **Resist & transfer physical forces from inside and out**
    - Lateral (wind, earthquake)
    - Gravity (snow, dead, use)
    - Rheological (shrink, swell)
    - Impact, wear, abrasion
- Control
  - Control mass and energy flows
- Finish
  - Interior and exterior surfaces for people

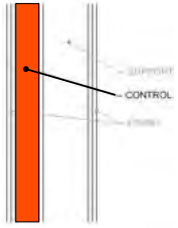
Functional Layers



Basic Enclosure Functions

- Support
  - Resist & transfer physical forces from inside and out
- **Control**
  - **Control mass and energy flows**
    - **Rain** (and soil moisture)
      - Drainage plane, capillary break, etc.
    - **Air**
      - Continuous air barrier
    - **Heat**
      - Continuous layer of insulation
    - **Vapor**
      - Balance of wetting/drying
- Finish
  - Interior and exterior surfaces for people

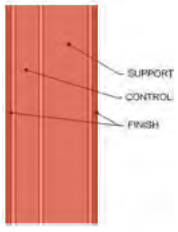
Functional Layers



Other Control . . .

- Support
- **Control**
  - **Fire**
    - **Penetration**
    - **Propagation**
  - **Sound**
    - **Penetration**
    - **Reflection**
  - **Light**
    - **Diffuse/glare**
    - **View**
- Finish

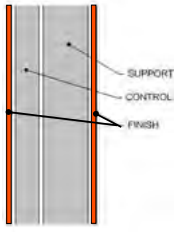
Functional Layers



Basic Enclosure Functions

- Support
  - Resist & transfer physical forces from inside and out
- Control
  - Control mass and energy flows
- **Finish**
  - **Interior & exterior surfaces for people**
    - Color, speculance
    - Pattern, texture

Functional Layers



History of Control Functions

- Older Buildings
  - One layer does everything
- Newer Building
  - Separate layers,
    . . . separate functions

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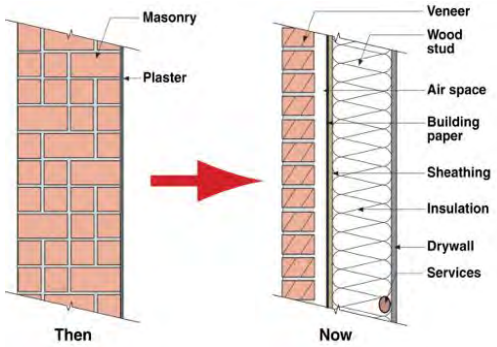
Changes



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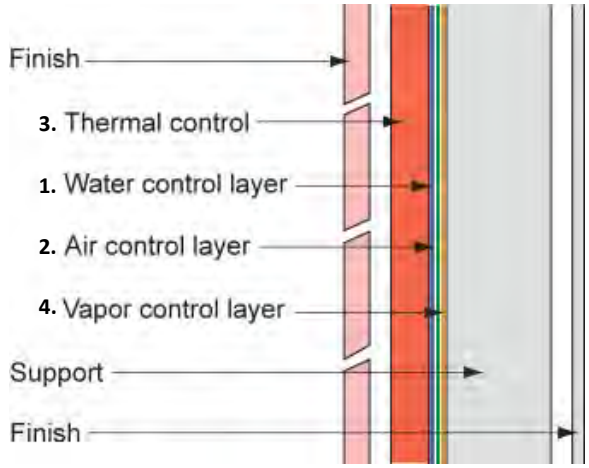

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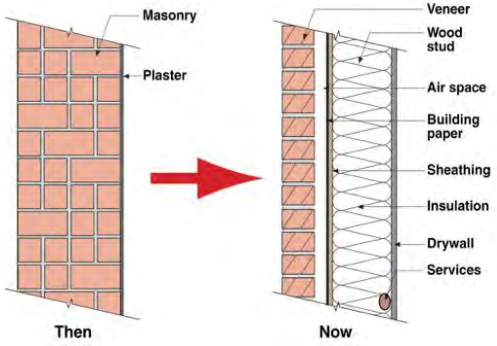
Changes



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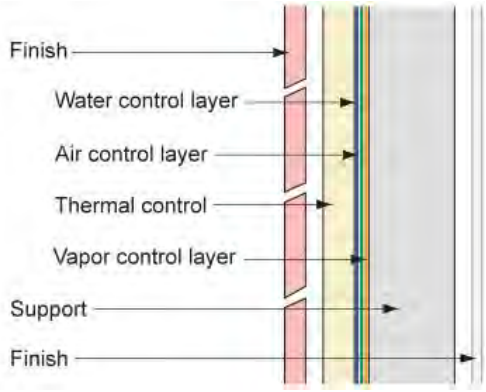
Enclosure Control Layers



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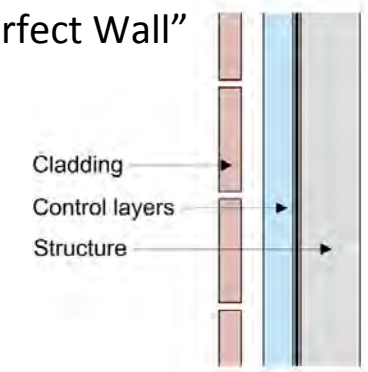
The "Perfect Wall"

- Finish of whatever
- Control continuity
  - 1. Rain control layer
    - Perfect barrier
    - Drained with gap
    - Storage
  - 2. Air control layer
    - Air barrier
  - 3. Thermal control layer
    - Aka insulation, radiant barriers
  - 4. Vapor control layer
    - Retarders, barriers, etc
- Structure can be anything

Fire Control may be needed
Sound Control optional



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What is a high performance enclosure?

- One which provides high levels of control
- Poor continuity limits performance
- Poor continuity causes most problems too:
  - E.g. air leakage condensation
  - Rain leakage
  - Surface condensation
  - Cold windows
- This seminar: continuity + high levels

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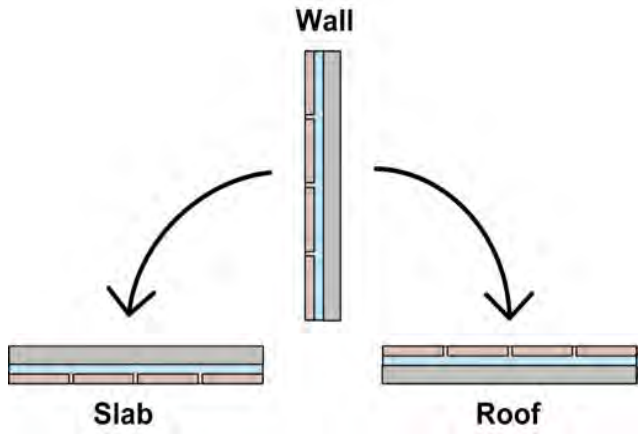

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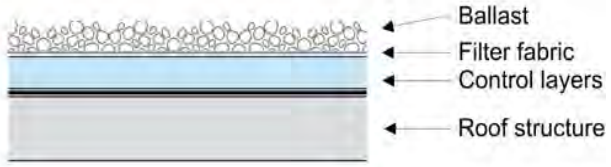

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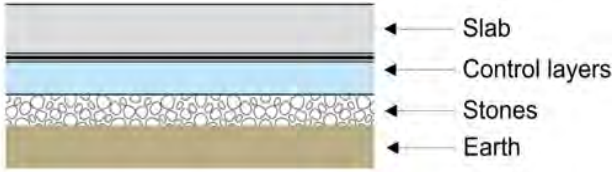

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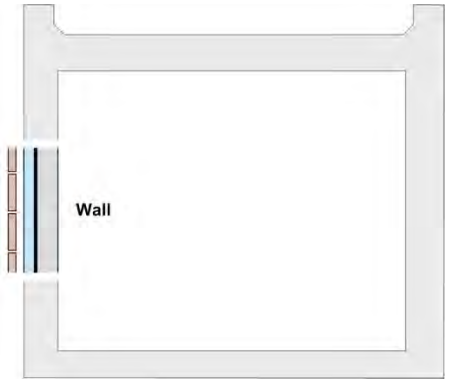

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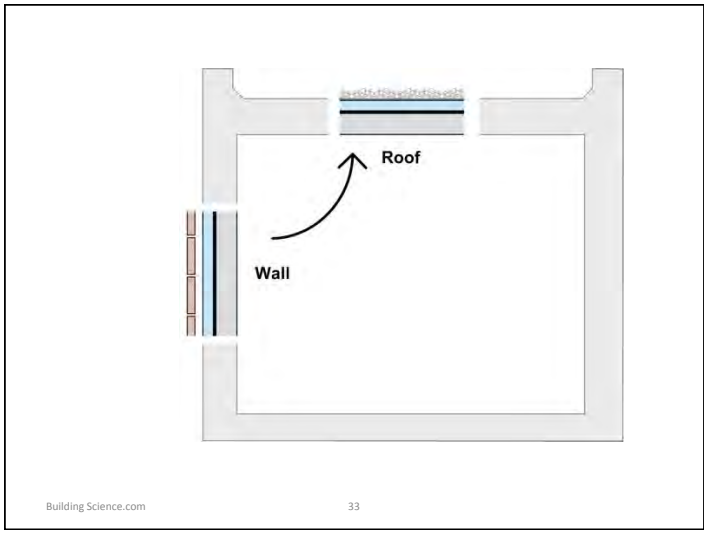
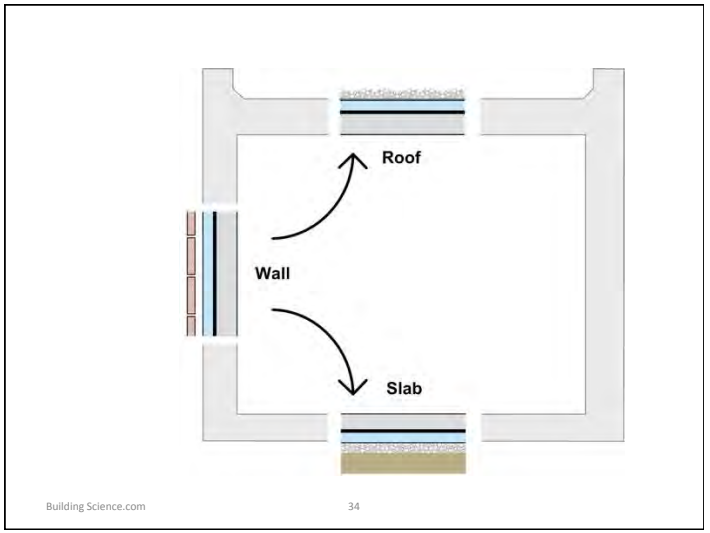
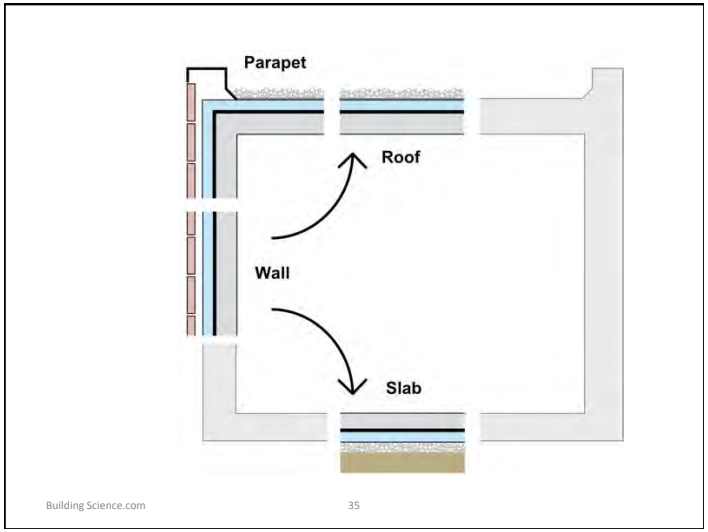
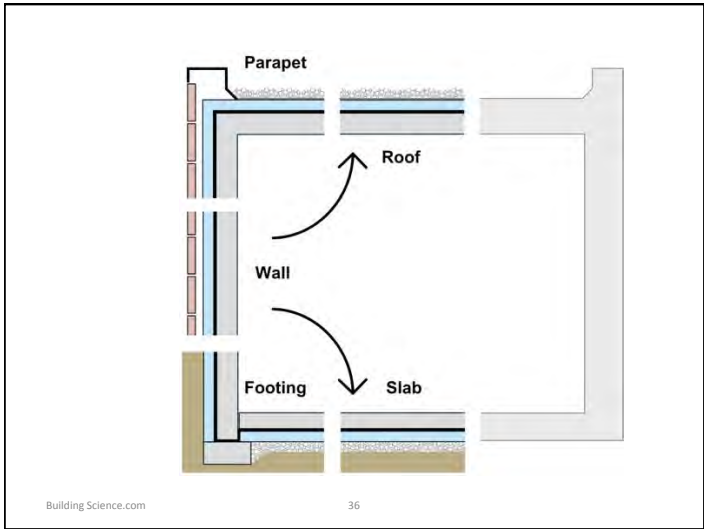

Roof
Wall
Building Science.com
33


Roof
Wall
Slab
Building Science.com
34


Parapet
Roof
Wall
Slab
Building Science.com
35


Parapet
Roof
Wall
Footing
Slab
Building Science.com
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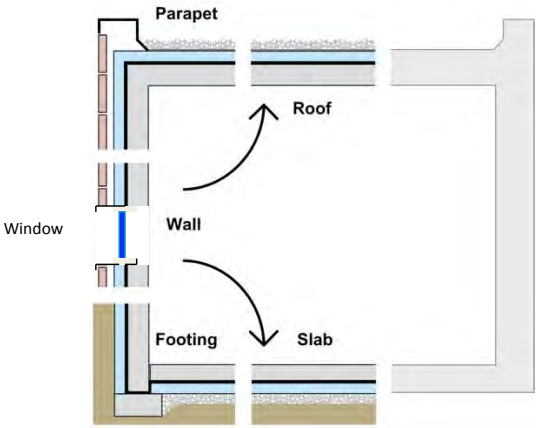

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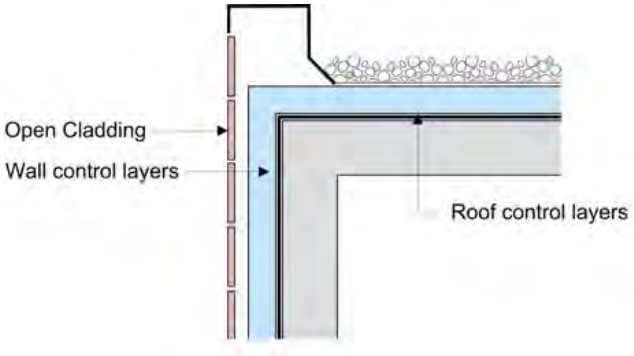
Connections: Who is in charge



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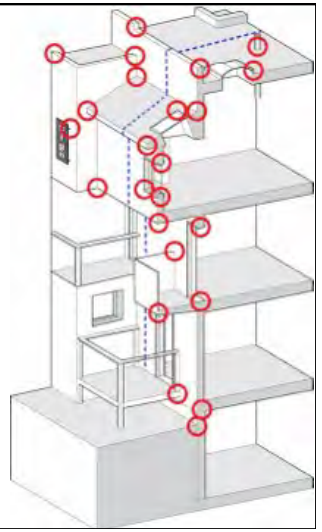
Enclosure Design: Details

- Details demand the same approach as the enclosure.
- Scaled drawings required at
  - change in plane
  - change in material
  - change in trade



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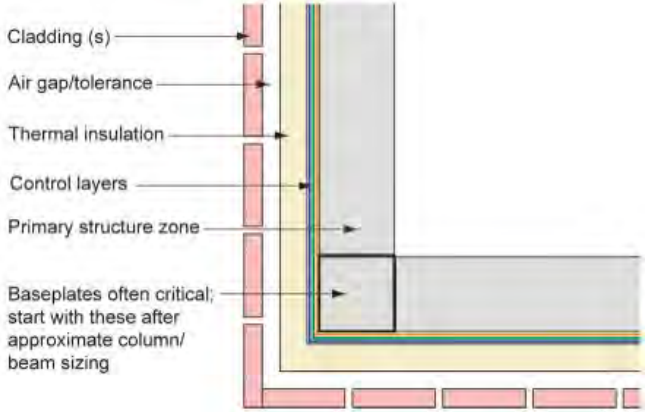
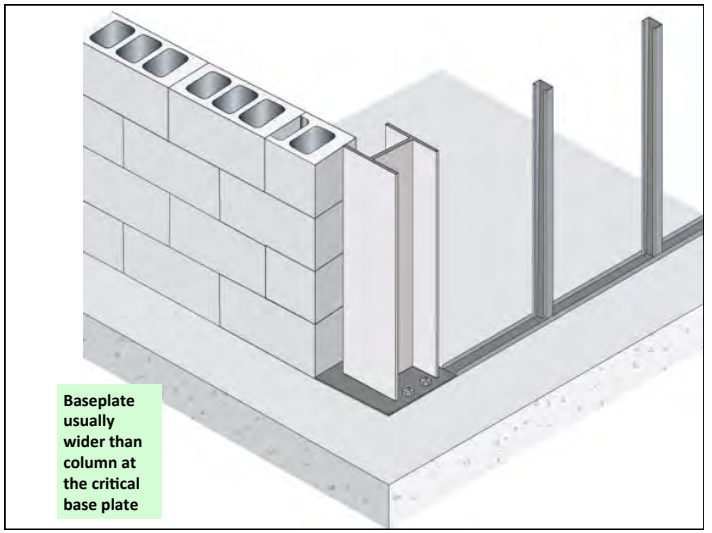
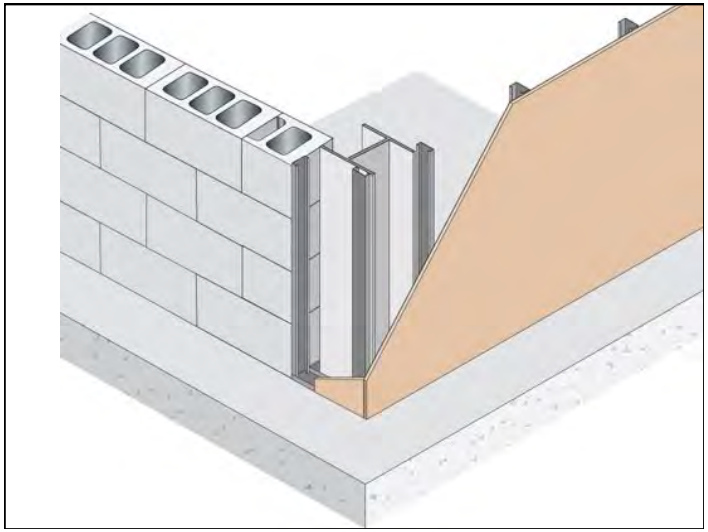
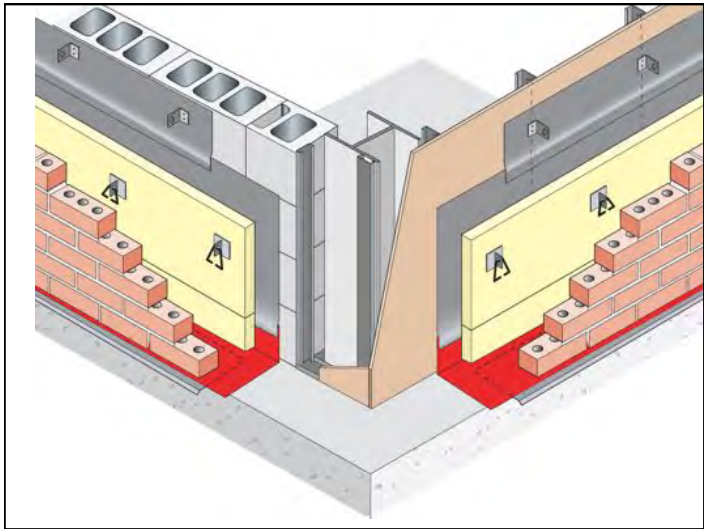
Early stage planning

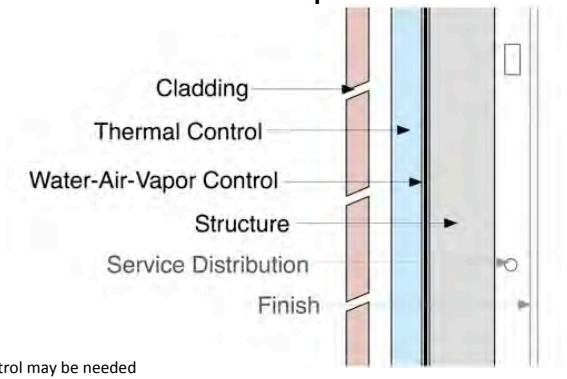








Perfect Wall expanded



Fire Control may be needed
Sound Control optional

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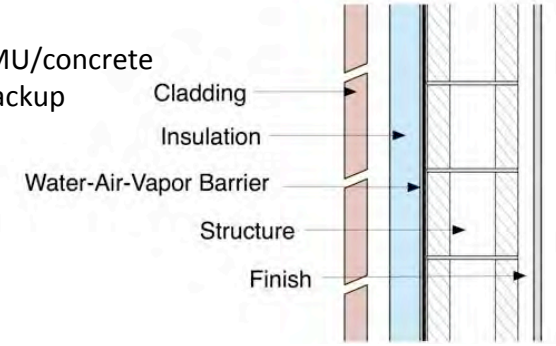
Perfect Wall

- CMU/concrete backup



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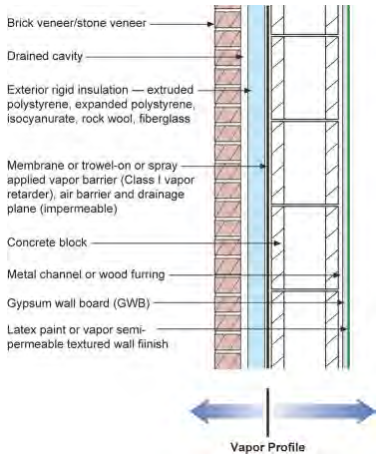
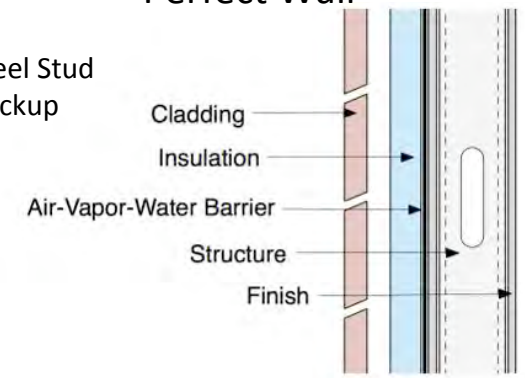
Any R-value, e.g.
2" PIC=R15
2"XPS =R18
3"MFI=R16



Perfect Wall

- Steel Stud Backup



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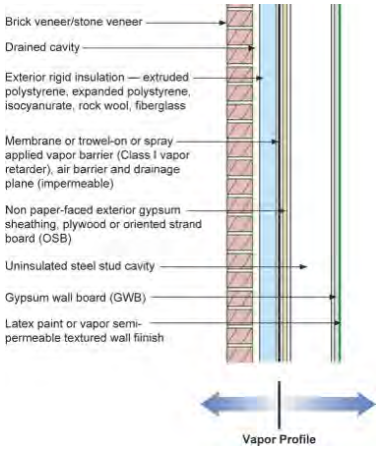
Any R-value, e.g.
2" PIC=R15
2.5"XPS =R15
3"MFI=R15



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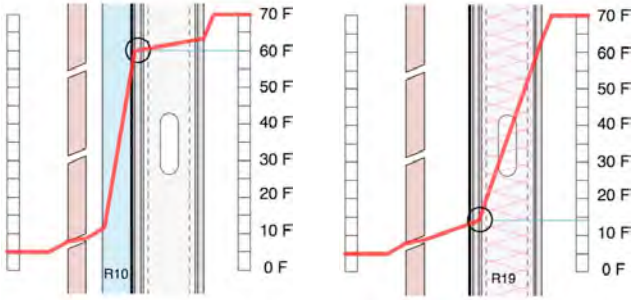
Condensation & Drying



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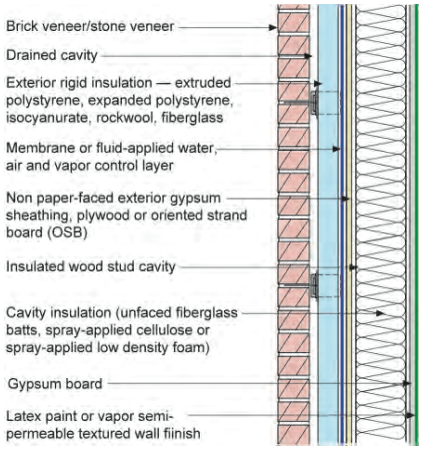
Ratio: $\frac{\text{Exterior R-value}}{\text{Studbay R-value}}$ controls risk of condensation

Compromise



Steel studs compromise the thermal performance Wood studs, not so much

Any R-value, e.g.
6" wood stud+
2" PIC= R30
3"XPS= R32
4"SPF= R40

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Specifics

- Now we will look at
  - Rain Control
  - Air Flow Control
  - Thermal Control

  } Energy & Comfort } Durability, Health
- In some detail

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Rain Control

The most unforgiving

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Rain Control

- Next to structure, the most important, fundamental requirement
- Source of many serious building problems
- Major impact on durability
- Low-energy buildings & rain
  - Different enclosure assemblies
  - Reduced drying ability

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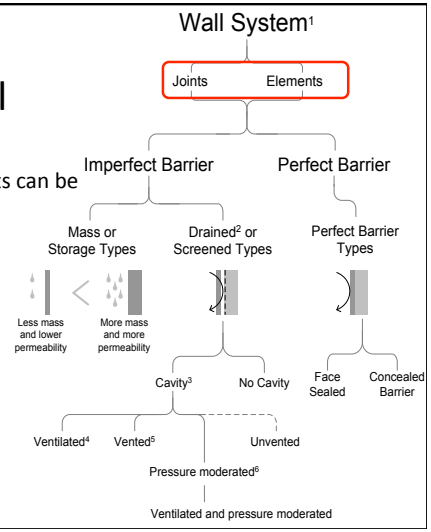
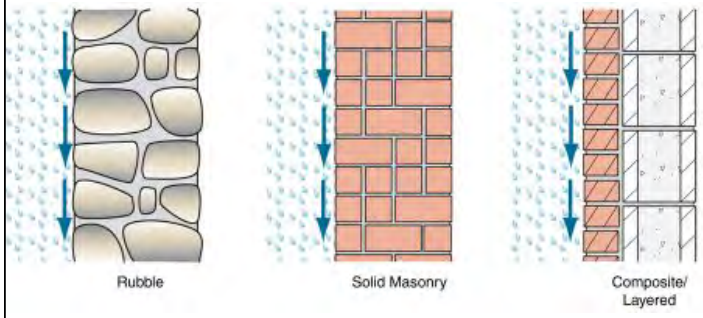
Rain Control

- Elements and joints can be different



Mass/Storage/Reservoir Walls



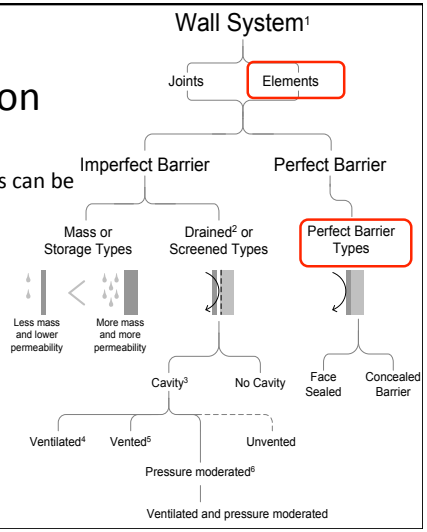
John Straube

No building paper, flashing, weepholes

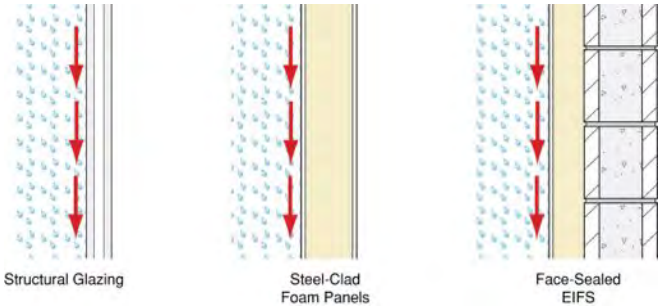
Surface features such as Overhangs, Drips, etc are important for mass walls

Categorization

- Elements and joints can be different



Perfect Barrier / Face Sealed



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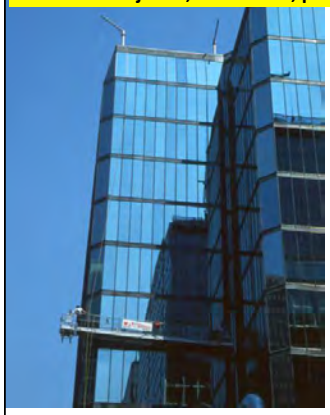
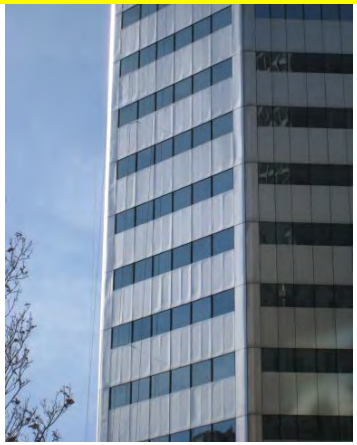
It is all about joints, transitions, penetrations





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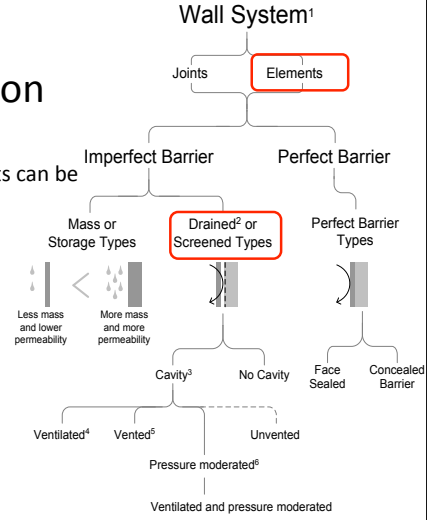
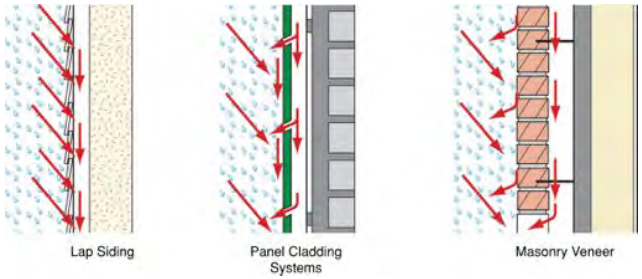
Categorization

- Elements and joints can be different

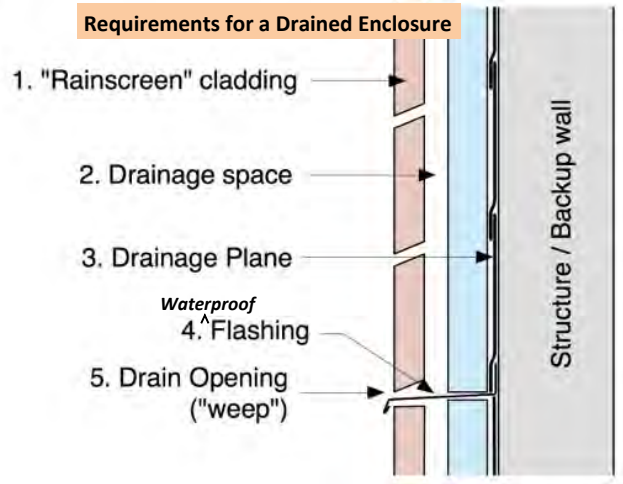


Drained Walls

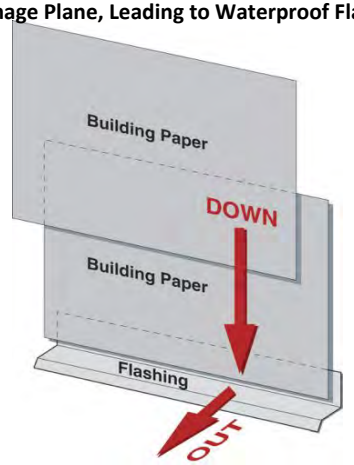
- "Pressure Equalized Rainscreen" are a fictional sub-set of drained walls



Requirements for a Drained Enclosure



Drainage Plane, Leading to Waterproof Flashing



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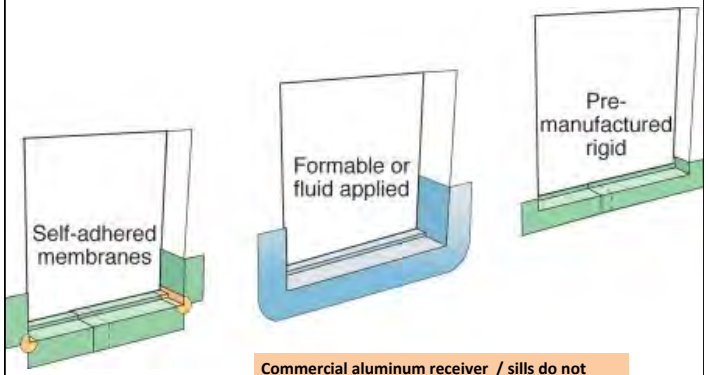
Beware vertical installation and wrinkles!

Shingle lap is the best, most reliable

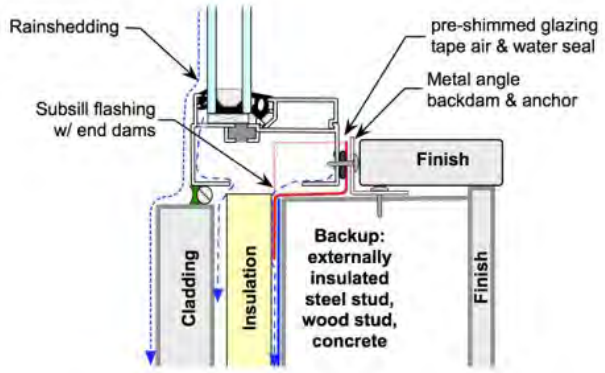
Science.com

Window flashing is fundamental



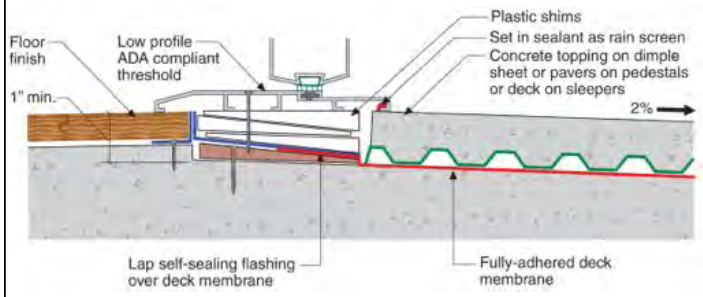
Commercial aluminum receiver / sills do not work: they don't have waterproof corners

Generic Window Installation

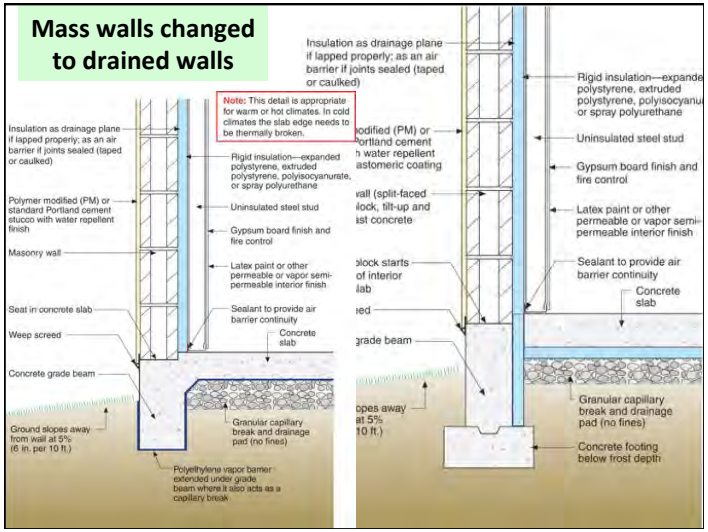


Continuous interior angle provides backdam and airseal continuity

Example: ADA walkout



Mass walls changed to drained walls



Air-Water Control Layers

Sloped and complex surfaces demand very high performance

Beware vapor barriers outside insulation

Air-Water-Vapor Membranes

- Often thin layers, membrane or fluid-applied
- *Can be*
  1. Water control (vapor permeable, not airtight), **or**
  2. Air & water control (vapor permeable), **or**
  3. Air, water & vapor (vapor impermeable).
- Examples
  – Building paper, untaped housewrap, sealed and supported housewrap, fluid applied, peel and stick

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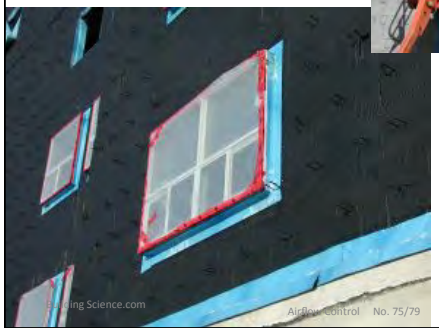
Details

- Air & water & vapor transition membranes



Mixed membrane + liquid

Often use membranes for transitions

Continuity is key!

- Must ensure no rain leaks
- Airflow control should be as continuous as practical
- Thermal control
  - We live with penetrations
  - Minimize steel and concrete to small local
- Vapor control
  - Not that important to ensure continuity

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Air Flow Control

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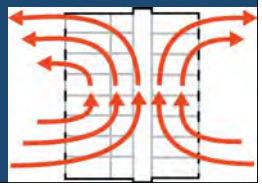

Air Barrier Systems

- Need an excellent air barrier in all buildings
  - Comfort & health
  - Moisture / condensation
  - Energy
  - Sound, fire, etc.
- Cant make it too tight.
- Multiple air barriers improve redundancy

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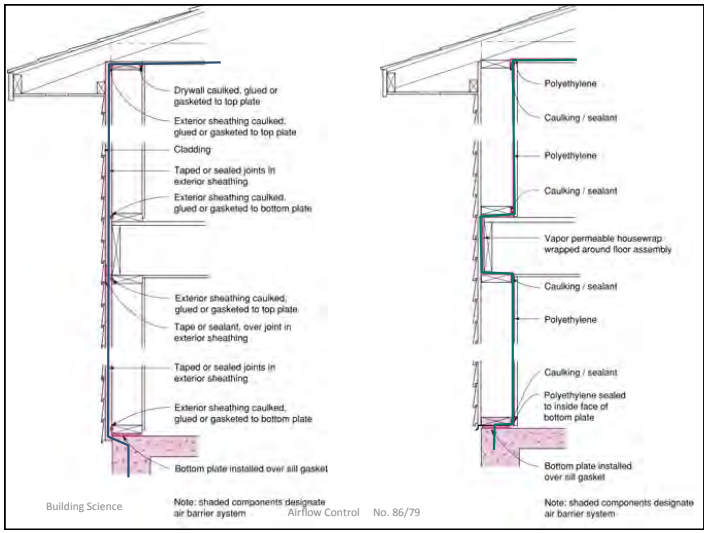
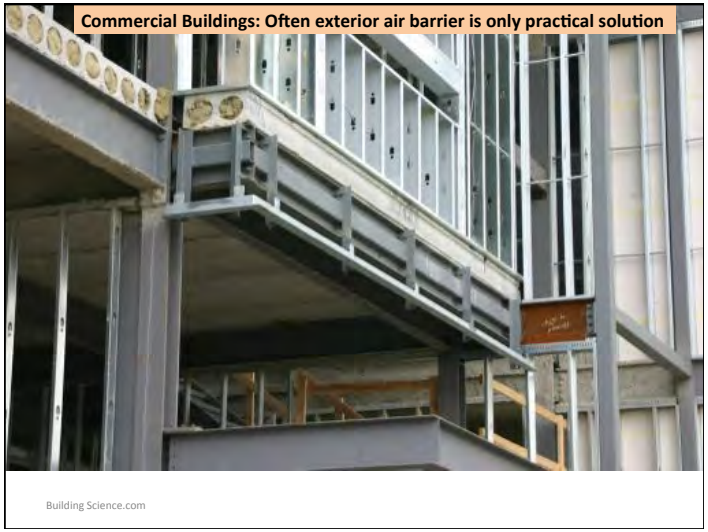
Air Barriers Requirements

- Requirements
  - **Continuous (most important)**
  - **Strong**
  - **Stiff,**
  - **Durable,**
  - **Air Impermeable (least important)**
- Easily 1/3 of total heat loss is due to air leakage in well-insulated building

85/175 12-06-18



Building Science Airflow Control No. 86/79



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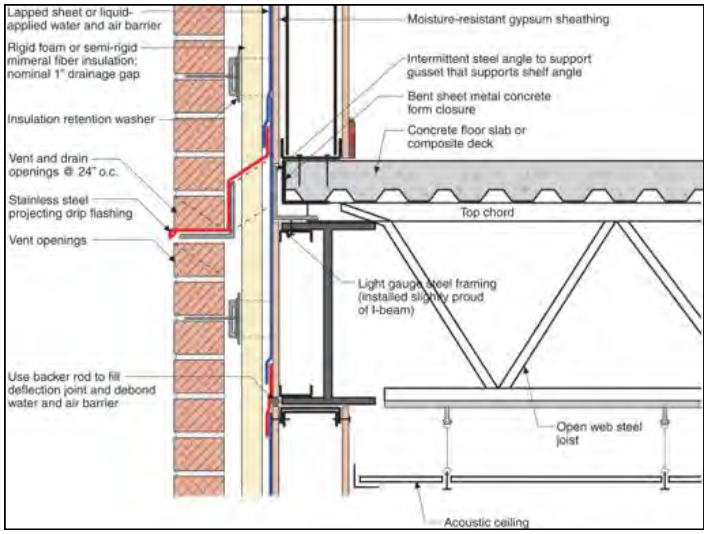
Building Science.com Airflow Control 88

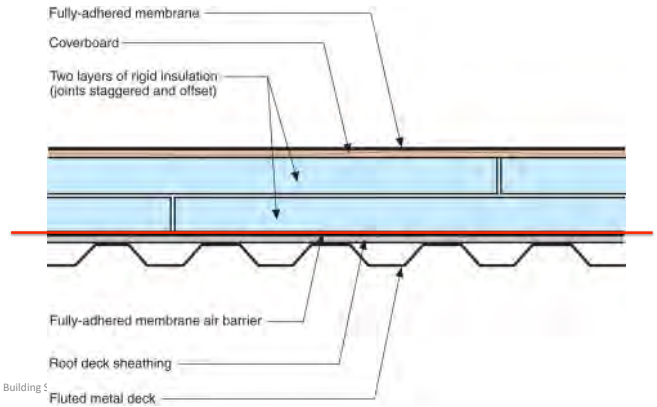
Rigid Exterior Air Barrier

Building Science.com 89

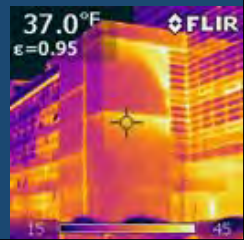


Deck level *vapor* control membrane rarely required if closed cell foam used

Roof air barrier



Thermal Control



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Thermal Continuity

- Some short circuiting is normally tolerated.
- High-performance walls tolerate few
- Major offenders / weak spots
  - Penetrating slabs (<R1)
  - Steel studs (<R1)
  - Windows (R2-R3)
- Area and low R matter to overall significance

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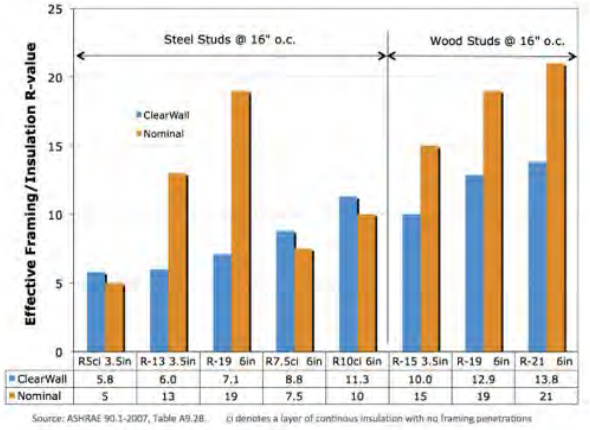
Best-case R-values for stud walls

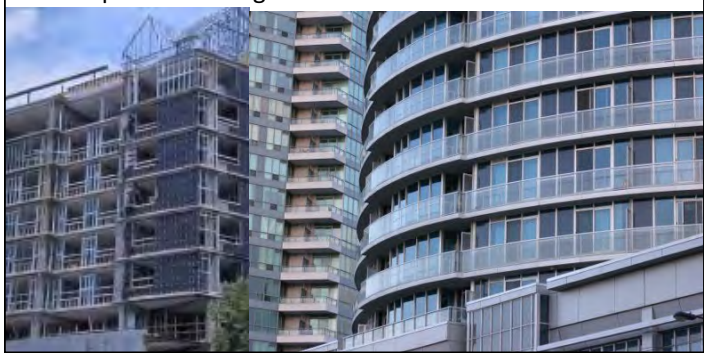


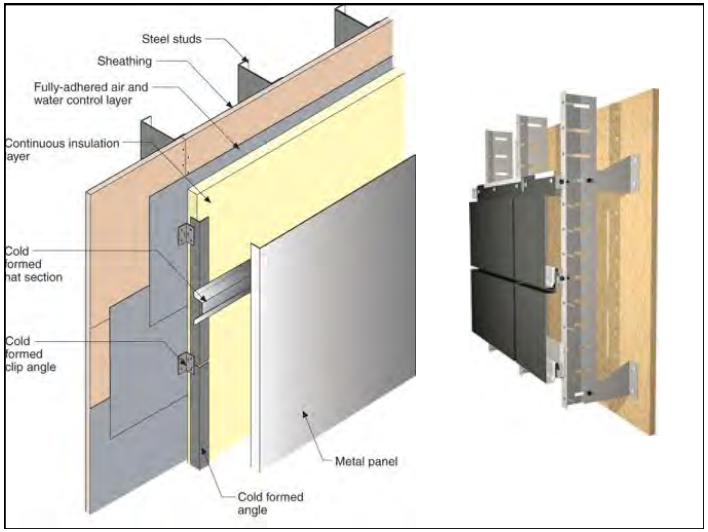
	R5ci 3.5in	R-13 3.5in	R-19 6in	R7.5ci 6in	R10ci 6in	R-15 3.5in	R-19 6in	R-21 6in
ClearWall	5.8	6.0	7.1	8.8	11.3	10.0	12.9	13.8
Nominal	5	13	19	7.5	10	15	19	21

Source: ASHRAE 90.1-2007, Table A9.2B. ci denotes a layer of continous insulation with no framing penetrations

Thermal Bridge Examples

- Balconies, etc
- Exposed slab edges





Windows

- Our most expensive thermal bridges
- Aluminum is 4-5 times as conductive as steel
- Difficult to buy commercial aluminum windows / curtainwall over R3.
- Allow solar heat in
  - Useful in cold weather
  - Requires cooling in summer

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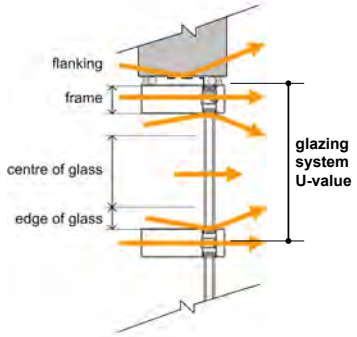
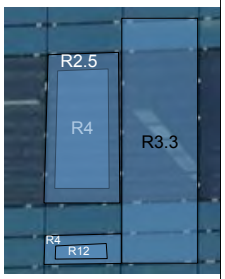
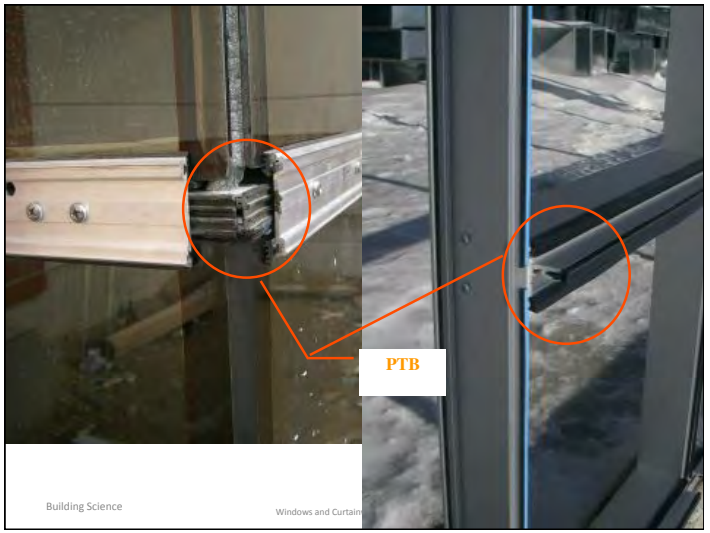
Total Heat Flow

Curtain Wall Plan View



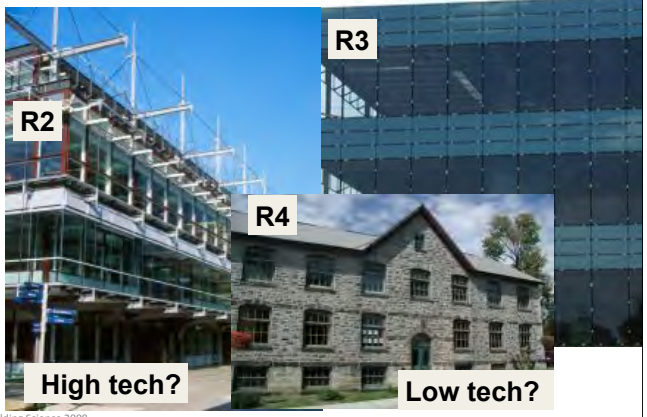


Building Science 2008 Windows and Curtainwalls No. 10180



Building Science Windows and Curtain

Full-Frame R-values



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Thermal Break

- Critical for alu windows
- ½" should be min thermal break

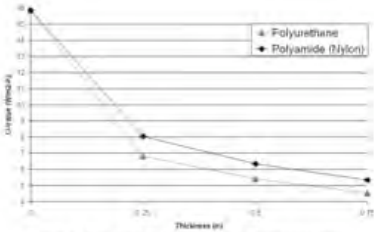
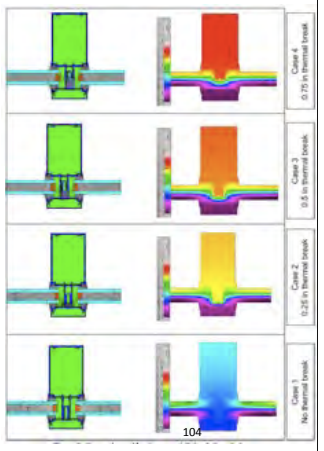
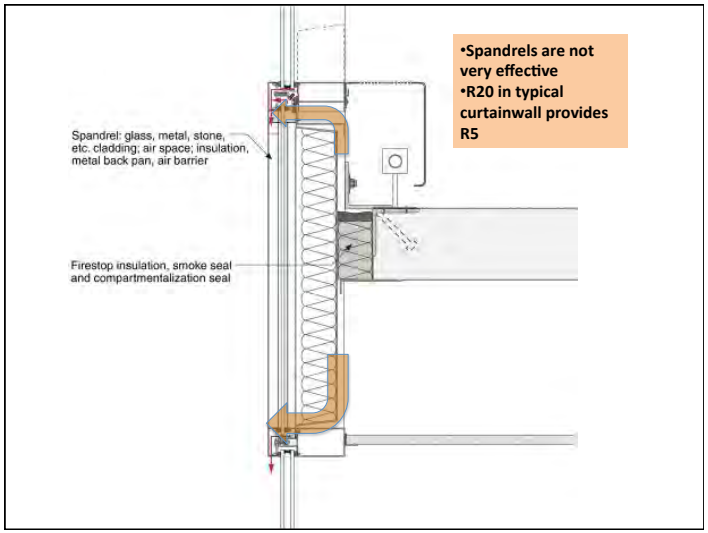
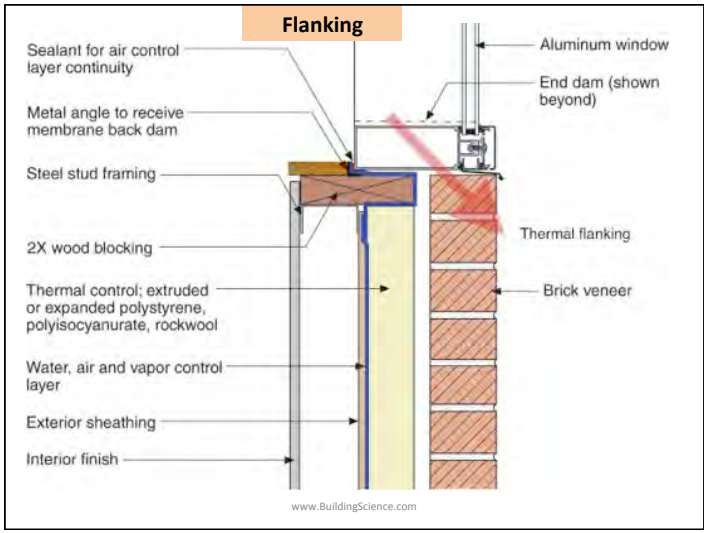


Figure 4: Frame U-Value vs. thermal break thickness.



104


•Spandrels are not very effective
•R20 in typical curtainwall provides R5
Spandrel: glass, metal, stone, etc. cladding; air space; insulation, metal back pan, air barrier
Firestop insulation, smoke seal and compartmentalization seal


Flanking
Sealant for air control layer continuity
Metal angle to receive membrane back dam
Steel stud framing
2X wood blocking
Thermal control; extruded or expanded polystyrene, polyisocyanurate, rockwool
Water, air and vapor control layer
Exterior sheathing
Interior finish
Aluminum window
End dam (shown beyond)
Thermal flanking
Brick veneer
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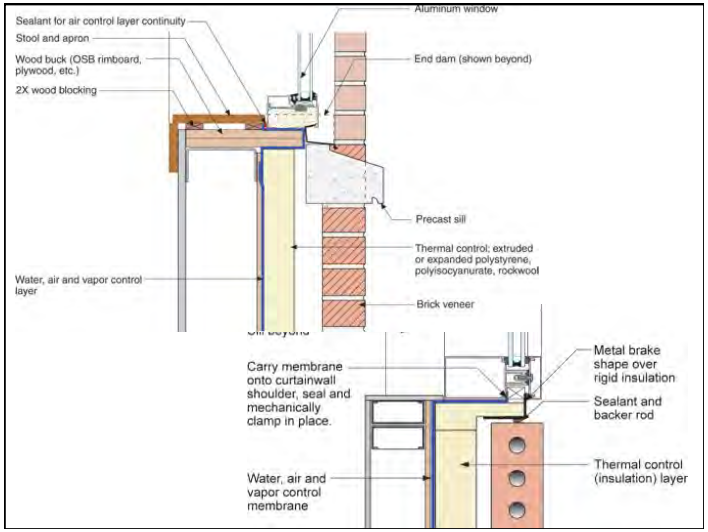
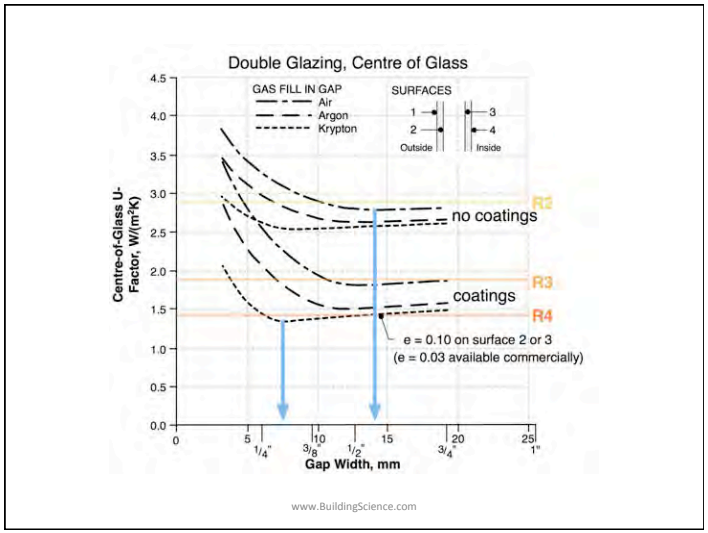
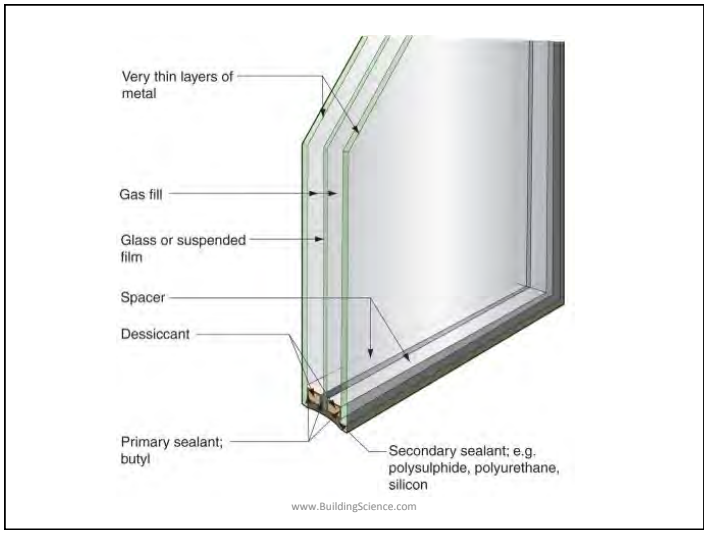
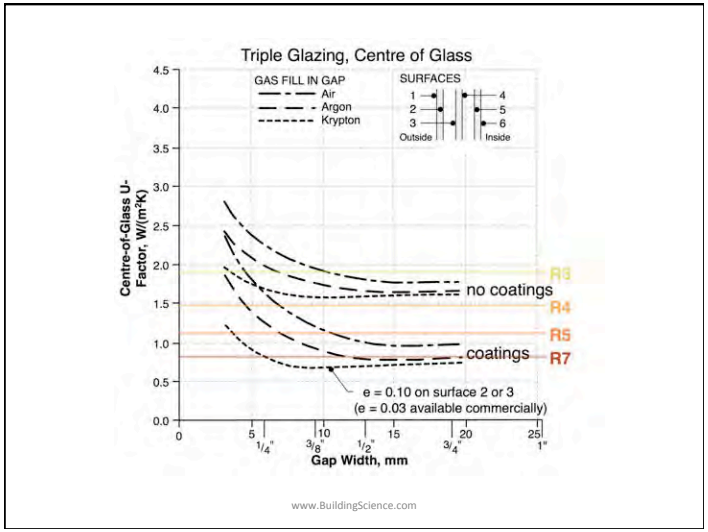

Sealant for air control layer continuity
Stool and apron
Wood buck (OSB rimboard, plywood, etc.)
2X wood blocking
Aluminum window
End dam (shown beyond)
Precast sill
Thermal control; extruded or expanded polystyrene, polyisocyanurate, rockwool
Water, air and vapor control layer
Brick veneer
Carry membrane onto curtainwall shoulder, seal and mechanically clamp in place.
Metal brake shape over rigid insulation
Sealant and backer rod
Thermal control (insulation) layer
Water, air and vapor control membrane

High Performance
Getting better . .
R10
Southwall
R7
R24
Kawneer
R6
Visionwall
Building Science 2008
Windows and Curtainwalls No. 10880


Double Glazing, Centre of Glass
GAS FILL IN GAP
Air
Argon
Krypton
SURFACES
Outside
Inside
Centre-of-Glass U-Factor, W/(m²K)
Gap Width, mm
no coatings
coatings
R2
R3
R4
e = 0.10 on surface 2 or 3
(e = 0.03 available commercially)
www.BuildingScience.com


Very thin layers of metal
Gas fill
Glass or suspended film
Spacer
Dessiccant
Primary sealant; butyl
Secondary sealant; e.g. polysulphide, polyurethane, silicon
www.BuildingScience.com


Triple Glazing, Centre of Glass
GAS FILL IN GAP
Air
Argon
Krypton
SURFACES
Outside
Inside
Centre-of-Glass U-Factor, W/(m²K)
Gap Width, mm
no coatings
coatings
R3
R4
R5
R7
e = 0.10 on surface 2 or 3
(e = 0.03 available commercially)
www.BuildingScience.com

Center of Glass (COG) Performance*
AlpenGlass+™
Industry Leading Performance
U-Value
R-Value
SHGC
VT
Glazing
Fill
Premium Performance
High Performance
Courtesy of ThermaProof Windows and AlpenGlass+

Solar Gain

- Measured by SHGC
- Solar gain useful during cold sunny weather
- But least heating is needed during daytime for commercial buildings
- Overheating discomfort is a real risk
- Must size glass Area x SHGC carefully
  - High values = air conditioning and discomfort

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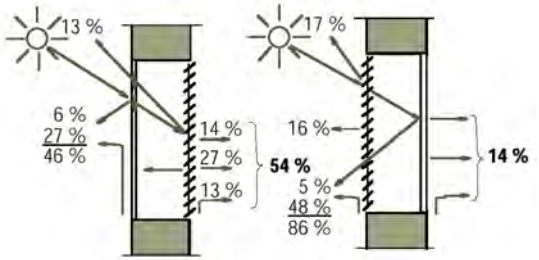
Interior or Exterior Shade

- Operable Solar Control of windows may be necessary for ultra-low energy buildings
- Exterior Shades always beat low SHGC glazing
  - But the cost capital and maintenance
- Interior shades don't work well with good windows



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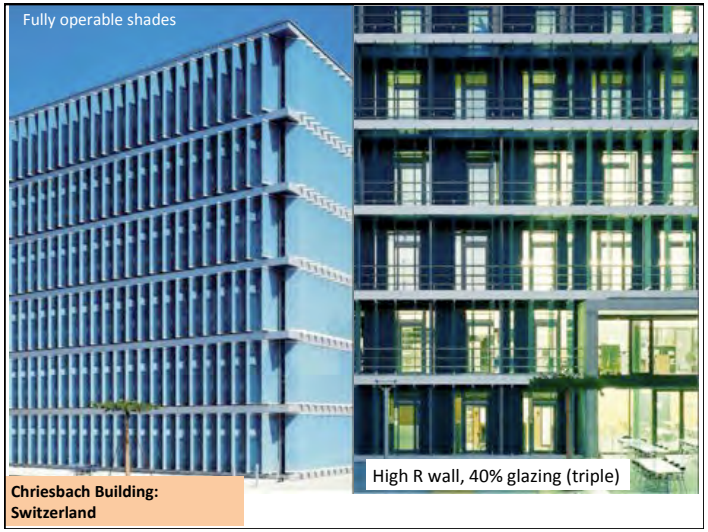
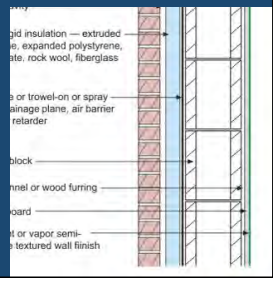


Chriesbach Building: Switzerland

Enclosure Systems



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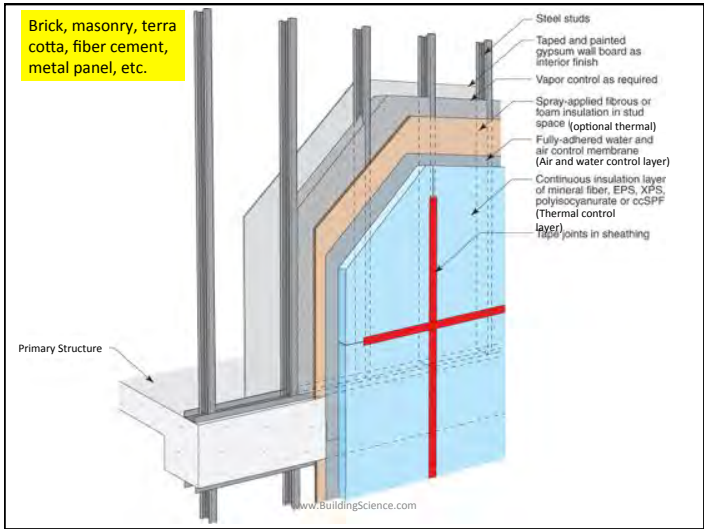
Brick, masonry, terra cotta, fiber cement, metal panel, etc.



GP
DENSGLASS GOLD
GP
DENSGLASS GOLD

Blueskin

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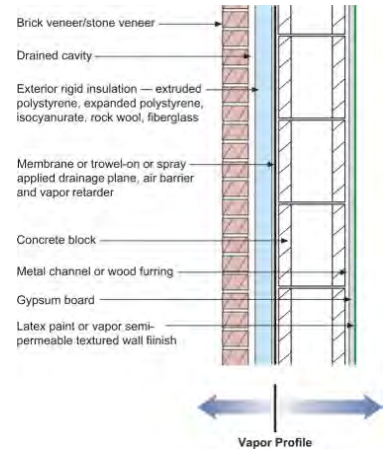
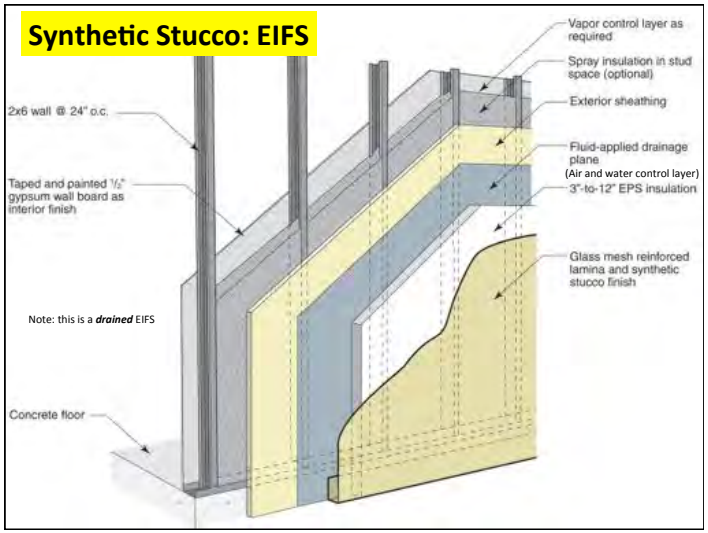
124

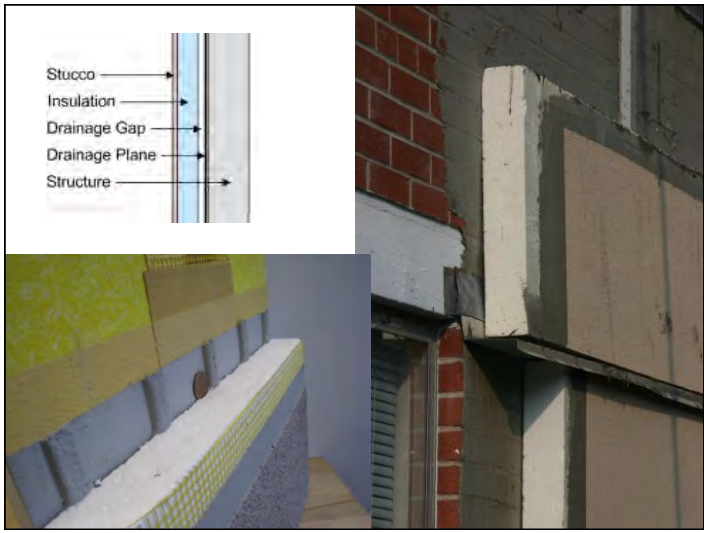
Building Science.com 125

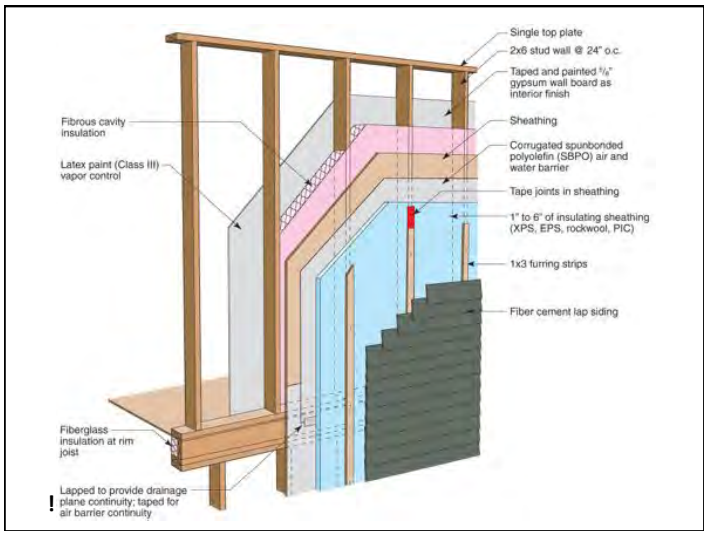


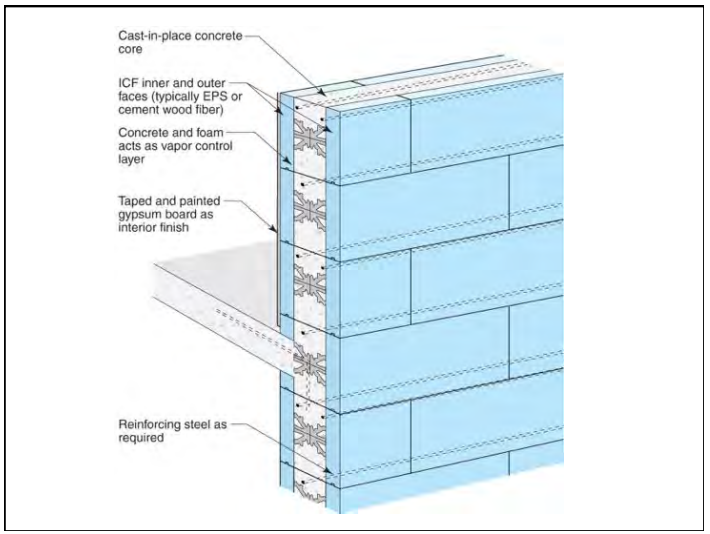
Building Science Enclosures No. 126 /

Wilfrid Laurier
University


Synthetic Stucco: EIFS
Vapor control layer as required
Spray insulation in stud space (optional)
Exterior sheathing
2x6 wall @ 24" o.c.
Fluid-applied drainage plane
(Air and water control layer)
Taped and painted ½" gypsum wall board as interior finish
3"-to-12" EPS insulation
Glass mesh reinforced lamina and synthetic stucco finish
Note: this is a drained EIFS
Concrete floor


Stucco
Insulation
Drainage Gap
Drainage Plane
Structure

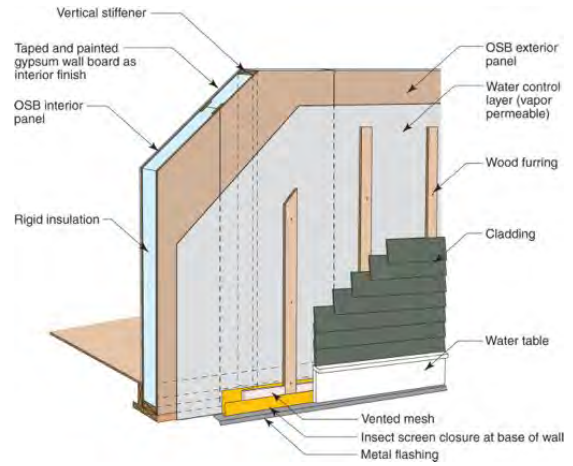

Single top plate
2x6 stud wall @ 24" o.c.
Taped and painted ⅝" gypsum wall board as interior finish
Fibrous cavity insulation
Sheathing
Latex paint (Class III) vapor control
Corrugated spunbonded polyolefin (SBPO) air and water barrier
Tape joints in sheathing
1" to 6" of insulating sheathing (XPS, EPS, rockwool, PIC)
1x3 furring strips
Fiber cement lap siding
Fiberglass insulation at rim joist
Lapped to provide drainage plane continuity; taped for air barrier continuity


Cast-in-place concrete core
ICF inner and outer faces (typically EPS or cement wood fiber)
Concrete and foam acts as vapor control layer
Taped and painted gypsum board as interior finish
Reinforcing steel as required

Insulated Concrete F

- Excellent thermal control
- Concrete acts as air barrier
- Rain Control! Drain all penetrations
- No vapor barrier needed

Building Science Insulation



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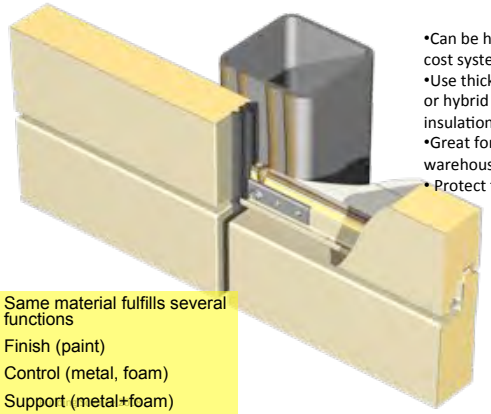
Insulated metal panels



- Can be high-performance low-cost system
- Use thicker panels (4-8") and/or hybrid with interior fibrous insulation
- Great for arenas, pools, warehouses, big box stores
- Protect from impact at grade

Same material fulfills several functions
Finish (paint)
Control (metal, foam)
Support (metal+foam)

Summary

- Define the control layers
- Ensure continuity
- Then increase control performance of each

- Window area, performance, and integration into walls becomes critical

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See also “Seminars / Recent Presentations”