

MECHANICAL SYSTEMS
by
Henry Gifford
of
Chris Benedict, R. A.

henry@energysavingscience.com
www.energysavingscience.com

DEFINITIONS & ACRONYMS

DEFINITIONS & ACRONYMS

- ACRONYM
- Non-Profit Organization

DEFINITIONS & ACRONYMS

- ACRONYM
- ENVELOPE
- Non-Profit Organization
- Assembly Surrounding the Mechanical System

DEFINITIONS & ACRONYMS

- ACRONYM
- ENVELOPE
- LEED PP
- Non-Profit Organization
- Assembly Surrounding the Mechanical System
- LEED Plaque Peddler

DEFINITIONS & ACRONYMS

- ACRONYM
- ENVELOPE
- LEED PP
- POR_{Avg}
- Non-Profit Organization
- Assembly Surrounding the Mechanical System
- LEED Plaque Peddler
- Pump Oversizing Ratio (Average)

DEFINITIONS & ACRONYMS

- ACRONYM
- ENVELOPE
- LEED PP
- POR_{Avg}
- ATR_{ST}
- Non-Profit Organization
- Assembly Surrounding the Mechanical System
- LEED Plaque Peddler
- Pump Oversizing Ratio (Average)
- Average Truth Ratio (Solar Thermal)

DEFINITIONS & ACRONYMS

- ACRONYM
- ENVELOPE
- LEED PP
- POR_{Avg}
- ATR_{ST}
- ATR_{PV}
- Non-Profit Organization
- Assembly Surrounding the Mechanical System
- LEED Plaque Peddler
- Pump Oversizing Ratio (Average)
- Average Truth Ratio (Solar Thermal)
- Average Truth Ratio (Photovoltaic)

DEFINITIONS & ACRONYMS

- ACRONYM
- ENVELOPE

- LEED PP
- POR_{Avg}
- ATR_{ST}

- ATR_{PV}
- $KWH/M^2/YR_M$

- Non-Profit Organization
- Assembly Surrounding the Mechanical System
- LEED Plaque Peddler
- Pump Oversizing Ratio (Average)
- Average Truth Ratio (Solar Thermal)
- Average Truth Ratio (Photovoltaic)
- Energy Use/Year (Measured)

“I Predict that someday, energy use will be so important that we will measure it”

Henry Gifford

DEFINITIONS & ACRONYMS

- ACRONYM
- ENVELOPE

- LEED PP
- POR_{Avg}
- ATR_{ST}

- ATR_{PV}
- $KWH/M^2/YR_M$
- $KWH/M^2/YR_M$

- Non-Profit Organization
- Assembly Surrounding the Mechanical System
- LEED Plaque Peddler
- Pump Oversizing Ratio (Average)
- Average Truth Ratio (Solar Thermal)
- Average Truth Ratio (Photovoltaic)
- Energy Use/Year (Measured)
- Energy Use/Year (Modeled)

DEFINITIONS & ACRONYMS

- ACRONYM
- ENVELOPE

- LEED PP
- POR_{Avg}
- ATR_{ST}

- ATR_{PV}
- $KWH/M^2/YR_M$
- $KWH/M^2/YR_M$
- $CODE_V$

- Non-Profit Organization
- Assembly Surrounding the Mechanical System
- LEED Plaque Peddler
- Pump Oversizing Ratio (Average)
- Average Truth Ratio (Solar Thermal)
- Average Truth Ratio (Photovoltaic)
- Energy Use/Year (Measured)
- Energy Use/Year (Modeled)
- Code they quote you

DEFINITIONS & ACRONYMS

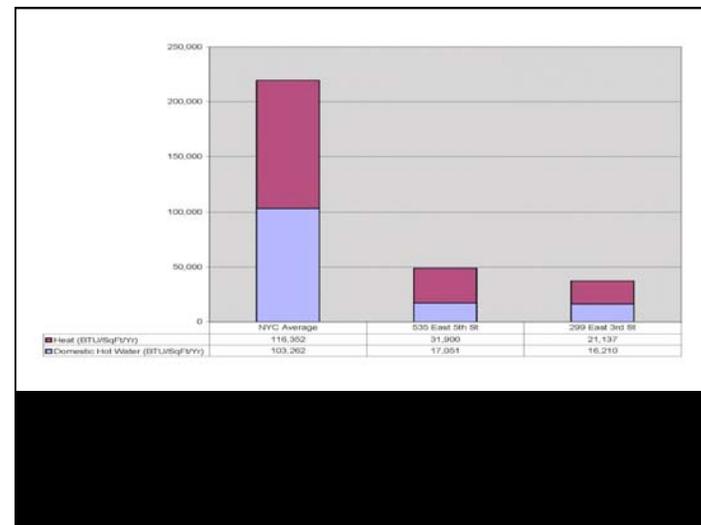
- ACRONYM
- ENVELOPE
- LEED PP
- POR_{Avg}
- ATR_{ST}
- ATR_{PV}
- $KWH/M^2/YR_M$
- $KWH/M^2/YR_M$
- $CODE_V$
- $CODE_W$
- Non-Profit Organization
- Assembly Surrounding the Mechanical System
- LEED Plaque Peddler
- Pump Oversizing Ratio (Average)
- Average Truth Ratio (Solar Thermal)
- Average Truth Ratio (Photovoltaic)
- Energy Use/Year (Measured)
- Energy Use/Year (Modeled)
- Code they quote you
- Code you quote them

DEFINITIONS & ACRONYMS

- ACRONYM
- ENVELOPE
- LEED PP
- POR_{Avg}
- ATR_{ST}
- ATR_{PV}
- $KWH/M^2/YR_M$
- $KWH/M^2/YR_M$
- $CODE_V$
- $CODE_W$
- $CODE_P$
- Non-Profit Organization
- Assembly Surrounding the Mechanical System
- LEED Plaque Peddler
- Pump Oversizing Ratio (Average)
- Average Truth Ratio (Solar Thermal)
- Average Truth Ratio (Photovoltaic)
- Energy Use/Year (Measured)
- Energy Use/Year (Modeled)
- Code they quote you
- Code you quote them
- "Performance" code, or Prediction code, or Promise code

SUMMARY:

<p>DO NOT:</p> <ul style="list-style-type: none"> • Model Energy Use • Do VFD (Variable Frequency Drive) • DDC (Direct Digital Controls) • HVAC (Combined Heating, Ventilating, Air Conditioning (Cooling)) • Ducts (Except to ventilate with 100% outdoor air) 	<p>INSTEAD, DO:</p> <ul style="list-style-type: none"> • Measure Energy Use • Design the system, run equipment 100% • Thermostat in each room, simple setup • Separate Heating, Cooling, and Ventilation systems • Move heat in and out of rooms with water or freon
--	---



From Date		To Date	Elec Use	Elec Demand	Electric Bill Amt	Gas Use	Gas Bill Amt	Total Bill Amt
08/04/2004	09/02/2004		5,040	16.00	\$1,075.01	479	\$581.72	\$1,656.73
07/06/2004	08/04/2004		6,080	15.20	\$1,163.76	486	\$590.21	\$1,753.97
06/04/2004	07/06/2004		6,680	16.40	\$1,230.60	508	\$606.65	\$1,837.25
05/05/2004	06/04/2004		6,040	14.40	\$898.69	589	\$735.98	\$1,634.67
04/03/2004	05/05/2004		8,240	15.60	\$910.41	1,091	\$1,274.15	\$2,184.56
03/09/2004	04/06/2004		6,560	14.00	\$838.98	1,822	\$1,936.39	\$2,775.37
02/05/2004	03/08/2004		7,360	14.40	\$1,274.12	2,210	\$2,658.61	\$3,932.73
01/06/2004	02/05/2004		6,920	14.00	\$992.12	3,280	\$3,424.64	\$4,416.76
12/05/2003	01/06/2004		7,360	15.20	\$1,054.33	2,315	\$2,729.31	\$3,783.64
11/03/2003	12/05/2003		7,240	14.00	\$1,029.17	1,730	\$1,986.39	\$3,015.56
10/03/2003	11/03/2003		6,720	14.40	\$1,034.75	894	\$1,009.87	\$2,044.62
09/04/2003	10/03/2003		6,040	16.00	\$1,021.05	467	\$545.97	\$1,567.02
08/05/2003	09/04/2003		5,760	16.00	\$1,011.44	411	\$497.18	\$1,508.62
07/07/2003	08/05/2003		6,120	16.40	\$1,190.96	452	\$558.18	\$1,749.14
06/05/2003	07/07/2003		6,680	16.40	\$1,213.90	556	\$697.64	\$1,911.54
05/06/2003	06/05/2003		6,400	14.00	\$1,055.23	762	\$825.77	\$1,881.00
04/07/2003	05/06/2003		6,320	13.20	\$1,097.27	1,208	\$1,358.26	\$2,455.53
03/07/2003	04/07/2003		6,880	14.40	\$1,148.14	1,786	\$2,094.88	\$3,243.02
02/05/2003	03/07/2003		6,840	14.40	\$1,081.30	2,812	\$2,863.19	\$3,944.49

Handwritten notes on the table:
 - \$18079.89/YR (circled in orange)
 - \$602.66/APTYR (circled in orange)
 - The 'Gas Bill Amt' column is circled in orange.

What Made 5th St Use Less Energy?
 Boiler on the roof





**Table 2-2
DHW System Efficiencies**

System	Month	DHW Fuel Input (Btu/h)	DHW Energy Output (Btu/h)	Returns Losses (Btu/h) % Fuel In	Marginal Output Efficiency	Standby Losses B	(Btu/h)	Off-Cycle Losses (Btu/h) % Fuel In	Average Efficiency	Regression Efficiency
	February	60,000	24,500	11,180 18.0%	0.665	23,200	15,400	4,200 7.0%	41.0%	
	April	61,800	22,600	11,350 18.0%	0.620	27,400	17,000	5,640 10.0%	37.0%	
Direct Fired System	June	42,600	16,100	10,100 24.0%	0.763	20,140	15,300	5,215 13.0%	39.0%	
	August	38,900	14,200	10,300 26.0%	0.720	19,300	13,900	3,616 9.0%	37.0%	
	All Months	53,700	19,200	10,750 20.0%	0.680	26,363	18,000	7,250 13.5%	36.6%	35.1%
Indirect Fired System		44,205	16,455	10,035 22.7%	0.865	25,054	21,660	7,250 26.0%	37.7%	37.3%
Tankless Coil System		43,400	12,000	9,500 22.0%	0.840	21,544	18,100	8,600 20.0%	32.7%	33.5%

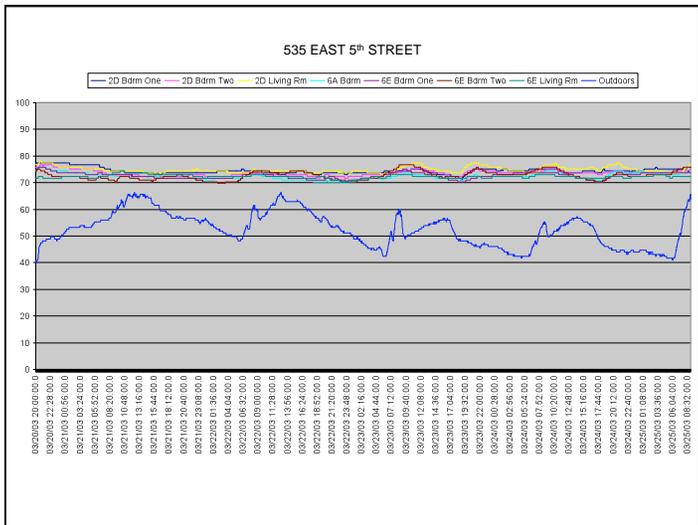
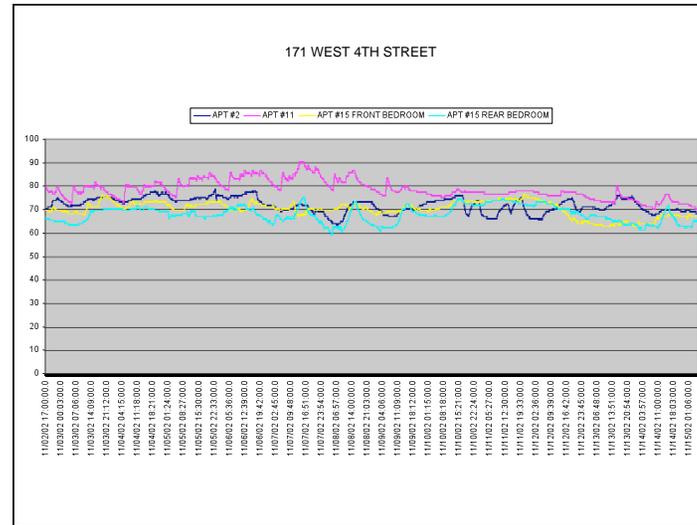
**Table 2-2
DHW System Efficiencies**

System	Month	DHW Fuel Input (Btu/h)	DHW Energy Output (Btu/h)	Returns Losses (Btu/h) % Fuel In	Marginal Output Efficiency	Standby Losses B	(Btu/h)	Off-Cycle Losses (Btu/h) % Fuel In	Average Efficiency	Regression Efficiency
	February	60,000	24,500	11,180 18.0%	0.665	23,200	15,400	4,200 7.0%	41.0%	
	April	61,800	22,600	11,350 18.0%	0.620	27,400	17,000	5,640 10.0%	37.0%	
Direct Fired System	June	42,600	16,100	10,100 24.0%	0.763	20,140	15,300	5,215 13.0%	39.0%	
	August	38,900	14,200	10,300 26.0%	0.720	19,300	13,900	3,616 9.0%	37.0%	
	All Months	53,700	19,200	10,750 20.0%	0.680	26,363	18,000	7,250 13.5%	36.6%	35.1%
Indirect Fired System		44,205	16,455	10,035 22.7%	0.865	25,054	21,660	7,250 26.0%	37.7%	37.3%
Tankless Coil System		43,400	12,000	9,500 22.0%	0.840	21,544	18,100	8,600 20.0%	32.7%	33.5%

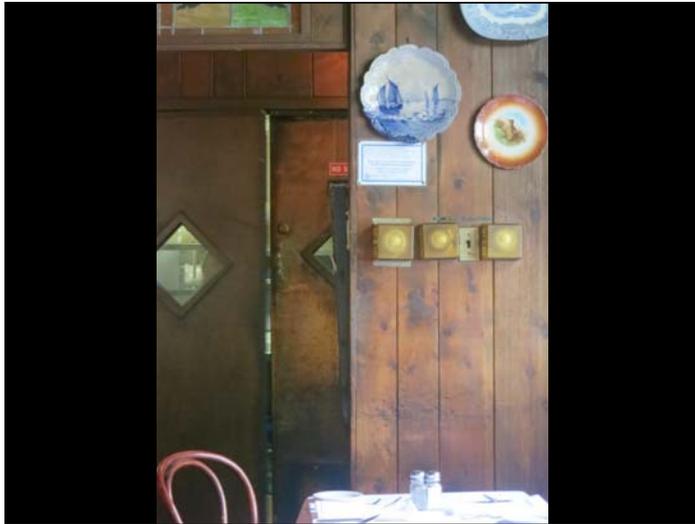
**Table 2-2
DHW System Efficiencies**

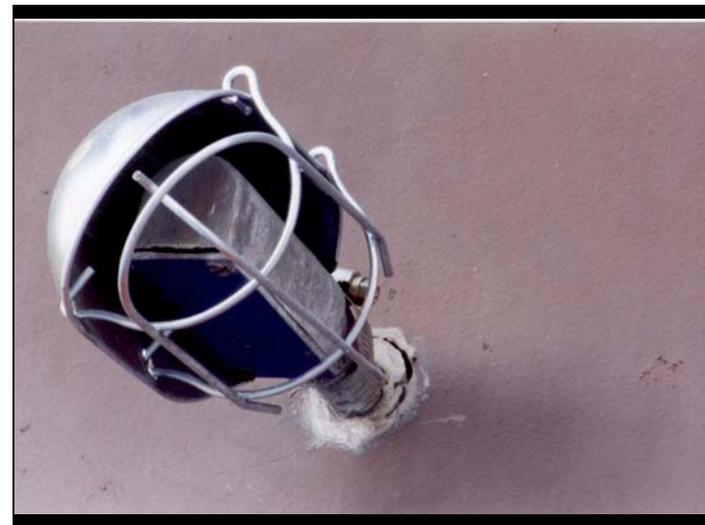
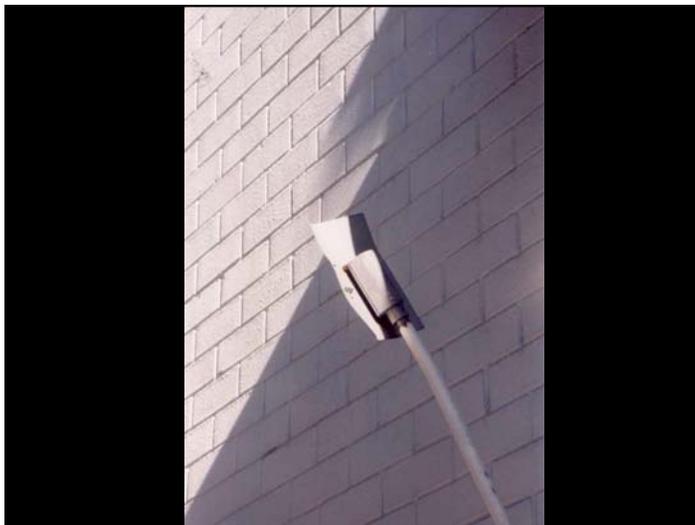
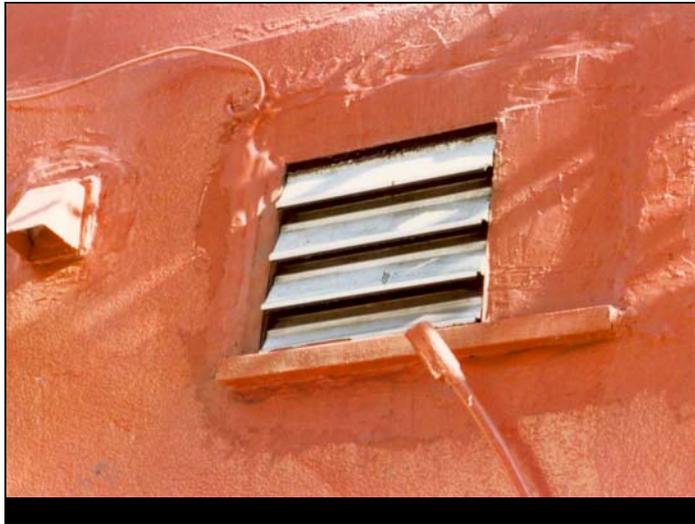
System	Month	DHW Fuel Input (Btu/h)	DHW Energy Output (Btu/h)	Returns Losses (Btu/h) % Fuel In	Marginal Output Efficiency	Standby Losses B	(Btu/h)	Off-Cycle Losses (Btu/h) % Fuel In	Average Efficiency	Regression Efficiency
	February	60,000	24,500	11,180 18.0%	0.665	23,200	15,400	4,200 7.0%	41.0%	
	April	61,800	22,600	11,350 18.0%	0.620	27,400	17,000	5,640 10.0%	37.0%	
Direct Fired System	June	42,600	16,100	10,100 24.0%	0.763	20,140	15,300	5,215 13.0%	39.0%	
	August	38,900	14,200	10,300 26.0%	0.720	19,300	13,900	3,616 9.0%	37.0%	
	All Months	53,700	19,200	10,750 20.0%	0.680	26,363	18,000	7,250 13.5%	36.6%	35.1%
Indirect Fired System		44,205	16,455	10,035 22.7%	0.865	25,054	21,660	7,250 26.0%	37.7%	37.3%
Tankless Coil System		43,400	12,000	9,500 22.0%	0.840	21,544	18,100	8,600 20.0%	32.7%	33.5%

What Made 5th St Use Less Energy?
Boiler on the roof
One boiler makes both heat and hot water
Thermostat in every room

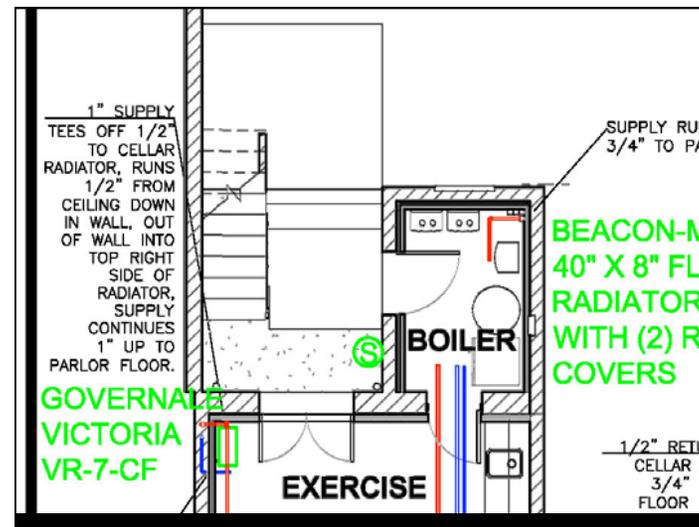
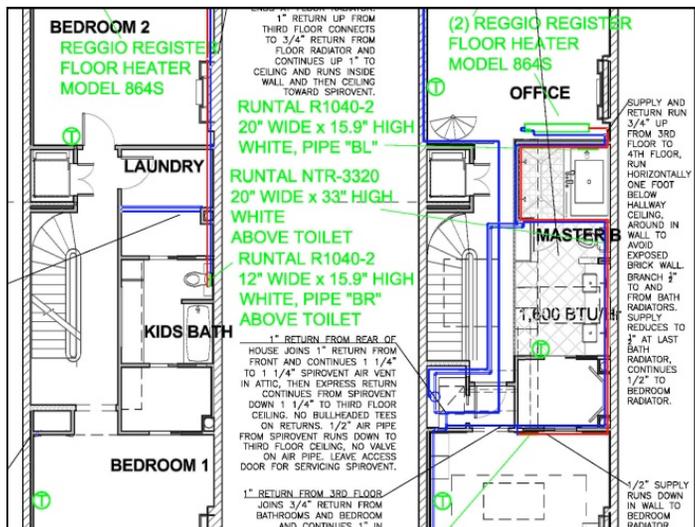
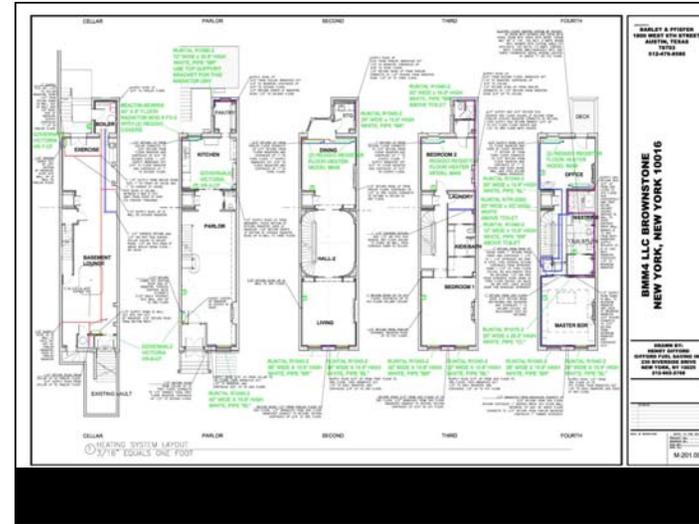












ADDRESS	NOI HODGKINS	AREA	TOTAL	AD	KITCHEN	HALL	BATH	RECREATION
1 FLOOR	FIRST							
2 BUILDING ELEMENT	SPECIFIC ITEM	FACTOR	DELTA	AREA	BTU/H	BTU/H	BTU/H	BTU/H
3 WINDOWS	FACADE WINDOWS	0.74	70	51.8	37294	30	1954	0
4	SKYLIGHT	1	0	0	0	0	0	14
5	TRANSOMS	0.74	70	51.8	37294	0	0	0
6	SKYLIGHTS	0.74	70	51.8	37294	0	0	0
7	REAR DOOR WINDOW	0.74	70	51.8	37294	0	0	0
8	FRONT DOOR WINDOW	0.74	70	51.8	37294	0	0	0
9	OTHER	1	0	0	0	0	0	0
10 DOORS	FRONT	0.34	70	23.8	1692	0	0	0
11	REAR	0.34	70	23.8	1692	0	0	0
12	SCUTTLE	1	0	0	0	0	0	0
13	CELLAR	0.36	20	7.2	504	0	0	0
14	APPT ENTRY	0.36	20	7.2	504	0	0	0
15	STAIRHALL	0.36	20	7.2	504	0	0	0
16	OTHER	1	0	0	0	0	0	0
17	OTHER	1	0	0	0	0	0	0
18	OTHER	1	0	0	0	0	0	0
19	OTHER	1	0	0	0	0	0	0
20	OTHER	1	0	0	0	0	0	0
21	OTHER	1	0	0	0	0	0	0
22	INSULATED MASS	0.07	70	4.9	343	0	0	0
23	INSULATED WD	0.061	70	4.3	301	0	0	0
24	AGAINST UNHEATED HALL	0.061	20	1.2	84	0	0	0
25	AGAINST CELLAR STAIR	0.061	20	1.2	84	0	0	0
26	BULKHEAD	0.062	70	4.3	301	0	0	0
27	BSMT BELOW GRADE	0.062	70	4.3	301	0	0	0
28	OTHER	1	0	0	0	0	0	0
29	OTHER	1	0	0	0	0	0	0
30 FLOORS	FIB OVER UNHEATED	0.3	20	6	420	0	0	0
31	STAIR OVER UNHEATED	0.3	20	6	420	0	0	0
32	SLAB ON GRADE	1	0	0	0	0	0	0
33	OTHER	0.51	0	0	0	0	0	0
34	OTHER	1	0	0	0	0	0	0
35	OTHER	1	0	0	0	0	0	0
36	OTHER	1	0	0	0	0	0	0
37	OTHER	1	0	0	0	0	0	0
38	CELAGS	ROOF	0.09	70	6.3	441	0	0
39	INFILTRATION	136.96		114	1443.64	30	1766.85	0
40	TOTAL			28743.55	1767433	264	13332	166
41	CHECK			28743.55				
42	STANDST			34.32	0.56	0.202	0.4404	0.248
43	Building total Btu			16520				

A. Provide new forced draft hydronic boiler and gas/oil burner specified herein.

B. Provide a complete, reverse return hot water heat distribution system including pump, piping, expansion tank, zone valves, connectors, and electronic controls described herein.

C. Provide new gas fired domestic hot water heater, and all related trimmings and controls described herein.

D. Provide electrical hook up and alterations to boiler room described herein.

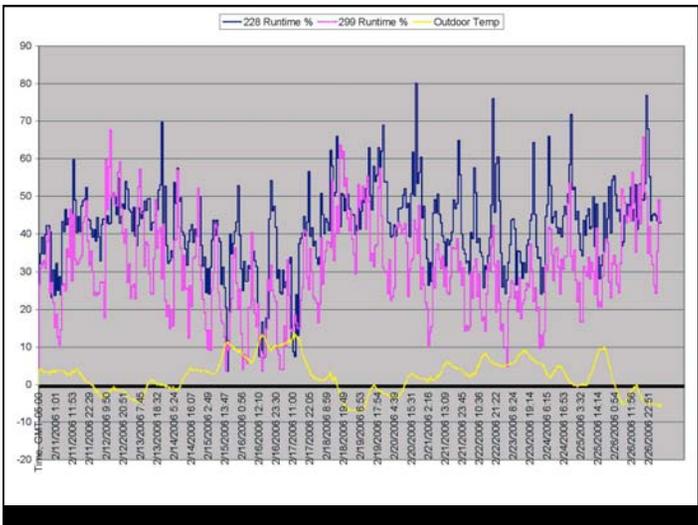
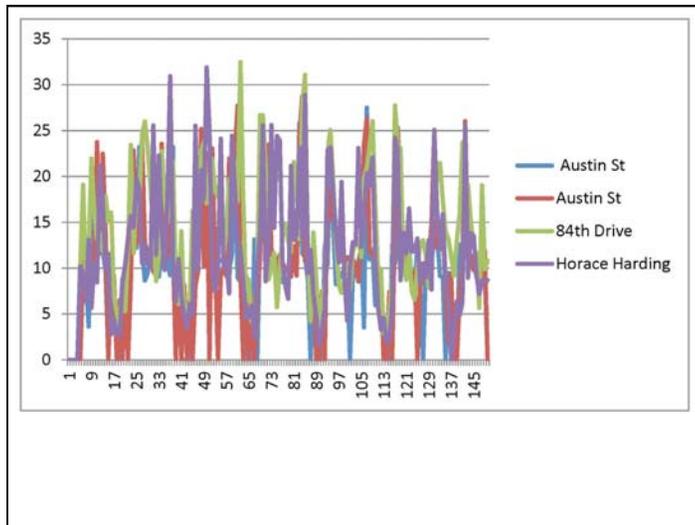
E. Provide new boiler chimney and breaching described herein.

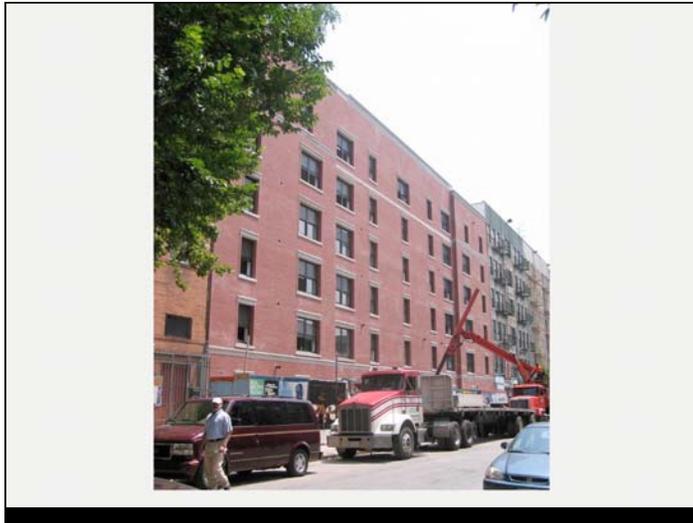
SPECIFICATIONS:

A. Boiler/Burner

- Boiler shall be cast iron rated for 225 - 250 MBH manufactured by Weil McLain, H.B. Smith or an approved equal.
- Burner shall be a combination gas/#2 oil type, self cleaning (automatic purge cycle), air atomizing rated at 85% efficiency or better with a gross output of 240 - 275 MBH. It shall be manufactured by Industrial Combustion, Iron Fireman or approved equal. It shall contain the following accessories:

1 of 14





Pump Sizing: Do the Work!

1/8 Horsepower (93 Watts)	3 Horsepower (2,238 Watts)
	

Pump Sizing Rule of Thumb #1:

$$POR_{Avg} = 20$$

Pump Sizing Rule of Thumb #1:

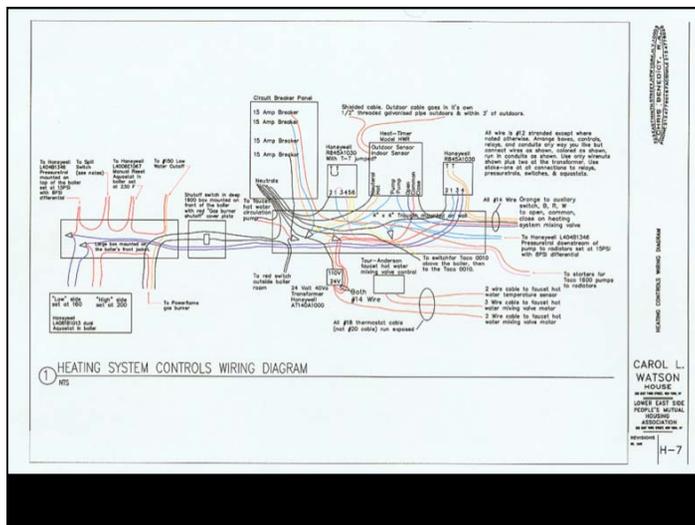
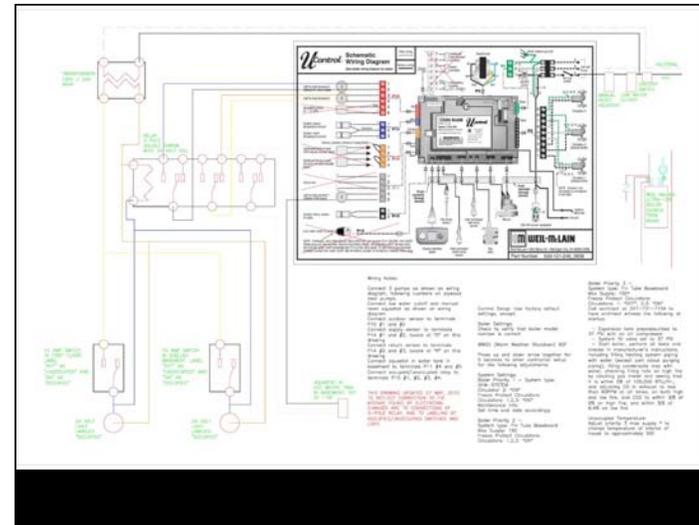
$$POR_{Avg} = 20$$

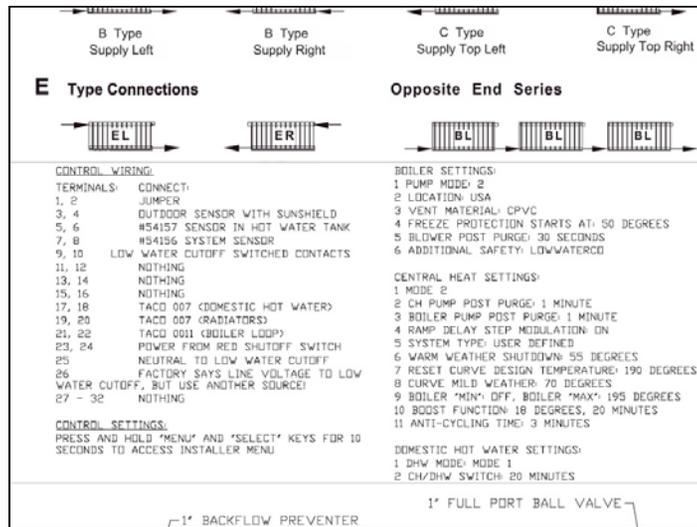
Pump Sizing Rule of Thumb #2:

Pump Wattage < Mechanical Room Lighting Wattage

SUMMARY:

<p>DO NOT:</p> <ul style="list-style-type: none"> • Model Energy Use • Do VFD (Variable Frequency Drive) • DDC (Direct Digital Controls) • HVAC (Combined Heating, Ventilating, Air Conditioning (Cooling)) • Ducts (Except to ventilate with 100% outdoor air) 	<p>INSTEAD, DO:</p> <ul style="list-style-type: none"> • Measure Energy Use • Design the system, run equipment 100% • Thermostat in each room, simple setup • Separate Heating, Cooling, and Ventilation systems • Move heat in and out of rooms with water or freon
---	--





DDC:
Don't do it to people!

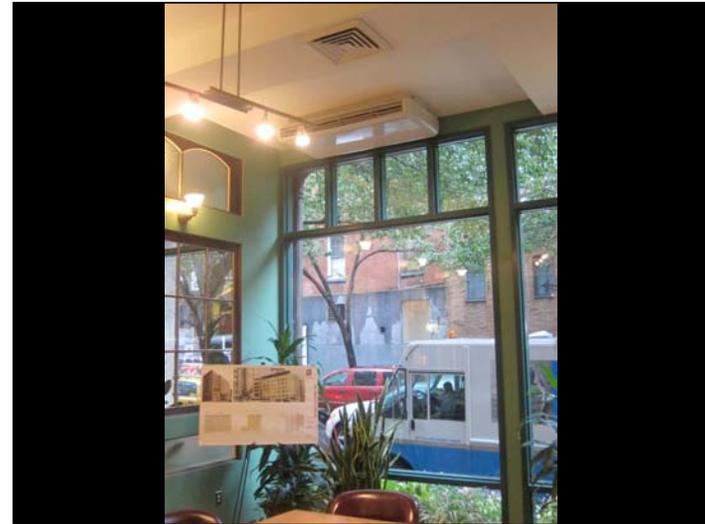
SUMMARY:

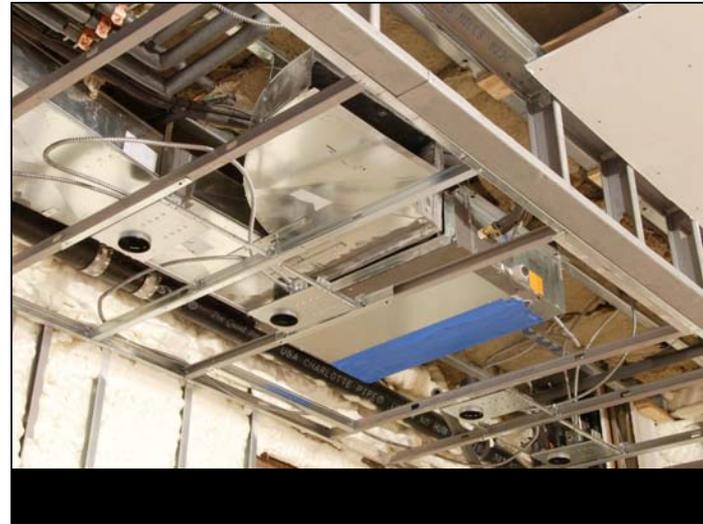
<p>DO NOT:</p> <ul style="list-style-type: none"> • Model Energy Use • Do VFD (Variable Frequency Drive) • DDC (Direct Digital Controls) • HVAC (Combined Heating, Ventilating, Air Conditioning (Cooling)) • Ducts (Except to ventilate with 100% outdoor air) 	<p>INSTEAD, DO:</p> <ul style="list-style-type: none"> • Measure Energy Use • Design the system, run equipment 100% • Thermostat in each room, simple setup • Separate Heating, Cooling, and Ventilation systems • Move heat in and out of rooms with water or freon
---	--





COOLING WITHOUT DUCTS









SUMMARY:

DO NOT:

- Model Energy Use
- Do VFD (Variable Frequency Drive)
- DDC (Direct Digital Controls)
- HVAC (Combined Heating, Ventilating, Air Conditioning (Cooling))
- Ducts (Except to ventilate with 100% outdoor air)

INSTEAD, DO:

- Measure Energy Use
- Design the system, run equipment 100%
- Thermostat in each room, simple setup
- Separate Heating, Cooling, and Ventilation systems
- Move heat in and out of rooms with water or freon

GIVE ME SOME H

GIVE ME SOME H
GIVE ME SOME V

GIVE ME SOME H
GIVE ME SOME V
AND GIVE ME SOME AC

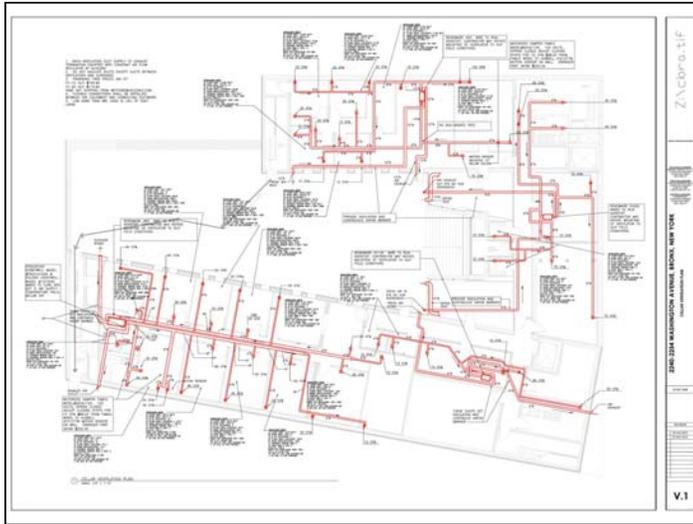
GIVE ME SOME H
GIVE ME SOME V
AND GIVE ME SOME AC
BUT DON'T DO HVAC TO ME

HVAC
Don't do it to people!

SUMMARY:

<p>DO NOT:</p> <ul style="list-style-type: none"> • Model Energy Use • Do VFD (Variable Frequency Drive) • DDC (Direct Digital Controls) • HVAC (Combined Heating, Ventilating, Air Conditioning (Cooling)) • Ducts (Except to ventilate with 100% outdoor air) 	<p>INSTEAD, DO:</p> <ul style="list-style-type: none"> • Measure Energy Use • Design the system, run equipment 100% • Thermostat in each room, simple setup • Separate Heating, Cooling, and Ventilation systems • Move heat in and out of rooms with water or freon
---	--





SUMMARY:

DO NOT:

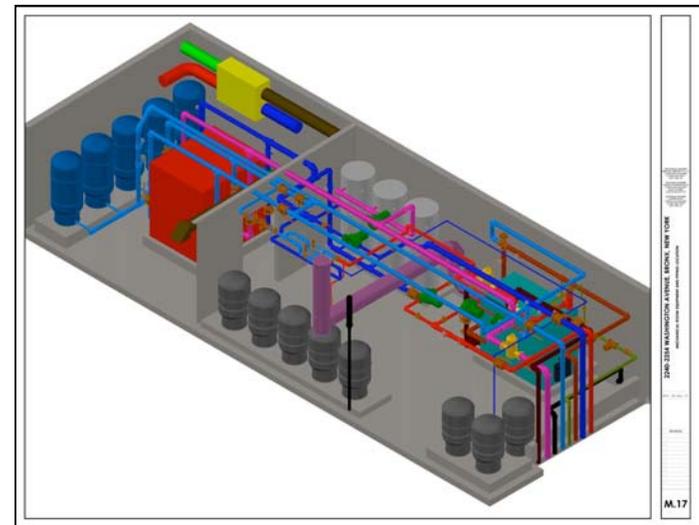
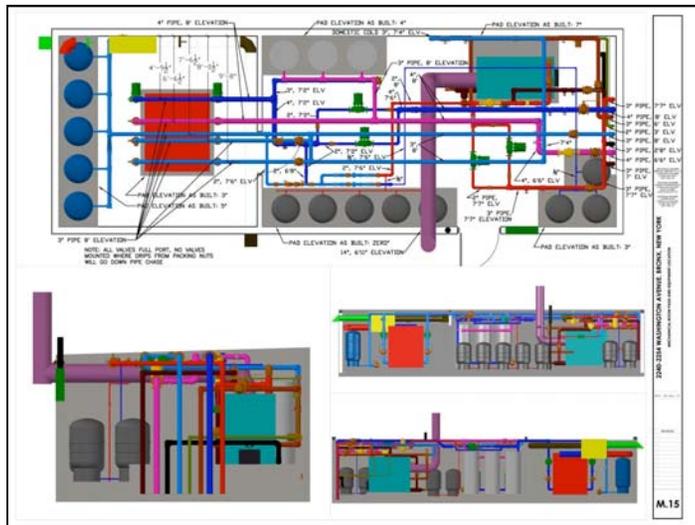
- Model Energy Use
- Do VFD (Variable Frequency Drive)
- DDC (Direct Digital Controls)
- HVAC (Combined Heating, Ventilating, Air Conditioning (Cooling))
- Ducts (Except to ventilate with 100% outdoor air)

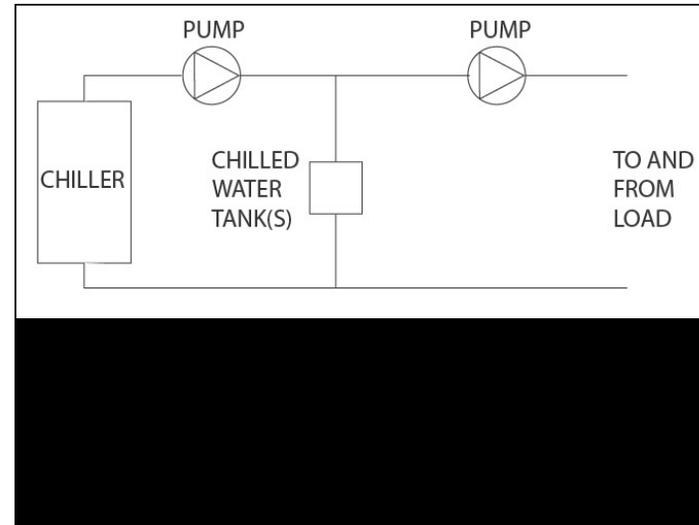
INSTEAD, DO:

- Measure Energy Use
- Design the system, run equipment 100%
- Thermostat in each room, simple setup
- Separate Heating, Cooling, and Ventilation systems
- Move heat in and out of rooms with water or freon

Chris Benedict's Design Criteria:

- Very Energy Efficient
- Very Quiet
- Very Simple to Install
- Very Simple to Own
- No Extra Cost



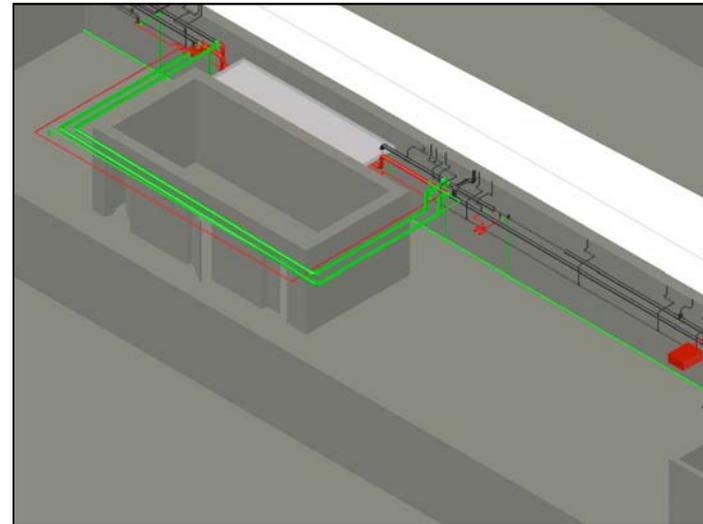


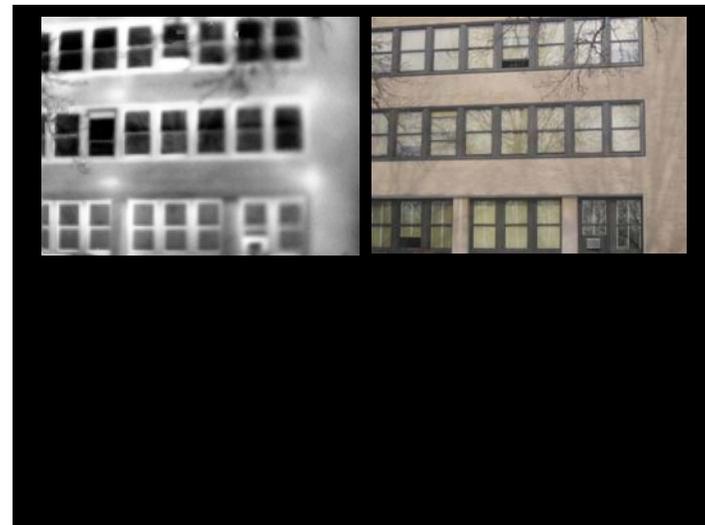
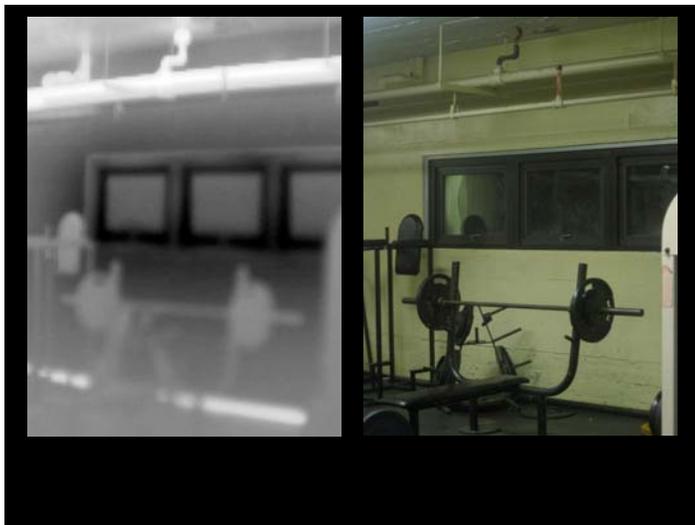
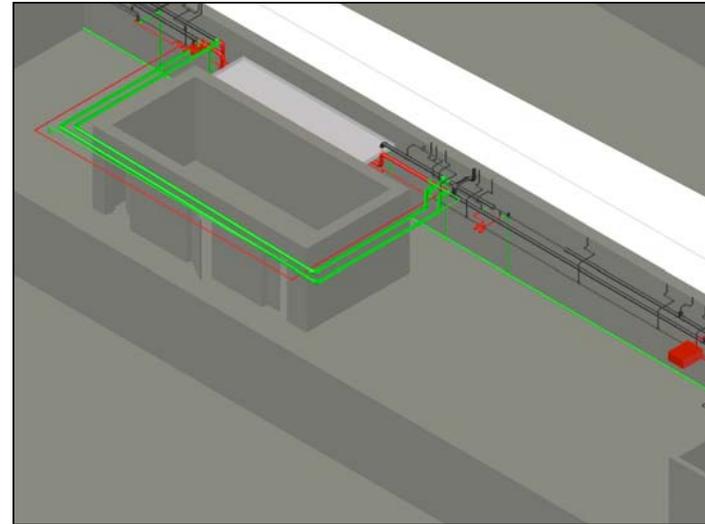
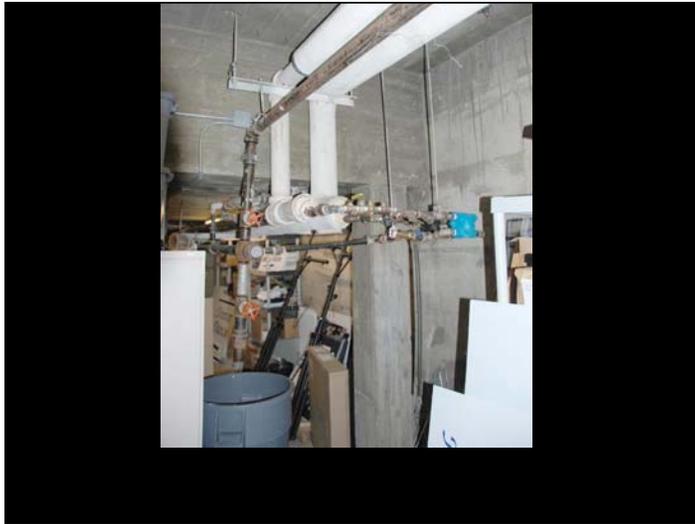
Commissioning Procedure:

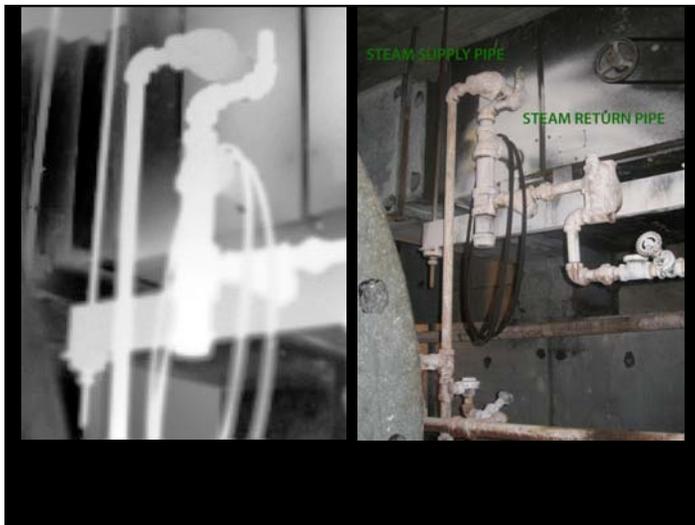
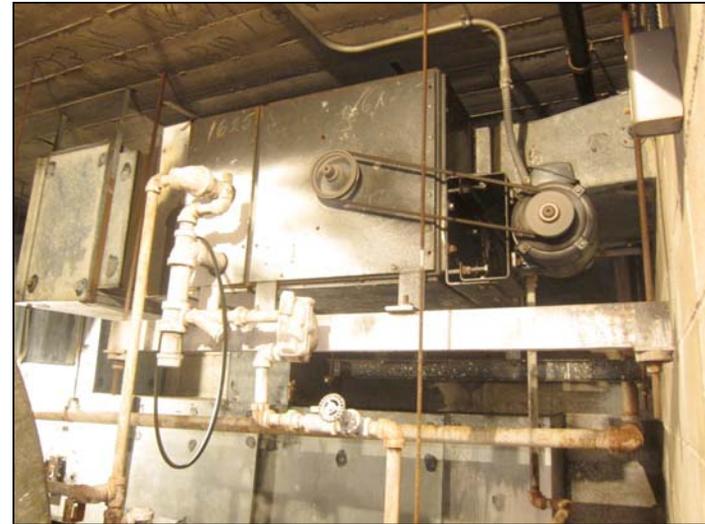
Testing and Balancing:

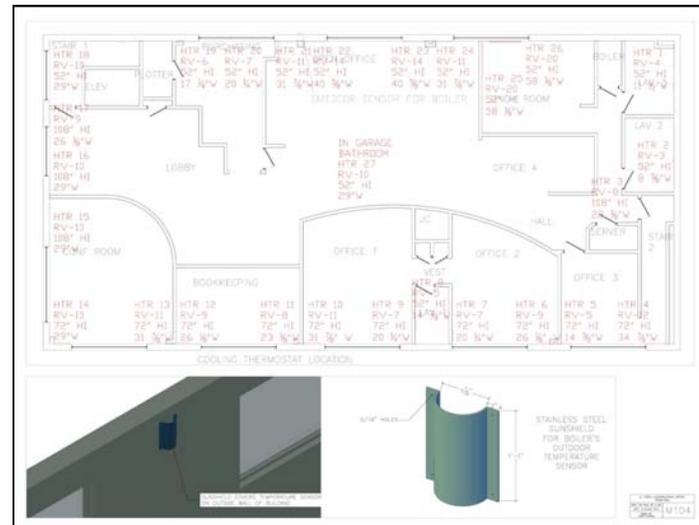
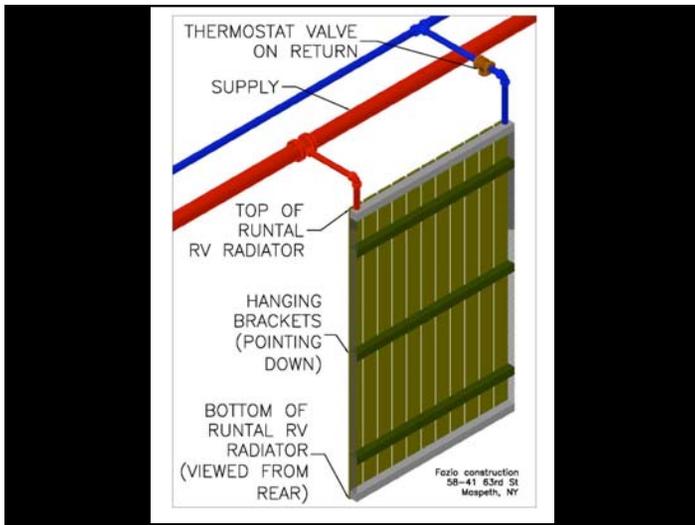
Controls:

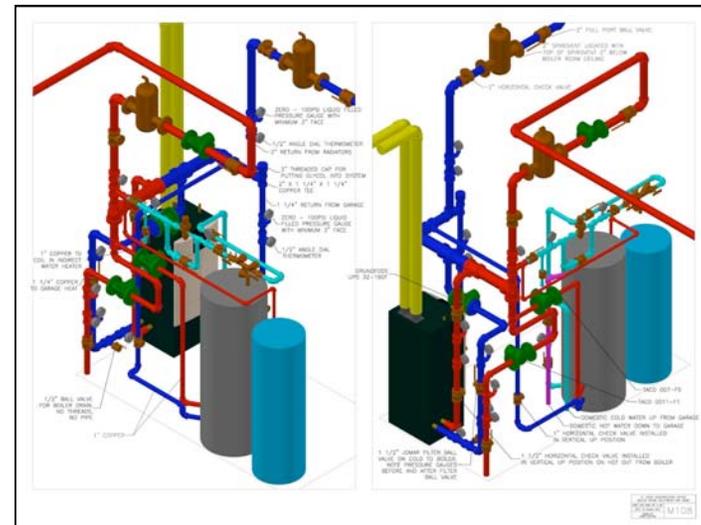
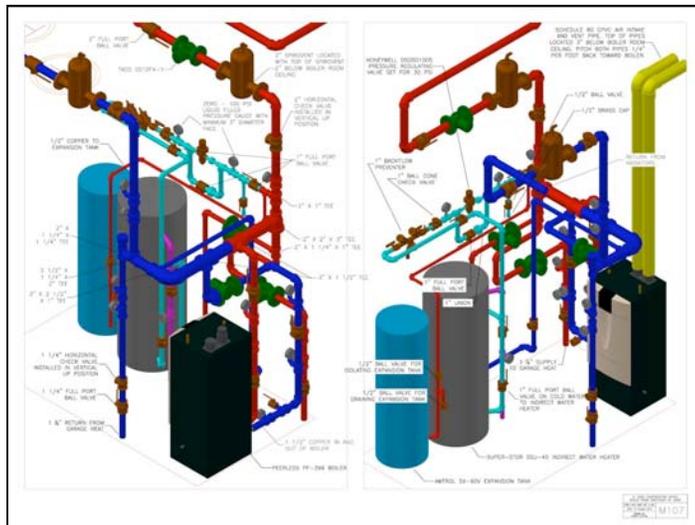
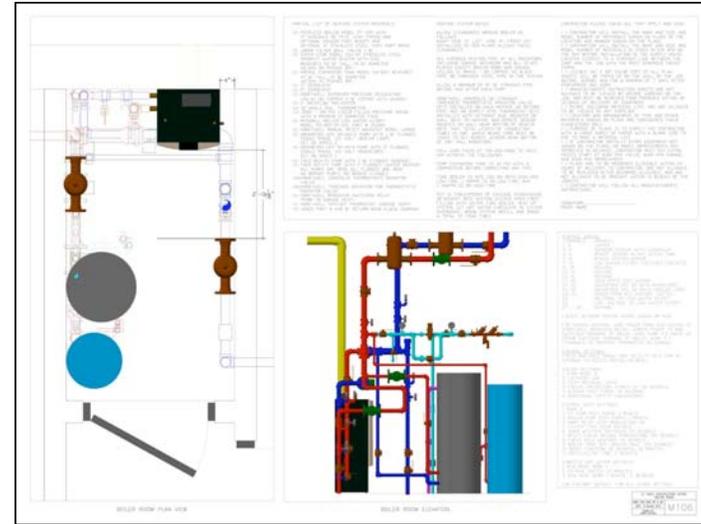
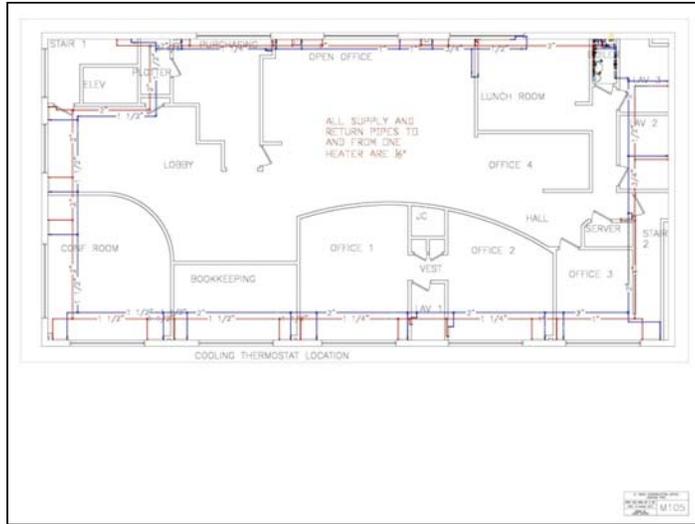
- Thermostat on the wall in each room (with limit)
- Outdoor temperature sensor and water temperature sensors control chillers
- Outdoor temperature sensor and water temperature sensor controls boiler

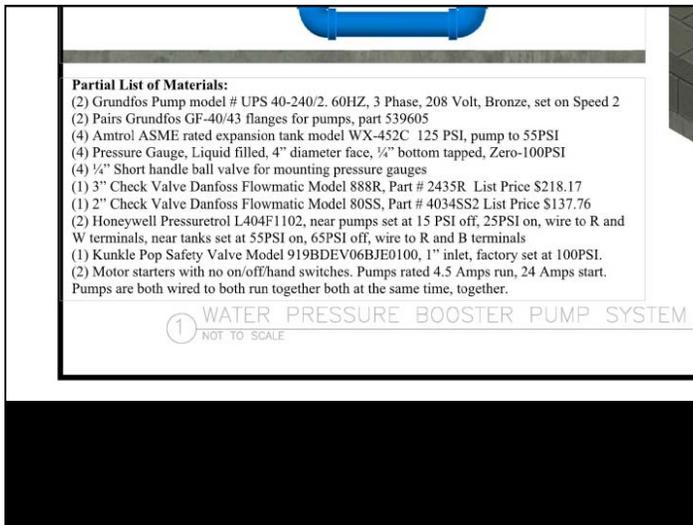
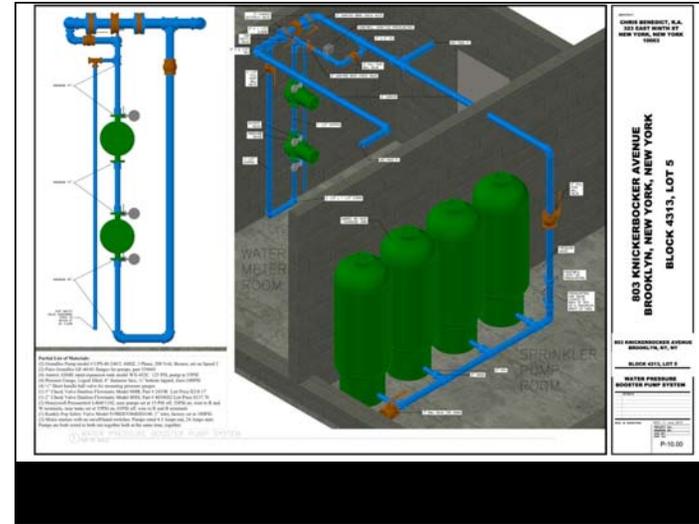


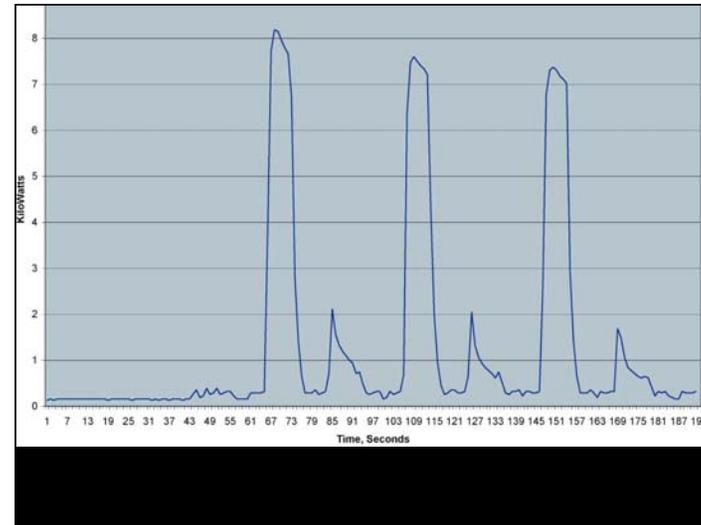
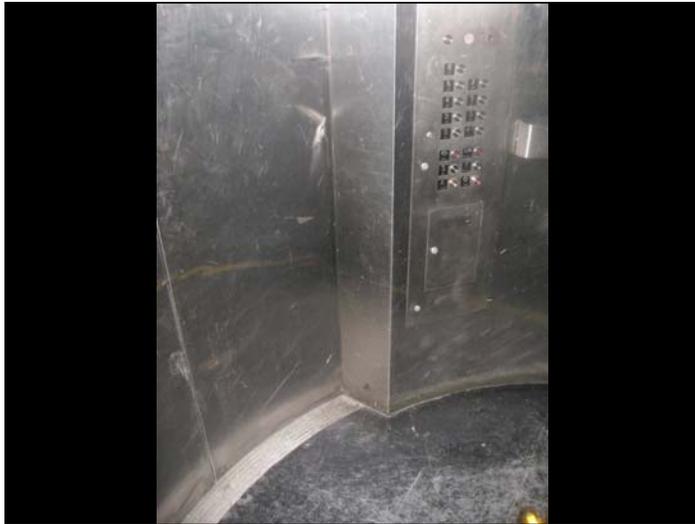














MECHANICAL SYSTEMS

by

Henry Gifford

of

Chris Benedict, R. A.

henry@energysavingscience.com

www.energysavingscience.com