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# Measuring the Impact of Interior Insulation on Solid Masonry Walls in a Cold Climate

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### Abstract:

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# MEASURING THE IMPACT OF INTERIOR INSULATION ON SOLID MASONRY WALLS IN A COLD CLIMATE

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### **ABSTRACT**

Building owners and designers are increasingly considering upgrading the exterior enclosure's thermal performance in existing buildings. Our aging building stock provides tremendous opportunities to reduce our overall environmental footprint through upgrades to the exterior enclosure. Given the embodied energy inherent in existing buildings, it is often preferable to modify existing assemblies in lieu of sending fill. Buildings with solid or load-bearing masonry walls typically employ interior insulation retrofit strategies as these building often have heritage or historical significance that preclude work from the exterior. This may result in accelerated masonry freeze-thaw deterioration, embedded steel (lateral ties and supporting angles) corrosion, interior plaster finish deterioration and/or mould growth.

This paper describes a fully instrumented large-scale mock-up completed in a southern Ontario private school to allow direct comparisons between insulated and non-insulated walls with a focus on the evaluation of freeze-thaw and corrosion risks. Climate conditions and wall temperature, relative humidity and moisture content are compared and discussed. Climate conditions (wetting and temperature) over the monitoring period were less severe than average. As a result, measured values were used to refine computer models to simulate wall performance under more severe climate conditions.

Findings show low freeze-thaw risk to the insulated brick, but an increased risk for embedded steel corrosion. Further study is recommended to evaluate sensor response, confirm selected freeze-thaw thresholds and monitor walls under more severe climate conditions.

### RÉSUMÉ

Les concepteurs et propriétaires de bâtiment considèrent de plus en plus d'améliorer le rendement thermique de l'enveloppe de bâtiments existants. Notre parc immobilier fournit des opportunités exceptionnelles de réduire notre empreinte environnementale globale en améliorant l'enveloppe de bâtiment. Étant donné l'énergie intrinsèque des bâtiments existants, il est souvent préférable de modifier les assemblages existants plutôt que de remplir les décharges. Les bâtiments de maçonnerie porteuse demandent souvent des stratégies de réisolation par l'intérieur, étant donné que la valeur patrimoniale ou historique de ces bâtiments empêchent souvent une intervention par l'extérieur. Ceci peut résulter en une accélération de la détérioration par cycle gel-dégel de la maçonnerie, une corrosion des composantes d'acier insérés dans la maçonnerie (attaches latérales, angle de support),ou la détérioration et la croissance de moisissures sur les finis de plâtre intérieurs.

Cet article décrit un spécimen à grande échelle complètement instrumenté, situé dans une école privée du sud de l'Ontario, afin de permettre la comparaison directe entre des murs isolés et non-isolés. L'emphase est mise sur l'étude des risques de gel-dégel et de corrosion. Les données de conditions climatiques et de température, humidité relative et la teneur en humidité dans les murs sont comparées et discutées. Les conditions climatiques (humidité et température) pour la période monitorée étaient moins sévères que la moyenne. Donc, les données recueillies ont servi à affiner les modèles informatiques afin de simuler le rendement de murs sous des conditions climatiques plus sévères.

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Les résultats indiquent de faibles risques de gel-dégel pour la brique isolée, mais un risque accru de corrosion pour l'acier inséré dans le mur. Une étude subséquente est recommandée pour évaluer la réponse des capteurs, confirmer les seuils choisis pour le gel-dégel et monitorer les murs sous des conditions climatiques plus sévères.

### 1. INTRODUCTION

The objective of this study was to evaluate the risks associated with insulating exterior masonry walls from the interior. The building reviewed is a three-storey school constructed in Toronto in the late 1950's. The exterior walls are load-bearing masonry measuring three wythes thick. The wall interior is finished with hollow clay tile and painted plaster.

A literature review on insulating masonry walls revealed case studies demonstrating adequate performance, recommended practices to minimize risks, and preferred insulating methods. Specifically, two case studies of insulated masonry walls in a cold climate were reviewed; Dumont (2001), show walls performing as designed up to 14 years after retrofitted. General practices to minimize risks as outlined by Goncalves (2003) are: minimize exterior rain penetration into the wall, minimize penetration of interior humidity into the wall (from vapour diffusion and/or air flow), limit the thickness of the insulation, and minimize air pressure difference across the wall. Some risks associated with fiberglass batt insulation have also been highlighted by Straube (2007); in particular, convective loops promote condensation where the insulation is not applied tight against the masonry wall.

There are numerous methods to insulate masonry walls from the interior, each with specific risks and benefits in particular situations. Common materials used to insulate masonry from the interior are:

- 1. fibreglass insulation (with independent air flow and/or vapour control layer(s));
- 2. open-cell spray-foam insulation; and
- 3. closed-cell spray-foam insulation.

Mechanical system interventions can also be employed to supply warm/dry air to wall cavities inboard or outboard of the retrofit insulation to promote wall drying and reduce deterioration risks.

Our study is focused on the use of interior closed-cell spray foam insulation at a building in Toronto without supplying conditioned air to any of the wall cavities.

For this specific case study, several deterioration risks were identified in a feasibility study and examined through computer modelling, including: freeze-thaw deterioration, embedded steel corrosion, organic growth, plaster deterioration and differential thermal expansion. These risks were further evaluated through field measurements of insulated and un-insulated mock-up walls, and simulated further under more severe climate conditions. This paper focuses on the more significant risks raised in the field study:

- 1. *Freeze-Thaw Deterioration:* Applying insulation to the building interior can increase the risk of freeze-thaw deterioration in the exterior brick and mortar since the drying potential is reduced and materials outboard of the insulation are colder during winter conditions.
- Embedded Metal Component Corrosion: Insulating the masonry from the interior can increase the
  embedded metal corrosion risk, since relative humidity increases as temperatures and drying potential
  decreases. However, lower temperatures may also reduce corrosion risk, since corrosion rates slow
  down as temperatures decrease.

### 2.1 METHODOLOGY

Work completed for this evaluation included:

- 1. *Mock-up Wall Monitoring:* Four exterior wall areas were instrumented in one room. Hourly measurements were taken on existing (un-insulated) and upgraded (insulated) wall assemblies on the East and South elevations. Details of this installation are outlined in Section 2.2 below.
- 2. *Brick Testing:* Nine brick samples were removed from the exterior wall and tested to determine their water absorption properties (A-value, Straube 2005). These bricks were also used to calibrate the moisture content sensors (wood wafers) with the corresponding brick moisture content.
- 3. *Climate Analysis*: The exterior climate during the monitoring period was evaluated by comparing local temperature and rain data to climatic normals (tipping rain buckets were also set-up to directly measure driving rain at the mock-up locations).
- 4. *Computer Model Extrapolations:* Our previous computer models were refined using measured brick properties and verified against measured data. Models were then completed with more severe climatic conditions than those measured (due to less than normal wetting conditions during the initial monitoring period), to further evaluate wall performance. This work was completed using a computer based analytical program (WUFI® Pro 4.1, Fraunhofer Institute for Building Physics 2006).

### 2.2 MOCK-UP WALL MONITORING SET-UP

Four mock-up walls were constructed. A room was selected on the top floor and at an outside corner facing South and East since this was expected to be the most severe climate exposure for this building. Figure 1 contains the wall sections and sensor locations. Photo No.1 shows the mock-up wall locations from the exterior. A description of the tested wall assemblies is as follows:

- 1. *Zone A:* Existing (Un-insulated) Wall Assembly, East Elevation: Three wythes brick; 50mm hollow clay tile; 20mm plaster; 2 coats paint (likely oil);
- Zone B: Modified (Insulated) Wall Assembly, East Elevation:
   Three wythes brick; 50mm SPF insulation; 25mm air space; 12mm drywall; 1 coat primer; 2 coats latex paint;
- 3. Zone C: Modified (Insulated) Wall Assembly, South Elevation:
  Three wythes brick; 50mm SPF insulation; 25mm air space; 12mm drywall; 1 coat primer; 2 coats latex paint;
- 4. *Zone D:* Existing (Un-insulated) Wall Assembly, South Elevation: Three wythes brick; 50mm hollow clay tile; 20mm plaster; 2 coats paint (likely oil).

Nine sensors were installed in each wall to measure temperature, relative humidity and moisture content at various locations across the wall (see Figure 1). Exterior temperature and relative humidity were measured directly outside the test walls. Driving rain was measured on the exterior of the walls, at the bottom of Zones B and C (South and East). Interior temperature and relative humidity were also measured at two locations within the test room.

The temperature sensors are 10KOhm NTC thermistors, and the relative humidity sensors are capacitance based sensing elements housed in vapour permeable covers to protect them from liquid water. The moisture content in the brick and mortar was measured using surrogate wood resistance sensors. These sensors are a

plug of eastern white pine with the resistance measured across the material by a pin on one end and a ring around the other. These sensors are similar to those examined by Carll & TenWolde (1996) and Ueno & Straube (2008).

All wall sensors were installed from the interior, through 13mm diameter holes drilled to the depth of interest. The temperature and relative humidity sensors had a prefabricated plastic plug matching the diameter of the hole attached to the back of the sensor. Once in place, the back of the plugs were sealed in place with epoxy. The balance of the drilled hole was then filled with spray foam insulation. The moisture content sensors were also installed through drilled holes, but were encapsulated with bentonite clay to provide full contact between each sensor and the parent material. The balance of these holes was also filled with spray foam insulation. The wood resistance sensors were tested in a lab to calibrate the wood moisture content readings with the moisture content of the parent brick and mortar. Further details about similar sensors used are described in Straube et.al. (2002).

The driving rain gauge uses a standard tipping bucket to measure water volume, mounted in a custom housing. The housing mounts flush to the wall, covering an area about 300mm x 300mm, and is delineated at its perimeter by 75mm long returns, perpendicular to the wall.

The monitoring system was commissioned on September 18, 2007. This paper reviews data collected over the first winter, from September 19, 2007 to June 1, 2008.

### 3. KEY FINDINGS

Our key findings from the work performed are as follows:

### 3.1 BELOW-AVERAGE CLIMATE CONDITIONS DURING MONITORING PERIOD

The climatic conditions at the site over the monitored period were less severe than average for Toronto. The key climatic variables for this evaluation are rain wetting and exterior temperatures as they dictate the number of expected freeze-thaw cycles and conditions for embedded metal corrosion.

Below-Average Wall Wetting: Expected driving rain at the site was calculated using publicly available vertical rainfall, wind direction and wind speed data from nearby Queens Park (calculated per procedures described in Straube and Burnett (2005)). A rain deposition factor of 0.5 was used, as determined by comparing calculated wind driven rain from the data noted above against measured wind driven rain on site. Based on this evaluation, the monitored walls were only exposed to about half the driving rain that occurs in an average year, as shown in Figure 2. While there was less-than-average driving rain on the South and East elevations over the period under review, there was significant vertical rainfall over this period. Unfortunately, most of this rain was driven onto the N, W and SW elevations. In fact, these elevations experienced 2.5 times the average rainfall. In short, this was an uncharacteristic year for driving rain, with less driving rain from typical directions and more from atypical directions. As the conditions on the monitored walls provide below-average conditions for evaluating freeze-thaw or corrosion risks, the monitoring results were used in combination with computer modelling to further evaluate deterioration risks.

*Below-Average Number of Zero Degree-Crossings:* The monitored walls were exposed to 70% of the zero degree-crossings that would result during the 3<sup>rd</sup> coldest year in 30 (10<sup>th</sup> percentile) from the computer model database. The number of zero-crossings is comparable to the amount seen in the 3<sup>rd</sup> warmest year in 30 (10<sup>th</sup> percentile) from the computer model database. As these are also below-average conditions for evaluating freeze-thaw risks, the monitoring results were used in combination with computer modelling to further evaluate deterioration risks.

### 3.2 BRICKS TESTED MAY NOT MEET MODERN FREEZE-THAW PERFORMANCE STANDARDS

The water absorption properties of the tested brick show that they are highly absorptive. Table 1 contains a summary of measured brick properties.

When brick properties are compared to modern CSA standards, the bricks may not meet the specified freezethaw resistance performance. While this testing is not designed for existing or aged brick, it could give insight into expected brick freeze-thaw resistance.

The bricks tested did not pass the first two of three CSA test thresholds. These first two tests evaluate the amount of water absorbed into the brick relative to the amount of air remaining in the brick pores (i.e. the room remaining for freezing water to expand). A brick can still have reasonable freeze-thaw resistance if it fails these two thresholds, but must pass the third test to prove this under the CSA standard. This third test, (a freeze-thaw test, which cycles partially saturated brick through 50 freeze-thaw cycles) is costly and its reliability is controversial in the industry (Robinson 1995, Vickers 1993). An alternative freeze-thaw test could be performed to evaluate the critical degree of saturation.

### 3.3 WALLS DEMONSTRATED LOW FREEZE-THAW DETERIORATION RISK

The measured and modelled insulated walls demonstrated low freeze-thaw deterioration risk.

The measured insulated walls were cooler than the measured un-insulated walls throughout the winter. At wall locations critical for freeze-thaw damage (exterior brick and exterior collar joint), the insulated walls were up to 12°C cooler than the un-insulated walls (see Figure 3). This resulted in up to 5 times as many zero crossings in the insulated walls. The increase in zero crossings was most pronounced on the South exposure, where cooler walls were subject to increased daily heating from the sun (see Figure 4).

The moisture content in the measured walls was low throughout the monitoring period and, as a result, there were no hours where freeze-thaw damage was likely to occur (see Figures 5 and 6). The maximum monitored moisture content was 4% in the brick and mortar, which is below the estimated 12% threshold where freeze-thaw damage is expected to occur (this 12% threshold corresponds to 85% of the free water saturation). This threshold is expected to be conservative since there should be sufficient room remaining in the pores to alleviate pressures from freezing water.

Given that the low moisture content in the measured walls (and no freeze-thaw risk) likely resulted from less than average wetting conditions discussed in Section 3.1, modelling was used to evaluate the freeze-thaw risk in these walls under more severe climate conditions.

The hygrothermal performance of the modelled and measured walls generally compared well. The temperatures across the modelled wall sections were within several degrees of one another (see Figure 7), particularly at locations sensitive to freeze-thaw (exterior brick and exterior collar joint). This indicates that the thermal properties of the components are well understood. The relative humidity trends are also consistent between the measured and modelled results, but the modelled values are typically within 10% of the measured values. These results seem reasonable given that a 1-dimensional model is being used to represent 2-dimensional moisture flow through the mortar and bricks. The moisture contents are generally comparable between the calculated/modelled and measured results (see Figure 8). However, there are spikes in the modelled exterior brick moisture content soon after rain events, which do not appear as significantly in the measured walls. This discrepancy is discussed in more detail in Section 4 below. The model was used to evaluate these peak moisture content values, as they are important to freeze-thaw performance.

In the modelled walls subjected to more severe weather conditions than those experienced in the field (using rain deposition factor of 0.5), there were no instances where freeze-thaw damage was likely to occur (see Figure 9). The maximum moisture content was 10.6% (peaking in the brick soon after rain events). The moisture content in the brick between rain events is typically near 0%. The mortar moisture content is fairly constant between 2-8%. These moisture contents are below the estimated threshold levels of 12% and 13% (brick and mortar respectively) where freeze-thaw damage is expected to occur.

### 3.4 MINOR INCREASE IN RISK FOR EMBEDDED METAL COMPONENT CORROSION IN INSULATED WALLS

There may be a minor increase in embedded metal components corrosion risk for the insulated walls compared to the existing un-insulated walls. Figure 10 shows the time above corrosion thresholds. Corrosion threshold is Time of Wetness (i.e. hrs above 0°C and 80% relative humidity) as defined in ISO (1992).

The modelled walls show no increase in corrosion risk between un-insulated and insulated walls. However, the measured walls show an increased risk. We believe this discrepancy is, in part, due to the nature of the sensor installation, with a wood resistance sensor embedded in the parent material using bentonite clay (see Section 2.2). In addition, moisture transport in the model may occur by liquid transport, while moisture transfer to the sensors is predominantly by vapour diffusion (i.e. slower process). This may result in the sensors showing more time above thresholds after a rain event.

When conditions in the wall support corrosion, it does not necessarily mean corrosion is occurring. The high pH of mortar provides a passive oxidation layer that protects embedded metal from corroding. The pH drops over time as  $CO_2$  enters pores in the mortar or where  $CO_2$  has direct access to metal through cracks. When and if carbonation reaches the location of metal in the wall, corrosion could begin. This is, generally, a slow process.

### 4. DISCUSSION

The moisture content sensors used are not suitable to detect critical moisture content levels in this brick for a freeze-thaw analysis, since their time response was not fast enough to capture short-term moisture content spikes after rain events and because their range of sensitivity is below that of critical levels of interest.

The measured and modelled moisture contents (both over a 25mm slice at same location in wall) compare well outside of short-term peaks, where the measured values are less than the modelled values. The MC spikes are important to a freeze-thaw analysis, as this is the time when materials could be saturated enough to cause freeze-thaw damage when coincident with below 0°C temperatures. We speculate that the MC spikes are not as pronounced in the measured values due to slow sensor response, given sensor size and encasement in bentonite clay (which may impact capillary connectivity). After a rain event, the moisture may dry or be redistributed before the sensor can fully react.

The wood moisture content sensors used to evaluate the brick moisture content, operate accurately in the 20% to 50% wood MC range (corresponding to 0% to 8% MC in this brick), as shown in Figures 11 and 12. The wood moisture content did not exceed 30% (4% in this brick) over the monitoring period due to a lack of wetting, so the upper range of the sensors was not an issue in this case (see Figure 10). However, given that critical limits for freeze-thaw damage correspond to approximately 70% in wood (12% in this brick), these wood sensors would not adequately evaluate moisture content near the threshold in this brick.

In summary, the sensors used can indicate safe freeze-thaw performance, but have poor accuracy as one approaches critical moisture content levels in this brick. In addition, the size and capillary connectivity of the sensors should be further investigated and improved to provide a sensor that reacts more quickly.

### 5. CONCLUSIONS

### 5.1 INSULATED WALLS

The walls evaluated may be insulated from the interior with a low increase in freeze-thaw risk, as the moisture levels in brick and mortar are not likely to reach freeze-thaw damage thresholds. Proactive measures should be taken to ensure excessive wetting of the wall is avoided (regular re-pointing, and effective water-shedding details, etc.).

### 5.2 INVESTIGATE CONDITION OF EMBEDDED STEEL PRIOR TO INSULATING WALLS

Inspection openings in the walls should be used to determine the function, extent and condition of the embedded metal components prior to insulating further walls given the high number of hours above corrosion thresholds even for the existing walls. The depth of carbonation in the mortar (passive protection of metal by mortar) should also be checked. Metal components could be replaced with stainless steel components where embedded metal corrosion risk is expected to increase (e.g. stainless steel helical ties could be used to replace or supplement metal ties).

### 5.3 FURTHER MONITORING & TESTING

As climatic conditions experienced over the 2007/2008 winter were less severe than average, continued monitoring of the walls over another winter should be checked in the hopes of providing additional insight into the wall behaviour under average or extreme conditions.

The moisture content sensors in the monitored walls should be checked to confirm their reaction time to rain events. This evaluation could be performed by applying water to the area in question, which would allow for a constant wetting condition with greater frequency of sensor measurement. If, as we suspect, they do not react quickly, then supplementary sensors could be added that register peak moisture contents, and brick moisture contents near critical thresholds.

The freeze-thaw resistance of the bricks could also be evaluated with an additional test to determine at what moisture / temperature threshold they begin to exhibit freeze-thaw damage. These thresholds (critical degree of saturation) would confirm if the threshold levels set in our analysis are actually conservative as we believe them to be.

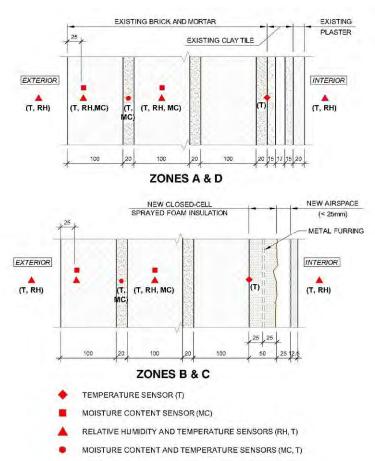


FIGURE 1: MOCK-UP WALL SECTIONS

Zones A&D: existing un-insulated wall assembly, zones B&C: modified insulated wall.

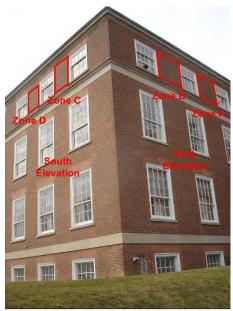


PHOTO 1: EXTERIOR SOUTH-EAST CORNER

All wall mock-up zones shown, zones A/B (East elevation), zones C/D (South Elevation).

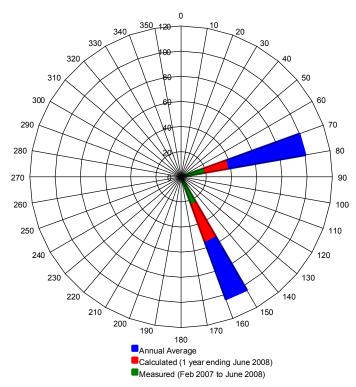


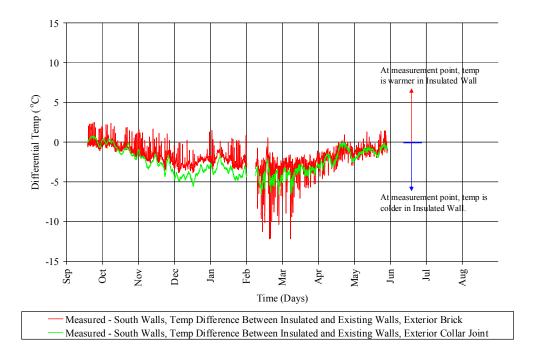
FIGURE 2: WIND-DRIVEN RAINFALL ON TEST WALLS

Wind driven rain shown is for various periods using Toronto Pearson airport and Queen's Park weather stations. A rain deposition factor of 0.5 is used, as determined by on site wind-driven rain measurement.

**TABLE 1:** COMPARISON OF BRICK TEST RESULTS TO CSA STANDARD

The water absorption properties were evaluated for 9 bricks taken from walls near the mock-up location (4 bricks from the interior and 5 from the exterior). These results are compared to the CSA Standard A82-06 "Fired masonry brick made from clay or shale" (see Section 6 - Freeze-thaw durability/ 6.2.2 -Absorption testing).

Brick	Brick Type	24 h cold water absorption (kg) / Brick dry mass (kg)	Saturation Coefficient	Meet Freeze- thaw thresholds for Exterior
		CSA: Not greater than 8.0%	CSA: Not greater than 0.78	Brick (Y/N)
1	Interior	9.8%	0.97	N
2	Interior	9.6%	0.99	N
3	Interior	9.9%	0.96	N
4	Interior	10.0%	0.95	N
6	Exterior	10.0%	0.83	N
7	Exterior	9.2%	0.83	N
8	Exterior	13.6%	0.86	N
9	Exterior	13.9%	0.89	N
10	Exterior	11.8%	0.87	N



**FIGURE 3:** MEASURED TEMPERATURE DIFFERENCE BETWEEN INSULATED AND EXISTING WALLS Temperature difference between East mock-up walls at critical locations for freeze-thaw evaluation (exterior brick and exterior collar joint). Generally the insulated wall is up to 12°C cooler than the existing wall.

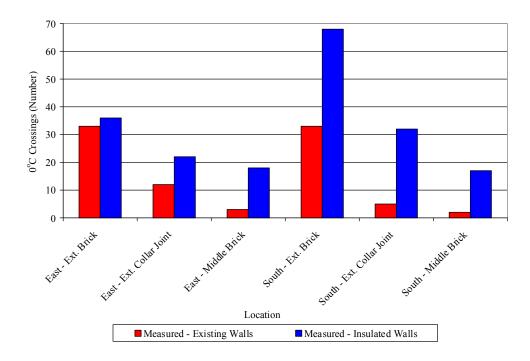


FIGURE 4: MEASURED ZERO-CROSSINGS IN INSULATED AND EXISTING WALLS
This figure illustrates climate conditions relevant to freeze-thaw cycles. All insulated walls have an increase in the number of zero crossings, particularly the South elevation due to impacts from solar radiation. There were no hours when freeze thaw cycles were observed (when a zero crossing occurred and moisture contents were also above 85% of free water saturation).

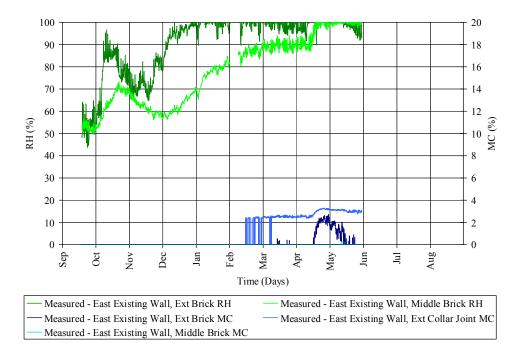


FIGURE 5: MEASURED RH AND MC IN EAST EXISTING WALL

Actual relative humidity and moisture content (wood wafer) measured in the existing East wall. The moisture content is well below thresholds for freeze-thaw. MC values shown are for the wood resistance sensors embedded in the brick, instead of the corresponding brick moisture content in order to increase measurement resolution (see Figures 11 and 12 for wood to brick correlation).

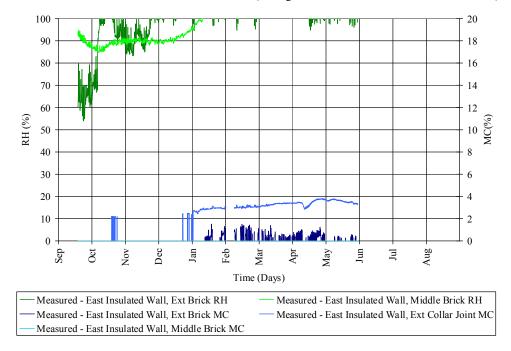


FIGURE 6: MEASURED RH AND MC IN EAST INSULATED WALL

Actual relative humidity and moisture content (wood wafer) measured in the insulated East wall. The moisture content is well below thresholds for freeze-thaw. MC values shown are for the wood resistance sensors embedded in the brick, instead of the corresponding brick moisture content in order to increase measurement resolution (see Figures 11 and 12 for wood to brick correlation).

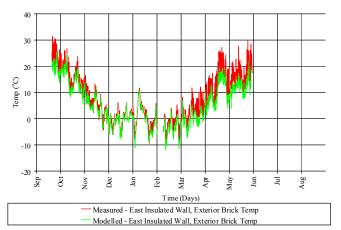
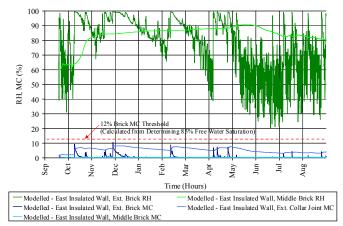


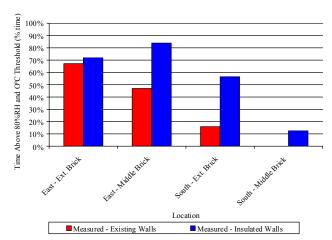
FIGURE 7: MEASURED AND MODELLED TEMPERATURES IN EAST INSULATED WALL Temperatures shown are similar between modelled and measured walls. Other locations also compare well.



**FIGURE 8:** MEASURED AND MODELLED MOISTURE CONTENT IN EAST EXISTING WALL Moisture contents are generally similar, apart from severe spikes in modelled moisture content soon after rain events that are not observed in measured values. This discrepancy should be resolved with artificial wetting of the field sensors to test reaction time to wetting events.



**FIGURE 9:** MODELLED RH AND MC IN EAST INSULATED WALL Brick moisture content in most severe modelled case is 10.6%, which is below the 12% MC freeze-thaw threshold.



**FIGURE 10:** MEASURED TIME ABOVE CORROSION THRESHOLDS IN INSULATED AND EXISTING WALLS Insulated walls have significantly more time above corrosion thresholds than existing walls, increasing risks for embedded steel corrosion in insulated walls.

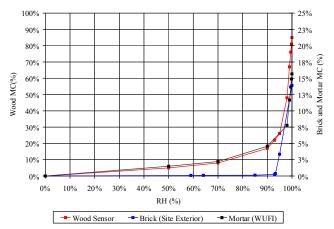


FIGURE 11: MOISTURE CONTENT CALIBRATION – WOOD AND BRICK Measurements taken during lab testing of wood sensor installed in brick, as done in the field.

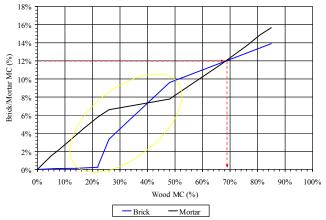


FIGURE 12: MOISTURE CONTENT CORRELATION - BRICK VS WOOD

Corresponding Brick MC for given Wood MC reading. Wood sensors operate accurately in the range circled in yellow. Critical moisture content range for brick freeze-thaw analysis (and corresponding wood moisture content), shown with dotted red arrows.

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